

BRIDGES Activity Calendar

OPEN WEEKDAYS EXCEPT HOLIDAYS 10AM TO 3PM

DECEMBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
TO MAKE AN APPOINTMENT OR REGISTER FOR AN ACTIVITY, CALL 780-865-4464	COFFEE TIME 10AM SIT & SOAK 11 AM REGISTER AHEAD EVERY BODY CAN DANCE 7PM	SAUSAGE PARMESAN SOUP CARE PARTNER SUPPORT GROUP W/ FCSS 7PM	COFFEE TIME 10AM CHRISTMAS GNOMES CRAFT 11 AM HINTON UKULELE GROUP 7PM	TUNA CASSEROLE CRIBBAGE WITH GOOD COMPANIONS 7:00PM	COFFEE TIME 10AM CHRISTMAS DECORATIONS CRAFT 11 AM	Private Event
7	8	9	10	11	12	13
IF YOU NEED HELP AND ARE NOT SURE WHO TO CALL, DIAL 	COFFEE TIME 10AM SIT & SOAK 11 AM REGISTER AHEAD EVERY BODY CAN DANCE 7PM	MINESTRONE SOUP JASPER RECOVERY PEER GROUP 7:00	COFFEE TIME 10AM CRAFT (TBA) 11 AM Private Event	PANCAKES & SAUSAGES CRIBBAGE WITH GOOD COMPANIONS 7:00PM	COFFEE TIME 10AM BAKING WITH ALPHIA 11 AM	Private Event
14	15	16	17	18	19	20
	COFFEE TIME 10AM SIT & SOAK 11 AM REGISTER AHEAD EVERY BODY CAN DANCE 7PM	BEEF BARLEY SOUP OPEN TALK DROP-IN WITH RSW TANNIS 6:30 PM	COFFEE TIME 10AM POINSETTIA PINS CRAFT 11 AM HINTON UKULELE GROUP 7PM	CHRSTMAS TURKEY LUNCHEON OPTIONS CHRISTMAS MARKET 12:30-4PM CRIBBAGE WITH GOOD COMPANIONS 7:00PM	COFFEE TIME 10AM CHRISTMAS MOVIE DAY 12:30 PM	Private Event
Private Event						
21	22	23	24	25	26	27
THINKING ABOUT SUICIDE OR WORRIED ABOUT SOMEONE ELSE? 	COFFEE TIME 10AM SIT & SOAK 11 AM REGISTER AHEAD EVERY BODY CAN DANCE 7PM	HAM & CORN CHOWDER KNIT NIGHT WITH THE YARNBAGS 7:00	BRIDGES IS CLOSED AND BOOKED FOR PRIVATE EVENTS. 			
			Private Event	Private Event	Private Event	
28	29	30	31	IN CRISIS AND NEED SOMEONE? Hinton Mental Health Services 780-865-8247 AB Mental Health Helpline 1-877-303-2642 CMHA Rural Distress Line 1-800-232-7288 AB Addictions Helpline 1-800-332-2322 YES Shelter for Women 780-865-5133 H.E.L.P. Homeless Resources 780-865-1686 Indigenous Help Line 1-844-944-4744		
	COFFEE TIME 10AM SIT & SOAK 11 AM REGISTER AHEAD EVERY BODY CAN DANCE 7PM	NAVY BEAN SOUP KNIT NIGHT WITH THE YARNBAGS 7:00	COFFEE TIME 10AM GAMES & MOVIE DAY 11 AM			
Private Event						