

# BRIDGES Activity Calendar

OPEN WEEKDAYS EXCEPT HOLIDAYS 10AM TO 3PM

# MARCH 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<b>IF YOU NEED HELP AND ARE NOT SURE WHO TO CALL, DIAL</b> 	<b>COFFEE TIME 10AM</b> <b>SIT &amp; SOAK 11AM (REGISTER AHEAD)</b>  <b>EVERY BODY CAN DANCE 7PM</b>	<b>TOMATO MAC SOUP &amp; GRILLED CHEESE</b>  <b>CARE PARTNER SUPPORT GROUP W/ FCSS 7PM</b>	<b>COFFEE TIME 10AM</b> <b>MOVIE AND POPCORN 11AM</b>  <b>HINTON UKULELE GROUP 7PM</b>	<b>TURKEY STEW</b>  <b>CRIBBAGE WITH GOOD COMPANIONS 7:00PM</b>	<b>COFFEE TIME 10AM</b>  <b>LIBRARY TRIP 11AM</b>	
	1	9	10	11	12	13
	<b>COFFEE TIME 10AM</b>  <b>SIT &amp; SOAK 11AM (REGISTER AHEAD)</b>  <b>EVERY BODY CAN DANCE 7PM</b>	<b>BEEF BARLEY SOUP</b>  <b>JASPER RECOVERY PEER GROUP 7PM</b>	<b>COFFEE TIME 10AM</b> <b>ST. PATRICKS DAY PINS 11AM (REGISTER AHEAD)</b>  <b>HINTON UKULELE GROUP 7PM</b>	<b>SHIPWRECK CASSEROLE</b>  <b>CRIBBAGE WITH GOOD COMPANIONS 7:00PM</b>	<b>COFFEE TIME 10AM</b> <b>BAKING WITH ALPHIA 11AM (REGISTER AHEAD)</b>  	
8	16	<b>ST. PATRICK'S DAY 17</b>	18	19	20	21
<b>TO MAKE AN APPOINTMENT OR REGISTER FOR AN ACTIVITY, CALL 780-865-4464</b>	<b>COFFEE TIME 10AM</b>  <b>SIT &amp; SOAK 11AM (REGISTER AHEAD)</b>  <b>EVERY BODY CAN DANCE 7PM</b>	<b>CREAM OF BROCCOLI SOUP &amp; IRISH BROWN BREAD</b>  <b>OPEN TALK DROP-IN WITH RSW TANNIS 6:30 PM</b>	<b>COFFEE TIME 10AM</b>  <b>BUTTON ART 11AM (REGISTER AHEAD)</b>  <b>HINTON UKULELE GROUP 7PM</b>	<b>CURRY CHICKEN</b>  <b>PROTECT YOUR ASSETS PRESENTATION 1PM</b>  <b>CRIBBAGE WITH GOOD COMPANIONS 7:00PM</b>	<b>COFFEE TIME 10AM</b>  <b>DRAGONFLY CRAFT 11AM (REGISTER AHEAD)</b>	<b>Private Event</b>
	15	23	24	25	26	27
<b>Private Event</b>	<b>COFFEE TIME 10AM</b>  <b>SIT &amp; SOAK 11AM (REGISTER AHEAD)</b>  <b>EVERY BODY CAN DANCE 7PM</b>	<b>LASAGNA SOUP</b>  <b>KNIT NIGHT WITH THE YARNBAGS 7PM</b>	<b>COFFEE TIME 10AM</b>  <b>CANDLE MAKING 11AM (REGISTER AHEAD)</b>  <b>HINTON UKULELE GROUP 7PM</b>	<b>CHILI &amp; BUNS</b>  <b>JASPER RECOVERY PEER GROUP 1PM</b> <b>FLOOR CURLING 1PM</b>  <b>CRIBBAGE WITH GOOD COMPANIONS 7:00PM</b>	<b>COFFEE TIME 10AM</b>  	<b>Private Event</b>
29	30	31			<b>IN CRISIS AND NEED SOMEONE?</b> <b>Hinton Mental Health Services 780-865-8247</b> <b>AB Mental Health Helpline 1-877-303-2642</b> <b>CMHA Rural Distress Line 1-800-232-7288</b> <b>AB Addictions Helpline 1-800-332-2322</b> <b>YES Shelter for Women 780-865-5133</b> <b>H.E.L.P. Homeless Resources 780-865-1686</b> <b>Indigenous Help Line 1-844-944-4744</b>	
<b>THINKING ABOUT SUICIDE OR WORRIED ABOUT SOMEONE ELSE?</b>  	<b>COFFEE TIME 10AM</b>  <b>SIT &amp; SOAK 11AM (REGISTER AHEAD)</b>  <b>EVERY BODY CAN DANCE 7PM</b>	<b>BORSCHT</b>  <b>KNIT NIGHT WITH THE YARNBAGS 7PM</b>				