

BRIDGES Activity Calendar

OPEN WEEKDAYS EXCEPT HOLIDAYS 10AM TO 3PM

JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	IN CRISIS AND NEED SOMEONE? Hinton Mental Health Services 780-865-8247 AB Mental Health Helpline 1-877-303-2642 CMHA Rural Distress Line 1-800-232-7288 AB Addictions Helpline 1-800-332-2322 YES Shelter for Women 780-865-5133 H.E.L.P. Homeless Resources 780-865-1686 Indigenous Help Line 1-844-944-4744		CLOSED 1	2	3	4
			HAPPY CANADA DAY 	CHILI & CORN BREAD CRIBBAGE WITH GOOD COMPANIONS 7:00PM	COFFEE TIME 10AM  CAREFREE FRIDAY BBQ 12 PM SPONSORED BY VISTA MINE GREENHOUSE 2PM	Private Event
5	6	7	8	9	10	11
	COFFEE TIME 10AM GREENHOUSE 11AM	LASAGNA SOUP CARE PARTNER SUPPORT GROUP W/ FCSS 7PM	COFFEE TIME 10AM * WALKING GROUP 11AM (LIBRARY/WELLNESS WAY) (REGISTER AHEAD) HINTON UKULELE	TUNA CASSEROLE CRIBBAGE WITH GOOD COMPANIONS 7:00PM	COFFEE TIME 10AM  CAREFREE FRIDAY BBQ 12 PM SPONSORED BY MONDI GREENHOUSE 2PM	Private Event
12	13	14	15	16	17	18
TO MAKE AN APPOINTMENT OR REGISTER FOR AN ACTIVITY, CALL 780-865-4464	COFFEE TIME 10AM GREENHOUSE 11AM	BEEF BARLEY SOUP KNIT NIGHT WITH THE YARBAGS 7PM	COFFEE TIME 10AM DROP IN CRAFT 11AM HINTON UKULELE GROUP 7PM	BUSINESS SUPPORT NETWORK 8:30AM HOT CHICKEN SALAD CASEROLE CRIBBAGE WITH GOOD COMPANIONS 7:00PM	COFFEE TIME 10AM  CAREFREE FRIDAY BBQ 12 PM SPONSORED BY TEAMSTERS JASPER DIV.898 GREENHOUSE 2PM	FIND BRIDGES' 50/50 TEAM AT WILD MOUNTAIN MUSIC FESTIVAL JULY 17-19!
19	20	21	22	23	24	25
	COFFEE TIME 10AM GREENHOUSE 11AM	CREAM OF BROCCOLI SOUP KNIT NIGHT WITH THE YARBAGS 7PM	COFFEE TIME 10AM * WALKING GROUP 11AM (LIONS PARK) (REGISTER AHEAD) HINTON UKULELE GROUP 7PM	SPAGHETTI & MEAT SAUCE JASPER RECOVERY PEER GROUP 1PM CRIBBAGE WITH GOOD COMPANIONS 7:00PM	COFFEE TIME 10AM  CAREFREE FRIDAY BBQ 12 PM SPONSORED BY REMAX2000 REALTY GREENHOUSE 2PM	Private Event
26	27	28	29	30	31	
THINKING ABOUT SUICIDE OR WORRIED ABOUT SOMEONE ELSE? 	COFFEE TIME 10AM GREENHOUSE 11AM	TACO SOUP KNIT NIGHT WITH THE YARBAGS 7PM	COFFEE TIME 10AM DROP IN CRAFT 11AM HINTON UKULELE GROUP 7PM	SHEPHERD'S PIE CRIBBAGE WITH GOOD COMPANIONS 7:00PM	COFFEE TIME 10AM  CAREFREE FRIDAY BBQ 12 PM SPONSORED BY GRIFFITHS FORD GREENHOUSE 2PM	IF YOU NEED HELP AND ARE NOT SURE WHO TO CALL, DIAL 