BRIDGES Activity Calendar

NOVEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	BRIDGES SHARE SHOP DAY 6	BRIDGES SHARE SHOP DAY 7
BRIDGES DROP-IN CENTRE IS OPEN WEEKDAYS EXCEPT HOLIDAYS 10AM TO 3PM	COFFEE TIME 10AM DROP-IN POPPIES CRAFT 11AM EVERY BODY CAN DANCE 7PM	CHICKEN BARLEY SOUP *OPTIONS HIVWY SENIORS ACTIVITY 1PM* CARE PARTNER SUPPORT GROUP W/ FCSS 7PM	COFFEE TIME 10AM JASPER RECOVERY: CANADA RED CROSS POP UP CLINIC 9AM DROP-IN POPPIES CRAFT 11AM HINTON UKULELE GROUP 7PM	SHIPWRECK CRIBBAGE WITH GOOD COMPANIONS 7PM	COFFEE TIME 10AM GROUP WALK 11AM	
8	9	10	11	12	13	14
TO MAKE AN APPOINTMENT OR REGISTER FOR AN ACTIVITY, CALL 780-865-4464	COFFEE TIME 10AM SIT & SOAK 11AM (REGISTER AHEAD) EVERY BODY CAN DANCE 7PM	BEEF TOMATO SOUP *OPTIONS HIVWY SENIORS ACTIVITY 1PM* KNIT NIGHT WITH THE YARNBAGS 7PM	BRIDGES IS CLOSED WEDNESDAY NOVEMBER 11 FOR REMEMBRANCE DAY 	TUNA QUESADILLA & SALAD CRIBBAGE WITH GOOD COMPANIONS 7PM	COFFEE TIME 10AM MEDICINE BAGS CRAFT 11AM (REGISTER AHEAD) KARAOKE LOUNGE 7PM	HINTON GOOD COMPANIONS GENERAL MEETING 3PM
	16	17	18	19	20	21
	COFFEE TIME 10AM SIT & SOAK 11AM (REGISTER AHEAD) EVERY BODY CAN DANCE 7PM	BORSCHT *OPTIONS HIVWY SENIORS ACTIVITY 1PM* OPEN TALK DROP-IN WITH RSW TANNIS 6:30 PM	COFFEE TIME 10AM CHRISTMAS CARDS WITH VICKI 11AM (REGISTER AHEAD) HINTON UKULELE GROUP 7PM	BUSINESS SUPPORT NETWORK 8:30AM HOT CHICKEN SALAD Private Event	COFFEE TIME 10AM CHRISTMAS CARDS WITH VICKI 11AM (REGISTER AHEAD)	Private Event
BRIDGES SHARE SHOP DAY 22	BRIDGES SHARE SHOP DAY 23	24	25	26	27	28
Private Event	COFFEE TIME 10AM SIT & SOAK 11AM (REGISTER AHEAD) EVERY BODY CAN DANCE 7PM	CHICKEN VEGETABLE SOUP *OPTIONS HIVWY SENIORS ACTIVITY 1PM* KNIT NIGHT WITH THE YARNBAGS 7PM	COFFEE TIME 10AM AFTERNOON MOVIE 12:30PM HINTON UKULELE GROUP 7PM	CHEESEBURGER GOULASH CONNECTING ROOTS JASPER RECOVERY PEER GROUP 1PM CRIBBAGE WITH GOOD COMPANIONS 7PM	COFFEE TIME 10AM BAKING WITH ALPHIA 11AM (REGISTER AHEAD) COMMUNITY JAM 7PM	Private Event
29	30					
THINKING ABOUT SUICIDE OR WORRIED ABOUT SOMEONE ELSE? 9-8-8 Suicide Crisis Helpline	COFFEE TIME 10AM SIT & SOAK 11AM (REGISTER AHEAD) EVERY BODY CAN DANCE 7PM		IF YOU NEED HELP AND YOU ARE NOT SURE WHO TO CALL, DIAL 211			

IN CRISIS AND NEED SOMEONE?

AB Mental Health Helpline	1-877-303-2642
CMHA Rural Distress Line	1-800-232-7288
AB Addictions Helpline	1-800-332-2322
YES Shelter for Women	780-865-5133
H.E.L.P. Homeless Resources	780-865-1686
Indigenous Help Line	1-844-944-4744