


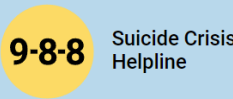




BRIDGES Activity Calendar

OPEN WEEKDAYS EXCEPT HOLIDAYS 10AM TO 3PM

July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
IN CRISIS AND NEED SOMEONE? Hinton Mental Health 780-865-8247 Alberta MH Helpline 1-877-303-2642 Rural Distress Line 1-800-232-7288 AB Addictions Helpline 1-800-332-2322 YES Shelter for Women 780-865-5133 HELP Homeless Resource 780-865-1686 Indigenous Help Line 1-844-944-4744		1 CLOSED FOR CANADA DAY 	2 COFFEE TIME 10AM BAKING WITH ALPHIA 11AM HINTON UKULELE	3 LASAGNA GREENHOUSE 1PM CRIBBAGE WITH GOOD COMPANIONS 7PM	4 COFFEE TIME 10AM  CAREFREE FRIDAY BBQ 12 PM With MONDI	5 PRIVATE EVENT
6	7 COFFEE TIME 10AM GREENHOUSE 11AM	8 TURKEY NOODLE SOUP KNIT NIGHT WITH THE YARNBAGS 7PM	9 COFFEE TIME 10AM MÉTIS DOT ART 11AM HINTON UKULELE GROUP 7PM	10 HAMBURGER STEW GREENHOUSE 1PM CRIBBAGE WITH GOOD COMPANIONS 7PM	11 COFFEE TIME 10AM  CAREFREE FRIDAY BBQ 12 PM With WEST FRASER	12
PRIVATE EVENT						
13 THINKING ABOUT SUICIDE OR WORRIED ABOUT SOMEONE ELSE? 	14 COFFEE TIME 10AM GREENHOUSE 11AM	15 BORSCHT KNIT NIGHT WITH THE YARNBAGS 7PM	16 COFFEE TIME 10AM ART IN THE PARK 11AM HINTON UKULELE GROUP 7PM	17 OPEN TURKEY SANDWICHES GREENHOUSE 1PM CRIBBAGE WITH GOOD COMPANIONS 7PM	18 COFFEE TIME 10AM  CAREFREE FRIDAY BBQ 12 PM With TEAMSTERS JASPER DIV. 898	19 PRIVATE EVENT
20	21 COFFEE TIME 10AM GREENHOUSE 11AM	22 HAMBURGER SOUP & EGG SALAD KNIT NIGHT WITH THE YARNBAGS 7PM	23 COFFEE TIME 10AM BEAVER BOARDWALK 11AM HINTON UKULELE GROUP 7PM	24 CURRY CHICKEN & RICE CRIBBAGE WITH GOOD COMPANIONS 7PM	25 COFFEE TIME 10AM  CAREFREE FRIDAY BBQ 12 PM With CUMMINS	26
27	28 COFFEE TIME 10AM GREENHOUSE 11AM EVERY BODY CAN DANCE 7PM	29 VEGETABLE SOUP KNIT NIGHT WITH THE YARNBAGS 7PM	30 COFFEE TIME 10AM ATHABASCA RIVERFRONT PARK 11AM HINTON UKULELE GROUP 7PM	31 SPAGHETTI & MEAT SAUCE CRIBBAGE WITH GOOD COMPANIONS 7PM	TO MAKE AN APPOINTMENT WITH STAFF OR REGISTER FOR AN EVENT / ACTIVITY, CALL 780-865-4464 IF YOU NEED HELP AND ARE NOT SURE WHO TO CALL, DIAL 