

BRIDGES Activity Calendar

OPEN WEEKDAYS EXCEPT HOLIDAYS 10AM TO 3PM

AUGUST 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
TO MAKE AN APPOINTMENT OR REGISTER FOR AN ACTIVITY, CALL 780-865-4464	CLOSED FOR HERITAGE DAY	BRIDGES IS CLOSED THIS WEEK FOR STAFF HOLIDAYS. WE APOLOGIZE FOR THE DISRUPTION. WE'LL BE BACK ON MONDAY AUGUST 10!				
		CARE PARTNER SUPPORT GROUP W/ FCSS 7PM			Private Event	
9	10	11	12	13	14	15
	COFFEE TIME 10AM GREENHOUSE 11AM	HAMBURGER SOUP	COFFEE TIME 10AM DROP IN CRAFT 11AM	CHICKEN CASSEROLE	COFFEE TIME 10AM	Private Event
		KNIT NIGHT WITH THE YARBAGS 7PM	HINTON UKULELE GROUP 7PM		SOLOMON HILL 11AM	
16	17	18	19	20	21	22
	COFFEE TIME 10AM GREENHOUSE 11AM	CLAM CHOWDER	BRIDGES WILL BE CLOSED. FIND US AT GREEN SQUARE FOR THE HINTON FAMILY WELLNESS FAIR!	BUSINESS SUPPORT NETWORK 8:30AM	COFFEE TIME 10AM	
				PIZZA & SALAD		
		KNIT NIGHT WITH THE YARBAGS 7PM			ART IN THE PARK 11AM	
23	24	25	26	27	28	29
Private Event	COFFEE TIME 10AM GREENHOUSE 11AM	VEGGIE SOUP	COFFEE TIME 10AM DROP IN CRAFT 11AM	PICNIC AT KELLY'S BATHTUB (REGISTER AHEAD) (CLOSED AT 10:30AM)	COFFEE TIME 10AM	Private Event
		KNIT NIGHT WITH THE YARBAGS 7PM	HINTON UKULELE GROUP 7PM		MEDICINAL PLANT WALK 11AM	
30	31	IN CRISIS AND NEED SOMEONE?				
THINKING ABOUT SUICIDE OR WORRIED ABOUT SOMEONE ELSE?	COFFEE TIME 10AM GREENHOUSE 11AM		Hinton Mental Health Services 780-865-8247 AB Mental Health Helpline 1-877-303-2642 CMHA Rural Distress Line 1-800-232-7288 AB Addictions Helpline 1-800-332-2322 YES Shelter for Women 780-865-5133 H.E.L.P. Homeless Resources 780-865-1686 Indigenous Help Line 1-844-944-4744			IF YOU NEED HELP AND ARE NOT SURE WHO TO CALL, DIAL
9-8-8 Suicide Crisis Helpline						211