

# BRIDGES Activity Calendar OPEN WEEKDAYS EXCEPT HOLIDAYS 10AM TO 3PM SEPTEMBER 2026

| Sunday                                                                                                                                          | Monday                                                                                                                         | Tuesday                                                                                                     | Wednesday                                                                                                                                                                                                           | Thursday                                                                                                                                                                                                                                                                                                                                                                                   | Friday                                                                                                                                                           | Saturday                                                                                                        |
|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                 |                                                                                                                                | 1                                                                                                           | 2                                                                                                                                                                                                                   | BRIDGES SHARE SHOP DAY 3                                                                                                                                                                                                                                                                                                                                                                   | BRIDGES SHARE SHOP DAY 4                                                                                                                                         | 5                                                                                                               |
| TO MAKE AN APPOINTMENT OR REGISTER FOR AN ACTIVITY, CALL 780-865-4464                                                                           |                                                                                                                                | TOMATO MAC SOUP<br><br>CARE PARTNER SUPPORT GROUP W/ FCSS 7PM                                               | COFFEE TIME 10AM<br>DROP-IN WIRE SUNCATCHER CRAFT 11AM<br>HINTON UKULELE GROUP 7PM<br>REGISTRATION AND INFO FAIR AT HINTON CENTRE 6PM                                                                               | HAMBURGER CASSEROLE<br><br>CRIBBAGE WITH GOOD COMPANIONS 7:00PM                                                                                                                                                                                                                                                                                                                            | COFFEE TIME 10AM                                                                                                                                                 | Celebration of Life for Chris Bourne, our beloved friend, volunteer, past President and lifetime BRIDGES member |
| 6                                                                                                                                               | 7                                                                                                                              | 8                                                                                                           | 9                                                                                                                                                                                                                   | 10                                                                                                                                                                                                                                                                                                                                                                                         | 11                                                                                                                                                               | 12                                                                                                              |
| IF YOU NEED HELP AND ARE NOT SURE WHO TO CALL, DIAL<br>        | CLOSED FOR LABOUR DAY<br><br>HAPPY LABOUR DAY | HAM & CORN CHOWDER<br><br>KNIT NIGHT WITH THE YARBAGS 7PM                                                   | COFFEE TIME 10AM<br><br>HARDISTY TRAIL WALK 11AM<br><br>HINTON UKULELE GROUP 7PM                                                                                                                                    | TUNA CASSEROLE<br><br>CRIBBAGE WITH GOOD COMPANIONS 7:00PM                                                                                                                                                                                                                                                                                                                                 | COFFEE TIME 10AM<br>WATERCOLOUR BOOKMARKS CRAFT 11AM (REGISTER AHEAD)<br><br> |                                                                                                                 |
| 13                                                                                                                                              | 14                                                                                                                             | 15                                                                                                          | 16                                                                                                                                                                                                                  | 17                                                                                                                                                                                                                                                                                                                                                                                         | 18                                                                                                                                                               | BRIDGES SHARE SHOP DAY 19                                                                                       |
|                                                                                                                                                 | COFFEE TIME 10AM<br><br>GREENHOUSE 11AM<br><br>EVERY BODY CAN DANCE 7PM                                                        | BEEF STROGANOFF SOUP<br><br>OPTIONS HIVVY SENIORS ACTIVITY 1PM<br>OPEN TALK DROP-IN WITH RSW TANNIS 6:30 PM | COFFEE TIME 10AM<br><br>DROP-IN ORANGE SHIRT DAY PINS CRAFT 11AM<br><br>HINTON UKULELE GROUP 7PM                                                                                                                    | BUSINESS SUPPORT NETWORK 8:30AM<br><br>CHICKEN CORDON BLEU CASSEROLE<br><br>CRIBBAGE WITH GOOD COMPANIONS 7:00PM                                                                                                                                                                                                                                                                           | COFFEE TIME 10AM<br><br>MEDICINAL PLANT WALK 11AM (REGISTER AHEAD)                                                                                               |                                                                                                                 |
| BRIDGES SHARE SHOP DAY 20                                                                                                                       | 21                                                                                                                             | 22                                                                                                          | 23                                                                                                                                                                                                                  | 24                                                                                                                                                                                                                                                                                                                                                                                         | 25                                                                                                                                                               | 26                                                                                                              |
|                                                                                                                                                 | COFFEE TIME 10AM<br><br>GREENHOUSE 11AM<br><br>EVERY BODY CAN DANCE 7PM                                                        | NAVY BEAN SOUP<br><br>OPTIONS HIVVY SENIORS ACTIVITY 1PM<br>KNIT NIGHT WITH THE YARBAGS 7PM                 | COFFEE TIME 10AM<br><br>BAKING WITH ALPHIA 11AM (REGISTER AHEAD)<br><br>BRIDGES ANNUAL GENERAL MEETING 6:30PM                                                                                                       | PULLED PORK SANDWICHES<br><br>CONNECTING ROOTS JASPER RECOVERY PEER GROUP 1PM<br>CRIBBAGE WITH GOOD COMPANIONS 7:00PM                                                                                                                                                                                                                                                                      | COFFEE TIME 10AM<br><br>MINI DRUMS CRAFT 11AM (REGISTER AHEAD)<br><br>      | Private Event                                                                                                   |
| 27                                                                                                                                              | 28                                                                                                                             | 29                                                                                                          | 30                                                                                                                                                                                                                  | <b>IN CRISIS AND NEED SOMEONE?</b><br><b>Hinton Mental Health Services</b> 780-865-8247<br><b>AB Mental Health Helpline</b> 1-877-303-2642<br><b>CMHA Rural Distress Line</b> 1-800-232-7288<br><b>AB Addictions Helpline</b> 1-800-332-2322<br><b>YES Shelter for Women</b> 780-865-5133<br><b>H.E.L.P. Homeless Resources</b> 780-865-1686<br><b>Indigenous Help Line</b> 1-844-944-4744 |                                                                                                                                                                  |                                                                                                                 |
| THINKING ABOUT SUICIDE OR WORRIED ABOUT SOMEONE ELSE?<br><br> | COFFEE TIME 10AM<br><br>GREENHOUSE 11AM<br><br>EVERY BODY CAN DANCE 7PM                                                        | TORTELLINI SOUP<br><br>OPTIONS HIVVY SENIORS ACTIVITY 1PM<br>KNIT NIGHT WITH THE YARBAGS 7PM                | CLOSED FOR THE NATIONAL DAY FOR TRUTH AND RECONCILIATION<br><br>SEPTEMBER 30 THE NATIONAL DAY FOR TRUTH AND RECONCILIATION<br> |                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                  |                                                                                                                 |