

Chakras



7 Crown

6 Brow

9-10 Parotids

5 Throat

11 Thymus

4 Heart

3 Solar Plexus

8 Spleen

12 Palmar

2 Sacral / Base

1 Root / Base

Number	Name	Plane	Location/ Color	Gland	Beliefs
7	Crown	Mental Higher Will	Above head White & Violet	pituitary, pineal, upper brain, nervous system, cerebral cortex, right eye	love, forgiveness, humility, spirituality, connection to God and creation
6	Brow	Emotional Higher Will	Forehead Indigo	pineal, pituitary, lower brain, ears, left eye, nose, nervous system	joy, truth, intuition balanced with analysis, celestial love,
10	Right Parotid Artery	Emotional perception of truth	Right Parotid Artery Periwinkle	Arc of the Aorta	digestion of emotions
9	Left Parotid Artery	Intellectual perception of truth	Left Parotid Artery Periwinkle	Amygdala or the brain	digestion of knowledge
5	Throat	Physical Higher Will	Throat Blue	thyroid, parathyroid, bronchials, vocal cords, throat, mouth, teeth	compassion, expression, mildness, inspiration, power of the word
11	Thymus Gland		Thymus Aquamarine	thymus	universal love and joy
4	Heart (and Thymus)	Astral; all energy bridge for all planes	Heart Green	thymus, heart, blood, lungs, vegas nerve, circulation, immune	loving, faith, balance, repentance, harmony, compassion, forgiving
3	Solar Plexus	Mental, this world	Solar Plexus Yellow	pancreas, stomach, liver, gall bladder, diaphragm, adrenals, skin, duodenum	success, power, peace, patience, clarity of thought, processing of negative emotions, reasoning
8	Spleen (Sometimes considered part of sacral chakra)	Emotional, this world	Spleen Magenta	spleen	anxiety/well being, choice, self acceptance, will to live
12	Palmar	Healing energy	Palms of hands white	heart (Eastern concept of)	right - giving energy and healing left - pulling energy and toxins
2	Base/Sacral	Emotional, this world	Below navel Orange	skin, kidney, mammary glands, reproductive organs, spleen	will to live, hope, passion, social, confidence, sexuality, security, creativity, sensation, courage
1	Root/Base	Physical, this world	Groin Red	adrenals, spine, kidneys, autonomic nervous system, legs, bones	grounded, self control, kindness, pain or pleasure, activity, mortal fear, vitality, stamina, survival, fight or flight response