

LYL – Life Coaching: Code of Ethics

Clear, compassionate, and committed to your growth

This Code of Ethics outlines the standards I uphold as your coach. It exists to protect our work together, define boundaries, and ensure you feel safe, supported, and respected at every stage of your coaching journey.

1. Client-Centred Commitment

Your needs, goals, and values are at the heart of our sessions. I am here to support your growth not to direct your life, offer quick fixes, or assume authority over your choices. Coaching with me is collaborative, empowering, and led by your own insight.

2. Confidentiality

All information shared in coaching sessions is treated with the strictest confidence. I will not disclose anything to third parties without your explicit consent, unless legally required to do so or if there is a clear and immediate risk of harm to you or someone else.

3. Respect and Inclusion

I treat all clients with fairness, compassion, and respect regardless of identity, background, belief, or lived experience. My coaching space is inclusive, free from discrimination, and safe for you to show up as your full self.

4. Professional Boundaries

While sessions may feel personal and connected, I do not offer therapy, medical advice, or crisis intervention. If I believe your wellbeing would be better served by a different professional service, I will raise this clearly and supportively.

5. Transparency and Integrity

You will always receive clear information about pricing, session format, cancellation terms, and the scope of support offered. I will never pressure you into bookings, packages, or continued work that doesn't feel aligned or necessary.

6. Accountability and Growth

I am committed to ongoing personal and professional development. I engage in regular reflection and continue learning to uphold the highest standards in my work. I welcome honest feedback and am open to conversation if something feels off or unclear.

7. Healthy Independence

My role is to help you build self-trust, not dependency. I will never exploit your trust emotionally or financially, and I will always honour your right to pause or end the coaching relationship at any time.

8. Use of Coaching Materials

All materials, tools, and resources shared in sessions are the intellectual property of LYL-Life Coaching and are for your personal use only. They may not be copied, distributed, or used for commercial purposes without written permission.

9. Data Protection and Privacy

I handle all personal data in line with UK GDPR regulations. You can view my full Privacy Policy at www.lyl-lifecoaching.co.uk/privacy-policy. You have the right to access, amend, or request deletion of your personal data at any time by contacting info@lyl-lifecoaching.co.uk.

