

BRIDGES Activity Calendar

April 2021

BRIDGES has free bread Mondays and Thursdays thanks to the Food Bank and Produce on Mondays and Wednesdays thanks to Freson Bros. Valley.

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>Men & Women's Support groups and Job Club are all on ZOOM. We have devices and help available for you to attend at BRIDGES!</p>	<p>IN CRISIS AND NEED SOMEONE?</p> <p>Hinton Mental Health 780-865-8247 Alberta Mental Health Helpline 1-877-303-2642 CMHA Rural Distress Line 1-800-232-7288 Alberta Addictions Helpline 1-800-332-2322 Yellowhead Emergency Shelter 780-865-5133 H.E.L.P. Homeless Resources 780-865-1686</p>				<p>1 American Goulash & Biscuits</p>	<p>2 CLOSED For GOOD FRIDAY</p>	<p>3 BRIDGES HOURS: WEEKDAYS 9:00 – 2:00</p>
<p>4</p> 	<p>We are closed for Drop-In Coffee Time and indoor group outreach until April 30.</p> <p>You can make appointments to meet with a team member for</p> <ul style="list-style-type: none"> social outreach referrals attend Zoom/online groups at BRIDGES computer access/help <p>and other services during our normal business hours.</p> <p>Please call 780-865-4464 or book online by email (info@bridgeshinton.org) or through our website: https://bridgeshinton.org/contact-us</p> <p>SEE BELOW FOR SCHEDULED PROGRAMMING</p>				<p>9 Coffee Time 10:00 Drop In Arts & Crafts 10:30</p>	<p>10</p>	
<p>If you're in crisis, need any kind of help that isn't 911, and you don't know who to call: CALL 211</p>					<p>16 APPOINTMENTS AVAILABLE</p>	<p>17 You are not alone. Our staff are trained in Mental Health First Aid and can provide support during your Mental Health Intake process with AHS.</p>	
<p>18 Are you a BRIDGES Society member? Our Annual General Meeting is coming up next month. You're eligible to vote at general meetings.</p>	<p>19 Walk & Talk/ Photography 10:30 APPOINTMENTS AVAILABLE Women's Coffee Group with YES on</p>	<p>20 APPOINTMENTS AVAILABLE Knit Night with The Yarnbags 7PM on ZOOM</p>	<p>21 BRIDGES Share Shop Day CEW Job Club Zoom@10 Walk & Talk/ Photography 10:30 Art Journal Outdoors@11 Men's Group Zoom @1 Board Meeting 4:30 7PM HINTON UKULELE GROUP On zoom</p>	<p>22 BRIDGES Share Shop Day APPOINTMENTS AVAILABLE</p>	<p>23 Walk & Talk/ Photography 10:30 APPOINTMENTS AVAILABLE</p>	<p>24 Need help Setting up with ZOOM on your device? Call us for help. 780-865-4464</p>	
<p>25 We have volunteer opportunities available! Ask Janice for info! 780-865-4464</p>	<p>26 Walk & Talk/ Photography 10:30 APPOINTMENTS AVAILABLE Women's Coffee Group with YES on Zoom 11 AM</p>	<p>27 APPOINTMENTS AVAILABLE Knit Night with The Yarnbags 7PM on ZOOM</p>	<p>28 CEW Job Club Zoom@10 Walk & Talk/ Photography 10:30 Art Journal Outdoors@11 Men's Group Zoom @1 APPOINTMENTS AVAILABLE 7PM HINTON UKULELE GROUP On zoom</p>	<p>29 APPOINTMENTS AVAILABLE</p>	<p>30 BRIDGES Share Shop Day Walk & Talk/ Photography 10:30 APPOINTMENTS AVAILABLE</p>		

