



Holiday Massage & Beauty Spa

Enjoy some me time

M E N U

ABOUT US

SPA BY GERMAINE DE CAPUCCINI

In Holiday Massage & Beauty Spa, we use Germaine De Capuccini which is a luxury European skincare brand that was created than 50 years ago. Today it is one of the world's leading skincare specialists, #1 selling professional skincare brand in Spain and Italy , sold and recommended in 20,000 spas, salons and clinics across 85 countries.



Holiday Massage & Beauty Spa is proud of partnering up with this world well-known brand, offers you access to a wide range of scientifically proven, luxury skin treatments that draw inspiration from its Spanish heritage and skin rituals from across the globe.

MASSAGES

Relaxation massage

Relieve tension and soothe nerves through total body relaxation. Our expert massage therapists will help restore your sense of well being and reduce your stress level. This traditional Swedish style massage is designed to help stimulate circulation and relax muscles.

30 mins \$40 | 45 mins \$60 | 60 mins \$70 | 90 mins \$110

Deep tissue/Remedial massage

***Health rebate availalbe**

This is a therapeutic massage with added focus on trigger points and problem areas. Helps loose tight muscles and areas of tension to ease pain and promote healing. *Health Fund Rebate Available

30 mins \$50 | 45 mins \$70 | 60 mins \$80 | 90 mins \$120

Pregnancy massage

Nurturing and rejuvenating, this treatment will soothe away prenatal aches, pains, and blues. A customized made pregnant pillow is provided to support your body safely and comfortable.

30 mins \$40 | 45 mins \$60 | 60 mins \$70 | 90 mins \$110

Lymphatic massage

60 mins \$80

Lymphatic drainage massage helps to eliminate toxins and waste products from the body using median pressure. This massage helps to reduce swelling and boost your immune system, also increases lymph flow and helps to flush out waste. * Female only

MASSAGES

Hot stone massage

60 mins \$90 | 90 mins \$120

Hot stone massage combines relaxing warm stone and massage to encourage the body to detox and heal, deeply increases the blood circulation and relieve the tension on tight muscles.

Reflexology

30 mins \$45

The ancient Chinese practice of reflexology, a manual therapy focusing on the feet, can relieve the pain and stress effectively as a modern holistic therapy.

Add-ons

15 mins Head massage \$20

15 mins Foot massage \$20

30 mins Foot massage \$35

SPA by



GERMAINE DE CAPUCCINI
ADVANCED PROFESSIONAL COSMETICS

FACIAL

Signature Facial

60 mins \$105 | 110 mins \$155

This signature facial is created with your skin's needs in mind, 2 options to choose from **Hydration** or **Sensitive**. Designed to deliver a boost of hydration to dry skin, and build up a firmer skin barrier to protect the damage to sensitive skin. Includes a thorough cleanse and gentle exfoliation, followed by a relaxing facial massage and a hydration mask. This treatment finishes with moisture protection, revealing skin that is instantly plump, dewy and healthy. The 90 min option includes a relaxing back massage and a rejuvenating skin peel.

*All skin type

Anti-wrinkle Correcting Treatment

75 mins \$150

Also called - Better than Botox, an effective alternative to injectables! One of our top sellers and it's easy to see why after you've experienced it. This facial uses two peptides to reduce the movement of the muscles and fills existing wrinkles. It works deeper into your skin to protect against future ageing.

*Mature skin

Multi-Vitamin Detox Facial

60 mins \$110

Using an advanced formula of Vitamin A, B, C & E this illuminating treatment revitalizes cells with intense energy and increase vitality, reducing fine lines and wrinkles and making even the duller skin luminous and radiant.

*Premature or dull skin

FACIAL

Lymphatic Detox Facial

45 mins \$70

Give your skin a pick me up with a botanical tailored facial, this lymphatic facial is a great way for detoxify, Neutralizes free radicals while beautifying the appearance of the skin and restoring its tone and radiance. Your skin will be cleansed, exfoliated, massaged and left feeling revitalized.

Anti-Imperfections Enzyme Peel

30 mins \$60

Rest assured this gentle peel will deliver targeted results that'll heal and prevent breakouts. This treatment contains highly active ingredients including Papain and Keratinase Enzymes that remove dead skin cells, as well as a Bioactive Complex to soothe irritated skin. Suitable for sensitive skin.

Skin Rejuvenating Peel

30 mins \$60

Deeply exfoliation to remove dead skin cells, reduce fine lines, wrinkles & clogging. Comprised of 31% alpha-hydroxy acids including glycolic, tartaric & citric acid, it gently renews and restores your skin to enhance radiance.

UPGRADES



Clinical Boosters

15 mins \$30

Deeply exfoliating to remove dead skin cells, reduce fine lines, wrinkles & clogging. Comprised of 31% alpha-hydroxy acids including glycolic, tartaric & citric acid, it gently renews and restores your skin to enhance radiance.

Anti-wrinkle Eye & Lips treatment

15 mins \$30

Experience visible results after just one treatment

SPA PACKAGE

Ocean Breeze

90 mins \$130

Footbath+45 mins Massage+45 mins Detox facial

Spring Refresh

120 mins \$160

Footbath+15 mins Dry body brushing + 60 mins Full body massage + 45 mins Detox facial

Body Delight

90 mins \$120

Footbath + 30 mins body exfoliation + 60 mins Full body massage

Lu`lur Ceremony

90 mins \$120

Footbath+ 60 mins full body massage + 30 mins Express facial

Winter Escape

90 mins \$120

Footbath + 75 mins Hot stone massage + 15 mins Foot massage

Angel`s Touch

120 mins \$155

Foot bath+ 60 mins Full body massage+ 60 mins Signature facial

SPA PACKAGE

Body Ritual

120 mins \$190

Foot bath+ 30min Body Exfoliation + 30min Detoxifying Mud
Wrap + 60min Full body Massage

Pamper Me

2.5 hrs \$185

Foot bath+15 mins Dry body brushing + 60 mins Full body massage+15 mins F/H massage + 60 mins Signature facial

Heavenly Head to Toe

2 hrs \$165 | 2.5 hrs \$205

Footbath + 30 mins Body exfoliation + 60 mins Full body massage + 30 mins Express facial

Footbath + 30 mins Body exfoliation + 60 mins Full body massage + 60 mins Signature facial

**Free upgrade to Deep tissue or Remedial Massage for any Spa Packages*



\$10

ON YOUR FIFTH VISIT

Limit 1 coupon per customer.
Not valid with any other promo.

\$20

ON YOUR TENTH VISIT

Limit 1 coupon per customer.
Not valid with any other promo.

\$30

OCEAN BREEZE
&
SPRING REFRESH

Limit 1 coupon per customer.
Not valid with any other promo.

\$40

ON YOUR PRODUCTS
PURCHASE OVER \$150

Limit 1 coupon per customer.
Not valid with any other promo.

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