**Saint Albans Youth Football Association**

**Scarlet Dragons**

**Parent Volunteer Sign-Up Sheet**

Each season requires the help of board members, coaches, and volunteers. We try to be flexible and give parents the opportunity to select which activity they would like to participate with and which they prefer not to do. In order to keep this from becoming mandatory, please do your best to help out during our games and events when you can. We ask that you commit to volunteer at least twice per season. If you have any questions, please see a board member.

Please rate the following volunteer opportunities from 1-5. One being your 1st choice to help with, 5 being your least favorite. If there is something on the list you prefer not to help with at all, please leave it blank.

\_\_\_ Concession Stand\*

\_\_\_ Bake Sales

\_\_\_ Car Washes

\_\_\_ Parades (High School Homecoming, Christmas)

\_\_\_ High School Field Maintenance – Painting Lines (Thursday Nights)

\_\_\_ High School Football Game Chain Crew (Friday Nights)

\*If you are able to work the concession stand, please let us know during which game you prefer. (Example, if your child is on D team, you could select A, B, and/or C to insure you are able to watch your child).  A  B  C  D

**Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Phone:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Child’s Name: Team:**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Football  Cheer Majorette  A  B  C  D

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Football  Cheer Majorette  A  B  C  D

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Football  Cheer Majorette  A  B  C  D

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Football  Cheer Majorette  A  B  C  D