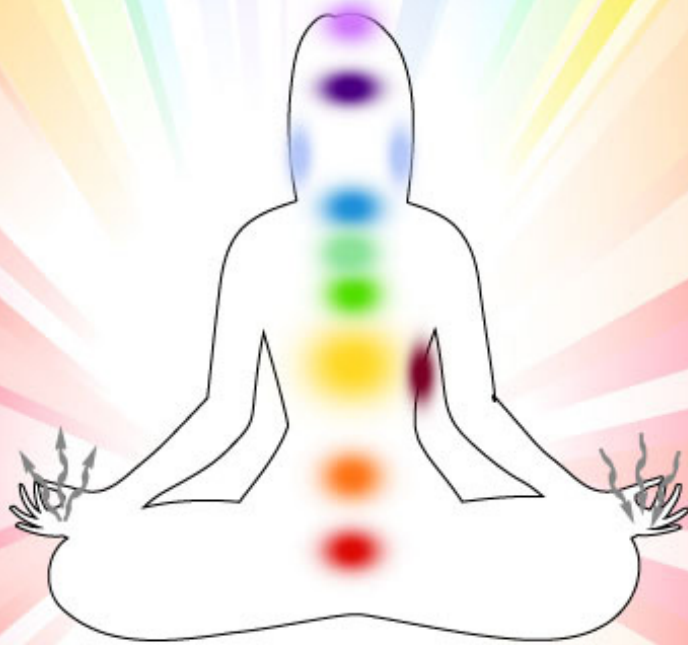


# Chakras



7 Crown

6 Brow

9-10 Parotids

5 Throat

11 Thymus

4 Heart

3 Solar Plexus

8 Spleen

12 Palmar

2 Sacral / Base

1 Root / Base

Number	Name	Plane	Location/ Color	Gland	Beliefs
7	<b>Crown</b>	Mental Higher Will	Above head  White & Violet	pituitary, pineal, upper brain, nervous system, cerebral cortex, right eye	love, forgiveness, humility, spirituality, connection to God and creation
6	<b>Brow</b>	Emotional Higher Will	Forehead  Indigo	pineal, pituitary, lower brain, ears, left eye, nose, nervous system	joy, truth, intuition balanced with analysis, celestial love,
10	<b>Right Parotid Artery</b>	Emotional perception of truth	Right Parotid Artery  Periwinkle	Arc of the Aorta	digestion of emotions
9	<b>Left Parotid Artery</b>	Intellectual perception of truth	Left Parotid Artery  Periwinkle	Amygdala or the brain	digestion of knowledge
5	<b>Throat</b>	Physical Higher Will	Throat  Blue	thyroid, parathyroid, bronchials, vocal cords, throat, mouth, teeth	compassion, expression, mildness, inspiration, power of the word
11	<b>Thymus Gland</b>		Thymus  Aquamarine	thymus	universal love and joy
4	<b>Heart</b> (and Thymus)	Astral; all energy bridge for all planes	Heart  Green	thymus, heart, blood, lungs, vegas nerve, circulation, immune	loving, faith, balance, repentance, harmony, compassion, forgiving
3	<b>Solar Plexus</b>	Mental, this world	Solar Plexus  Yellow	pancreas, stomach, liver, gall bladder, diaphragm, adrenals, skin, duodenum	success, power, peace, patience, clarity of thought, processing of negative emotions, reasoning
8	<b>Spleen</b> (Sometimes considered part of sacral chakra)	Emotional, this world	Spleen  Magenta	spleen	anxiety/well being, choice, self acceptance, will to live
12	<b>Palmar</b>	Healing energy	Palms of hands  white	heart ( Eastern concept of)	right - giving energy and healing left - pulling energy and toxins
2	<b>Base/Sacral</b>	Emotional, this world	Below navel  Orange	skin, kidney, mammary glands, reproductive organs, spleen	will to live, hope, passion, social, confidence, sexuality, security, creativity, sensation, courage
1	<b>Root/Base</b>	Physical, this world	Groin  Red	adrenals, spine, kidneys, autonomic nervous system, legs, bones	grounded, self control, kindness, pain or pleasure, activity, mortal fear, vitality, stamina, survival, fight or flight response