

BRIDGES Activity Calendar OPEN WEEKDAYS EXCEPT HOLIDAYS 10AM TO 3PM OCTOBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		IN CRISIS AND NEED SOMEONE?		1	2	3
TO MAKE AN APPOINTMENT OR REGISTER FOR AN ACTIVITY, CALL 780-865-4464		Hinton Mental Health Services 780-865-8247 AB Mental Health Helpline 1-877-303-2642 CMHA Rural Distress Line 1-800-232-7288 AB Addictions Helpline 1-800-332-2322 YES Shelter for Women 780-865-5133 H.E.L.P. Homeless Resources 780-865-1686 Indigenous Help Line 1-844-944-4744		LASAGNA	COFFEE TIME 10AM	
				CRIBBAGE WITH GOOD COMPANIONS 7:00PM	PUMPKIN CENTREPIECE CRAFT 11AM (class full)	Private Event
4	BRIDGES SHARE SHOP DAY 5	BRIDGES SHARE SHOP DAY 6	7	8	9	10
IF YOU NEED HELP AND ARE NOT SURE WHO TO CALL, DIAL 	COFFEE TIME 10AM	ZUPPA TOSCANA SOUP	COFFEE TIME 10AM	CHILI & CORN BREAD	COFFEE TIME 10AM	
	MEDICINAL PLANT WALK 11AM (REGISTER AHEAD)	OPTIONS HIVVY SENIORS ACTIVITY 1PM	AUTUMN CARDS WITH VICKI 11AM (REGISTER AHEAD)		MINI DRUMS CRAFT 11AM (REGISTER AHEAD)	
	EVERY BODY CAN DANCE 7PM	CARE PARTNER SUPPORT GROUP W/ FCSS 7PM	HINTON UKULELE GROUP 7PM	CRIBBAGE WITH GOOD COMPANIONS 7:00PM		
11	12	13	14	15	16	17
	CLOSED FOR THANKSGIVING 	CREAM OF POTATO SOUP	COFFEE TIME 10AM	BUSINESS SUPPORT NETWORK 8:30AM	COFFEE TIME 10AM	
		OPTIONS HIVVY SENIORS ACTIVITY 1PM		CHICKEN POT PIE	WITCH BROOM CRAFT 11AM (REGISTER AHEAD)	
		KNIT NIGHT WITH THE YARNBAGS 7PM	HINTON UKULELE GROUP 7PM	CRIBBAGE WITH GOOD COMPANIONS 7:00PM		
18	19	20	BRIDGES SHARE SHOP DAY 21	BRIDGES SHARE SHOP DAY 22	23	24
REGISTER NOW FOR SIT & SOAK, RETURNING TO MONDAYS IN NOVEMBER.	COFFEE TIME 10AM	PIZZA SOUP	COFFEE TIME 10AM	PANCAKES & SAUSAGE	COFFEE TIME 10AM	
	GREENHOUSE 11AM	OPTIONS HIVVY SENIORS ACTIVITY 1PM	NATURE WALK 11AM	CONNECTING ROOTS JASPER RECOVERY PEER GROUP 1PM		Private Event
	EVERY BODY CAN DANCE 7PM	OPEN TALK DROP-IN WITH RSW TANNIS 6:30 PM	HINTON UKULELE GROUP 7PM	CRIBBAGE WITH GOOD COMPANIONS 7:00PM		
25	26	27	28	29	30	31
THINKING ABOUT SUICIDE OR WORRIED ABOUT SOMEONE ELSE? 	COFFEE TIME 10AM	MINESTRONI SOUP	COFFEE TIME 10AM	MONTE CRISTO & ROAST POTATOES	COFFEE TIME 10AM	
	GREENHOUSE 11AM	OPTIONS HIVVY SENIORS ACTIVITY 1PM	SCARY MOVIE DAY (DROP-IN) 11AM		PUMPKIN CARVING 11AM (REGISTER AHEAD)	Private Event
	EVERY BODY CAN DANCE 7PM	KNIT NIGHT WITH THE YARNBAGS 7PM	HINTON UKULELE GROUP 7PM	CRIBBAGE WITH GOOD COMPANIONS 7:00PM	POTLUCK DINNER 5:30PM (REGISTER AHEAD) COMMUNITY JAM 7PM	