

# We are delighted that you want to play and make with us at Culpeper Community Garden this Summer!

We'll be running workshops and games for the whole family throughout the month of August.

Every Tue - Friday, we will be opening our garden for fun and games from IIam - lunch from I2pm - Ipm and an artist lead workshop from I-3pm.

There really will be something going on for every child from permanent reading and drawing corners, fun games, and the chance to get to know the best secret garden in North London.

Please sign up <u>here</u>

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#### Week I

## Tuesday, 3rd Poetry With Lit Licks

Fausta Joly guides young budding poets through some exercises, encouraging imaginations and play with words, for all ages.

Wednesday, 4th
TREE OF OBJECTS

Theatre company, Orang Collectif helps you make your own instruments out of recycled objects!

Thursday, 5th
POOTING WITH MANDY

Get closer to nature and learn to love creepy crawlies with Culpeper's awesome Mandy and her Pooting class

Friday, 6th
SUPER HERO ALTER EGO

Ever thought about becoming a super hero? Who would you want to be? Holly Rush Dance helps you to become a world saving Eco Warrior!

Week 2

Tuesday ,10th

SUPER HERO ALTER EGO

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Wednesday, 11th + Thursday 12th YOGA WITH SIM

Family day, Yogi Sim guides you through a gentle outside class with yoga and meditation.

Friday, 13th
DRPJ THE STORY CRACKER

DRPJ takes you through the magic of the garden with a storytelling treasure hunt!

### Week 3

## Tuesday 17th - Friday 20th ELLA THE GREAT

Circus week! Our ringleader for this week is the effervescent, Ella The Great! With clowning, play, circus tricks and stilt walking

### Week 4

## Tuesday, 24th POETRY WITH LIT LICKS

Fausta Joly guides young budding poets through some exercises, encouraging imaginations and play with words, for all ages.

Wednesday, 25th + Thursday 26th
SIGN PAINTING WITH DISCO DICKINS:

We'll be designing and painting our own signs with little messages for the environment - hosted by painter and artist, Disco Dickens

Friday, 27th
TREE OF OBJECTS

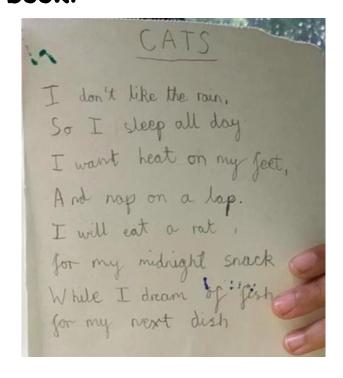
Theatre company, Orang Collectif helps you make your own instruments out of recycled objects!

# Tuesday, 3rd + Tuesday, 24th: Poetry With Lit.Licks

Join Fausta for a poetry class letting the pen and imagination free. For ages 8+

Taking inspiration from the garden, writing poems for nature, poems for ourselves, and loved ones. These will be gentle exercises, there is no wrong way to write and you'll be able to see that you're a poet in no time! Exercises are adaptable to all ages from 8 upwards. Materials will be provided but don't be afraid to bring your own note book.





## Wednesday, 4th + Friday, 27th Tree Of Objects

Theatre company, Orang Collectif create a magical world where your rubbish can be turned into beautiful music!

Using recycled objects, Arthur leads you through a workshop where you'll be building your own instrument to take home. How amazing is that!



#### Hello friend,

We are so excited that you have signed up to our workshop!

Here is a list of materials and tools you will need to create your own musical instrument. Before we meet, start collecting some of the items.

Make sure you tick them off the list, once you have found them.

Don't forget to ASK YOUR ADULT if you can use it.

Have fun and we can't wait to meet you!

