

# BRIDGES Activity Calendar

OPEN WEEKDAYS EXCEPT HOLIDAYS 10AM TO 3PM

# MARCH 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<p><b>IF YOU NEED HELP AND ARE NOT SURE WHO TO CALL, DIAL</b></p> 	<p><b>COFFEE TIME 10AM</b> <b>SIT &amp; SOAK 11AM (REGISTER AHEAD)</b></p> <p>EVERY BODY CAN DANCE 7PM</p>	<p><b>TOMATO MAC SOUP &amp; GRILLED CHEESE</b></p> <p>CARE PARTNER SUPPORT GROUP W/ FCSS 7PM</p>	<p><b>COFFEE TIME 10AM</b> <b>MOVIE AND POPCORN 11AM</b></p> <p>HINTON UKULELE GROUP 7PM</p>	<p><b>TURKEY STEW</b></p> <p>CRIBBAGE WITH GOOD COMPANIONS 7:00PM</p>	<p><b>COFFEE TIME 10AM</b> <b>LIBRARY TRIP 11AM</b></p>	
	8	9	10	11	12	13
	<p><b>COFFEE TIME 10AM</b> <b>SIT &amp; SOAK 11AM (REGISTER AHEAD)</b></p> <p>EVERY BODY CAN DANCE 7PM</p>	<p><b>BEEF BARLEY SOUP</b></p> <p>JASPER RECOVERY PEER GROUP 7PM</p>	<p><b>COFFEE TIME 10AM</b> <b>ST. PATRICKS DAY PINS 11AM (REGISTER AHEAD)</b></p> <p>HINTON UKULELE GROUP 7PM</p>	<p><b>SHIPWRECK CASSEROLE</b></p> <p>CRIBBAGE WITH GOOD COMPANIONS 7:00PM</p>	<p><b>COFFEE TIME 10AM</b> <b>BAKING WITH ALPHIA 11AM (REGISTER AHEAD)</b></p> 	
15	16	<b>ST. PATRICK'S DAY 17</b>	18	19	20	21
<p><b>TO MAKE AN APPOINTMENT OR REGISTER FOR AN ACTIVITY, CALL 780-865-4464</b></p>	<p><b>COFFEE TIME 10AM</b> <b>SIT &amp; SOAK 11AM (REGISTER AHEAD)</b></p> <p>EVERY BODY CAN DANCE 7PM</p>	<p><b>CREAM OF BROCCOLI SOUP &amp; IRISH BROWN BREAD</b></p> <p>OPEN TALK DROP-IN WITH RSW TANNIS 6:30 PM</p>	<p><b>COFFEE TIME 10AM</b> <b>BUTTON ART 11AM (REGISTER AHEAD)</b></p> <p>HINTON UKULELE GROUP 7PM</p>	<p><b>CURRY CHICKEN</b></p> <p>PROTECT YOUR ASSETS PRESENTATION 1PM</p> <p>CRIBBAGE WITH GOOD COMPANIONS 7:00PM</p>	<p><b>COFFEE TIME 10AM</b> <b>DRAGONFLY CRAFT 11AM (REGISTER AHEAD)</b></p>	<p>Private Event</p>
	22	23	24	25	26	27
<p>Private Event</p>	<p><b>COFFEE TIME 10AM</b> <b>SIT &amp; SOAK 11AM (REGISTER AHEAD)</b></p> <p>EVERY BODY CAN DANCE 7PM</p>	<p><b>LASAGNA SOUP</b></p> <p>KNIT NIGHT WITH THE YARNBAGS 7PM</p>	<p><b>COFFEE TIME 10AM</b> <b>CANDLE MAKING 11AM (REGISTER AHEAD)</b></p>  <p>HINTON UKULELE GROUP 7PM</p>	<p><b>CHILI &amp; BUNS</b></p> <p>JASPER RECOVERY PEER GROUP 1PM <b>FLOOR CURLING 1PM</b></p> <p>CRIBBAGE WITH GOOD COMPANIONS 7:00PM</p>	<p><b>COFFEE TIME 10AM</b></p> 	<p>Private Event</p>
29	30	31			<p><b>IN CRISIS AND NEED SOMEONE?</b></p> <p><b>Hinton Mental Health Services</b> 780-865-8247  <b>AB Mental Health Helpline</b> 1-877-303-2642  <b>CMHA Rural Distress Line</b> 1-800-232-7288  <b>AB Addictions Helpline</b> 1-800-332-2322  <b>YES Shelter for Women</b> 780-865-5133  <b>H.E.L.P. Homeless Resources</b> 780-865-1686  <b>Indigenous Help Line</b> 1-844-944-4744</p>	
<p>THINKING ABOUT SUICIDE OR WORRIED ABOUT SOMEONE ELSE?</p> 	<p><b>COFFEE TIME 10AM</b> <b>SIT &amp; SOAK 11AM (REGISTER AHEAD)</b></p> <p>EVERY BODY CAN DANCE 7PM</p>	<p><b>BORSCHT</b></p> <p>KNIT NIGHT WITH THE YARNBAGS 7PM</p>				