

BRIDGES Activity Calendar

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
<p>To make an appointment with staff or register for special events, call 780-865-4464 Mon-Fri, 9am-2pm</p>		<p>Pizza Soup</p>	<p>Coffee Time 10:00 Peace in the Park 11AM</p> 	<p>Wieners and Beans With Salad</p>	<p>Coffee Time 10:00 Greenhouse 1PM</p>	<p>Private Event</p>
		<p>Care Partner Support Group w/ FCSS 7:00PM</p>	<p>7PM HINTON UKULELE GROUP</p>	<p>Cribbage with Good Companions 7:00PM</p>	<p>Cribbage with Good Companions 7:00PM</p>	<p>Cribbage with Good Companions 7:00PM</p>
6	7	8	9	10	11	12
<p>National Depression Screening Day is October 10. Take a free quiz at Areyoufeelingok.com</p>	<p>Coffee Time 10:00 Greenhouse 11AM Last Garden Day!</p> <p>EVERY BODY CAN DANCE 7PM</p>	<p>Cream of Mushroom Soup</p>	<p>Coffee Time 10:00 Journal Workshop 11AM Register ahead!</p> 	<p>Turkey Lunch</p>	<p>Coffee Time 10:00 Nature Photography Walk 11AM Register ahead music & mocktails</p> <p>KARAOKE LOUNGE 7PM</p>	<p>Private Event</p>
		<p>Knit Night with The Yarnbags 7:00PM</p>	<p>7PM HINTON UKULELE GROUP</p>	<p>Depression Screening 10:00AM – 2:00PM</p>	<p>Cribbage with Good Companions 7:00PM</p>	<p>Cribbage with Good Companions 7:00PM</p>
13	14	15	16	17	18	19
<p>Private Event</p>	 <p>BRIDGES IS CLOSED FOR THE HOLIDAY</p>	<p>Borscht Soup</p>	<p>Coffee Time 10:00 Peace in the Park 11AM EVERY BODY CAN DANCE 7PM</p> 	<p>Spaghetti with Meat Sauce & Garlic Bread</p>	<p>Coffee Time 10:00 Flowerpot Craft 11AM Drop In</p> <p>TRIVIA NIGHT 6:00 PM</p>	
		<p>Healthy Relationships Peer Group 6:30PM</p>	<p>7PM HINTON UKULELE GROUP</p>	<p>Cribbage with Good Companions 7:00PM</p>	<p>Cribbage with Good Companions 7:00PM</p>	
20	21	22	23	24	25	26
<p>IF YOU NEED HELP AND ARE NOT SURE WHO TO CALL, DIAL 211</p>	<p>Coffee Time 10:00 Halloween Craft 11AM Register ahead</p> <p>EVERY BODY CAN DANCE 7PM</p>	<p>Sausage Parmesan Soup</p>	<p>Coffee Time 10:00 Library Trip 11AM</p>	<p>Chicken Cordon Bleu Casserole</p>	<p>Coffee Time 10:00</p>	
		<p>Knit Night with The Yarnbags 7:00PM</p>	<p>Rural Renewal Stream Social 5:30PM</p>	<p>Cribbage with Good Companions 7:00PM</p>	<p>POTLUCK DINNER 5:30 Register ahead</p> <p>COMMUNITY JAM 7PM</p> 	
27	28	29	30	HAPPY HALLOWEEN 31	<p>IN CRISIS AND NEED SOMEONE?</p> <p>Hinton Mental Health 780-865-8247</p> <p>Alberta MH Helpline 1-877-303-2642</p> <p>Rural Distress Line 1-800-232-7288</p> <p>AB Addictions Helpline 1-800-332-2322</p> <p>YES Shelter 780-865-5133</p> <p>HELP Homeless Resource 780-865-1686</p> <p>Indigenous Help Line 1-844-944-4744</p>	
<p>Spread the word</p> <p>9-8-8 Suicide Crisis Helpline</p> 	<p>Coffee Time 10:00 Pumpkin Craft 11AM Register ahead</p> <p>EVERY BODY CAN DANCE 7PM</p> <p>AMEspace Project 5:30 PM</p>	<p>Lasagne Soup</p>	<p>Coffee Time 10:00</p> <p>Bowling 4PM Register ahead</p> 	<p>Tuna Quesadillas</p> 	<p>Cribbage with Good Companions 7:00PM</p>	
		<p>Knit Night with The Yarnbags 7:00PM</p>	<p>7PM HINTON UKULELE GROUP</p>	<p>Cribbage with Good Companions 7:00PM</p>		