Useful Tool: Scissors

Please find your entire list below

Nat & Arthur xoxo

Must-haves (BE CAREFUL WHEN HANDLING GLASS!)
Rubber Bands: As many as you can find! (Off a bundle of spring onions)
Bottles: AT LEAST 3 Plastic or Glass bottles (Please fill them half full with water)
Jars & Lids: Metal lids are perfect! (Like the ones containing jam, pickles, olives, sauces)
Dried Grains, Beans or Lentils: Rice, Soybeans, Red Beans, Lentils etc.
Chopsticks: From the last time you had take away
Desired Optionals
Egg Cartons: The BIGGER the better.( The ones with a cover.)
Cardboard Boxes: Sturdy and strong is good, like the ones used for sending pacakags and shoe boxes (Look out for the next delivery you recieve or if you getting new shoes!)
Biscuits/ Chocolate tins: The metal ones are great!
Paper: Used and Rough Paper (Look out for letters and advertisments in the mail ask your Adults if you can have them)
Toothpicks: Be careful not to poke yourself! OR Spaghetti/Linguini: Ideally uncooked!
Wood: A piece of wod or a wooden spatula.
Bobby Pins: At least 4.
Garden Hose with Tap Connector: Approximateely 2meters.

# Thursday, 5th Pooting with Mandy

Get up close and personal with some of natures hardest workers, insects and bugs with Culpeper's very own head gardener, Mandy! The garden is teeming with life and it's ready to meet you.

Spend time getting to know all the different kinds of mini eco warriors we have in our back gardens, and parks.



## Friday, 6th + Tuesday, 10th Super Hero Alter Ego

Do you have an interest in comics? Want to save the world? Want to be a Superhero for the day?

Holly Rush Dance, takes you on a journey using: movement, storytelling, and props to bring out your inner planet saving, eco warrior! Warm up begins at II.30am with a break for lunch and then you'll start discovering what your powers are and how you'll rock it as a super hero from I-3pm. Ages 8+



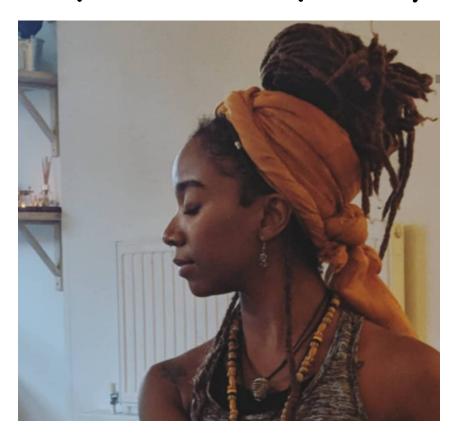
## Wednesday, 11th + Thursday, 12th Yoga With 'Mystik Bones' Sim

Join yogi Sim for a gentle, calming, and amazing, outdoor yoga class for the whole family, your mum, dad, brothers and sisters can all join in.

There'll be time for meditation, reconnecting with the self and nature, and learning amazing practices to take with you.

If you are 12+ feel free to attend without an adult.

Il and under, please be accompanied by an adult.



## Friday, 13th DR.PJ the Story Cracker

Join our resident, treasure hunting, storyteller!

DR. PJ, The Story Cracker!

Explore all the garden, picking up clues and creating a spooky Friday, 13th special tale!

Bring your imaginations and your wits as we journey through all sorts of twists and turns to make the ultimate story that DRPJ, The Story Cracker will be proud of!

### Ages 8+



## Tuesday, 17th - Friday, 20th Ella The Greats Circus Training

Join the best clown in town for a week of circus training!

Ella the Great and Friends provide week long exercises getting us into play mode, with clowning and circus tricks a plenty for all abilities.

There will be something for all ages so get your red nose and come on down! - Full details to follow.



### Wednesday, 25th + Thursday, 26th Sign Painting with Disco Dickins

Artist and sign painter, Disco Dickins helps you turn your words into Placards! You can have them as posters for your bedroom or, use it for the next climate change march.

All materials provided for this 2hour workshop which will teach you about dimensions, your own style and how to play with colour, and font from a working artist.

What do you want to say?
How should people be treating the planet?

It's your chance to let it out and create some art!

Recommended age, 12+ but able to cater for younger children as well.

