

NAD+ Protocol Guidelines,Dosage and Frequency

Substance Dependence Detox	1,000 mg daily for 10 days, then 500 mg every 1–3 months for 1 year
Substance Dependence Recovery	Initial infusion of 500 mg, then 250 mg monthly

Anti-aging, Metabolic health Cardiovascular health Depression and Mood disorders Muscle recovery Chronic fatigue DNA damage Inflammation Pain Rebalance circadian rhythm Option one	500–1,000 mg every month
Option two	Initial infusion of 500–1,000 mg, followed by maintenance doses of 250–500 mg monthly.
Option three	Subcutaneous injection of 50–100 mg, 2–3 times per week.

	<u>NAD+ infusions</u>
1000 mg	\$850
500 mg	\$610
250mg	\$505
100mg	\$442

	<u>NAD+ SubQ injection</u>
100 mg	\$200/injection
50 mg	Not offered in office
	\$500/500mL bottle
	\$700/1000mL bottle

Disclaimers:

The protocols outlined in this chart are developed by licensed nurses in collaboration with a qualified physician. While these protocols are designed to address individual needs, they are subject to change based on each patient's unique circumstances. There is no guarantee of 100% effectiveness or a complete cure, as outcomes vary from person to person. Potential side effects may occur, and all treatments should be tailored with professional guidance. This chart is not intended to replace personalized medical advice. Please consult with our team or your primary healthcare provider to ensure these protocols are safe and suitable for your specific health needs.