

BRIDGES Activity Calendar

NOW OPEN 10AM TO 3PM

March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
2	3	4	5	6	7	8	
	<p>COFFEE TIME 10AM SIT & SOAK 11AM REGISTER AHEAD</p> <p>EVERY BODY CAN DANCE 7PM</p>	<p>LASAGNA SOUP</p> <p>PROTECT YOUR ASSETS 1 PM</p> <p>CARE PARTNER SUPPORT GROUP W/ FCSS 7PM</p>	<p>COFFEE TIME 10AM</p> <p>GARDENING PROGRAM REGISTRATIONS OPEN CALL ALPHA 780-865-4464</p> <p>HINTON UKULELE GROUP 7PM</p>	<p>CHILI & CORN BREAD</p> <p>OPTIONS SENIORS 1 PM CRAFT</p> <p>CRIBBAGE WITH GOOD COMPANIONS 7PM</p>	<p>COFFEE TIME 10AM</p>		
9	10	11	12	13	14	15	
<p>PRIVATE EVENT</p>	<p>COFFEE TIME 10AM SIT & SOAK 11AM REGISTER AHEAD</p> <p>EVERY BODY CAN DANCE 7PM</p>	<p>CORN CHOWDER</p> <p>KNIT NIGHT WITH THE YARNBAGS 7PM</p>	<p>COFFEE TIME 10AM</p> <p>GNOME CRAFT 11AM REGISTER AHEAD</p> <p>HINTON UKULELE GROUP 7PM</p>	<p>CHICKEN FINGERS & CAESAR SALAD</p> <p>OPTIONS SENIORS 1 PM CRAFT</p> <p>CRIBBAGE WITH GOOD COMPANIONS 7PM</p>	<p>COFFEE TIME 10AM NATURE WALK 11AM</p> <p>KARAOKE LOUNGE 7PM</p>		
16	17	18	19	20	21	22	
<p>PRIVATE EVENT</p>	<p>ST. PATRICK'S DAY</p> <p>COFFEE TIME 10AM SIT & SOAK 11AM REGISTER AHEAD</p> <p>EVERY BODY CAN DANCE 7PM</p>	<p>TACO SOUP & TORTILLA POINTS</p> <p>OPTIONS SENIORS 1 PM REIKI PENDULUMS</p> <p>HEALTHY RELATIONSHIPS PEER GROUP 6:30PM</p>	<p>COFFEE TIME 10AM NATURE WALK 11AM</p> <p>BOWLING 4PM REGISTER AHEAD</p> <p>HINTON UKULELE GROUP 7PM</p>	<p>TUNA CASSEROLE</p> <p>CRIBBAGE WITH GOOD COMPANIONS 7PM</p>	<p>COFFEE TIME 10AM</p> <p>MOVIE NIGHT 6PM</p>	<p>PRIVATE EVENT</p>	
23	24	25	26	27	28	29	
<p>IF YOU NEED HELP AND ARE NOT SURE WHO TO CALL, DIAL</p> <p>211</p>	<p>COFFEE TIME 10AM SIT & SOAK 11AM REGISTER AHEAD</p> <p>EVERY BODY CAN DANCE 7PM</p>	<p>BEEF & MAC SOUP & GRILLED CHEESE</p> <p>OPTIONS SENIORS 1 PM CHAIR YOGA & SOUND BATH</p> <p>KNIT NIGHT WITH THE YARNBAGS 7PM</p>	<p>COFFEE TIME 10AM</p> <p>CRAFT (TBA) 11AM REGISTER AHEAD</p> <p>HINTON UKULELE GROUP 7PM</p>	<p>JAMBALAYA</p> <p>BRIDGES 50/50 DRAW</p> <p>CRIBBAGE WITH GOOD COMPANIONS 7PM</p>	<p>COFFEE TIME 10:00 TRIP TO THE LIBRARY 11:00 AM</p> <p>COMMUNITY JAM 7PM</p>		
30	31	<p>IN CRISIS AND NEED SOMEONE?</p> <p>Hinton Mental Health 780-865-8247</p> <p>Alberta MH Helpline 1-877-303-2642</p> <p>Rural Distress Line 1-800-232-7288</p> <p>AB Addictions Helpline 1-800-332-2322</p> <p>YES Shelter 780-865-5133</p> <p>HELP Homeless Resource 780-865-1686</p> <p>Indigenous Help Line 1-844-944-4744</p>				<p>TO MAKE AN APPOINTMENT WITH STAFF OR REGISTER FOR AN EVENT / ACTIVITY, CALL 780-865-4464</p> <p> AMespace Project 5:30 PM</p>	<p>SPREAD THE WORD</p> <p> 9-8-8 Suicide Crisis Helpline</p>