

# BRIDGES Activity Calendar

# March 2020

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	<b>COFFEE TIME</b>  10AM <b>SWIMMING 11:30</b> <b>YOGA 5:30 PM</b>	HOT LUNCH TODAY <b>Cream Cauliflower Soup &amp; Biscuits</b> <b>BOWLING 1 PM</b>	<b>COFFEE TIME</b>  10AM <b>Men's Breakfast Club Group 10 AM</b> 7PM  HINTON UKULELE GROUP	HOT LUNCH TODAY <b>Sausages &amp; Pancakes</b> <b>BOWLING 1 PM</b> Town of Hinton Information Session 6:00 PM	<b>COFFEE TIME</b>  10AM <b>SWIMMING 11:30</b> <b>ZUMBA 7:30 PM</b>	 4:00 PM
8	<b>PRIVATE FUNCTION</b> <b>COFFEE TIME</b>  10AM <b>SWIMMING 11:30</b> <b>YOGA 5:30 PM</b>	HOT LUNCH TODAY <b>Chicken Noodle &amp; Egg Salad Sandwich</b> <b>BOWLING 1 PM</b>	<b>COFFEE TIME</b>  10AM <b>Men's Breakfast Club Group 10 AM</b> <b>Rotary Club 12:00</b> 7PM  HINTON UKULELE GROUP	HOT LUNCH TODAY <b>Hamburger Macaroni Casserole</b> <b>BOWLING 1 PM</b> <b>YOGA 5:30 PM</b>	<b>COFFEE TIME</b>  10AM <b>SWIMMING 11:30</b> <b>ZUMBA 7:30 PM</b>	<b>PRIVATE FUNCTION</b>
15	<b>Are you a MEMBER?</b> Support BRIDGES buy a \$10 annual membership!	HOT LUNCH TODAY <b>Vegetable Soup &amp; Bannock</b> <b>BOWLING 1 PM</b> <b>St. Patty's Potluck Dinner 5:30 PM</b>	<b>COFFEE TIME</b>  10AM <b>Men's Breakfast Club Group 10 AM</b> 7PM  HINTON UKULELE GROUP	HOT LUNCH TODAY <b>Stew &amp; Biscuits</b> <b>BOWLING 1 PM</b> <b>YOGA 5:30 PM</b>	<b>COFFEE TIME</b>  10AM <b>SWIMMING 11:30</b> <b>BRIDGES ANNUAL TRIVIA NIGHT!</b> 	<b>DUNGEONS &amp; DRAGONS NETWORK</b> 1:00 PM
22	<b>Recreation Exploration</b> Register for free access to yoga, swimming, bowling, photography & more!	HOT LUNCH TODAY <b>Beef Barley Soup &amp; Cheese Buns</b> <b>BOWLING 1 PM</b>	<b>COFFEE TIME</b>  10AM <b>Men's Breakfast Club Group 10 AM</b> 7PM  HINTON UKULELE GROUP AT PINE VALLEY LODGE	HOT LUNCH TODAY <b>Spaghetti &amp; Salad</b> <b>BOWLING 1 PM</b> <b>YOGA 5:30 PM</b>	<b>COFFEE TIME</b>  10AM <b>SWIMMING 11:30</b> Community Dinner FCSS & Alstar 5:30 <b>7 PM Jam Session</b>	<b>ZUMBA 7:30 PM</b>
29	Rec Explore activities are 100% free to members who register!	HOT LUNCH TODAY <b>Bean Soup &amp; Bologna Sandwiches</b> <b>BOWLING 1 PM</b>	<b>IN CRISIS AND NEED SOMEONE?</b> Hinton Mental Health 780-865-8247 Alberta Mental Health Helpline 1-877-303-2642 CMHA Rural Distress Line 1-800-232-7288 Alberta Addictions Helpline 1-800-332-2322 Yellowhead Emergency Shelter 780-865-5133		If you're in crisis, need any kind of help that isn't 911, and you don't know who to call: <b>CALL 211</b>	<b>Food Bank AGM 6:30 – 9:30</b>