



Anders Jallén

Symphony for the Waters

4th Movement, Andante

Symphonic Poem "Frog Meditation"

MM = 74 ; 4/4 ; durata ~ 7 1/2 minutes

When played together the 4th and 5th movements total 16 1/2 minutes

a-minor ; attacca to 5th Movement

Oceans life music soundscape and symphony orchestra

Instrumentation

*3 Flute (1 Piccolo)
2 Oboe (1 English Horn)
2 Clarinet (B $\flat$ / Bass)
1 Contrabassoon
2 Horn
1 Tuba
3 Percussion (Timpani , Rototom, Marimba)
2 Harp
1 Cello solo
String Orchestra*

Aquatic sounds

*A Frog
Choir of frogs
Rippling waves
Waves on a rockbeach*

*This version ends so as to be played attacca together;
the 4th and 5th movements. If played on its
own this 4th movement has a different ending.*

July 2024

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[Symphony for the Waters](#)

The Rhythm

*There is a rhythm in the oceans
Frogs, hippos, the waves
All have their own rhythms
All blend together
The rhythms joyfully dancing in the oceans*

*Ocean rhythms like breathing
Frog croaking the beat
The hippo's laugh in a constant rilladundo
They slow down a little all the time!
The waves speed up and slow down, ever changing and over the same
Dancing in joy*

Meditation?

*Breath?
Breathing the meditation of Mother Earth?
The heartbeat?*

*Earthbound longing for the deep
A symphony to breathe in their pace
To pace with them
To wave with the storms
To sink down in myself and
To be the poetry, the meditation
To learn to breathe*

*Moving gently, dancing and breathing, in the music
Moving with the seaweed, overwhelmed
Moving with the seagrass meadows
Delighted to be overwhelmed*

*The waters are The Rhythm
I am in The Rhythm
The waters are in The Rhythm
All is rhythm
All is music
All is breath
Breath and laughter
Laughing is breathing, the hippo's delightful laughter
Breath is life
Ocean Life*

Oceans Life Music

Symphony for the Waters

Symphony for the Waters

Full score at concert pitch
7'34"

Anders Jallén

[illegible]

4th Movement, Andante

4

14

Picc. *ff* *ppp* *ff*

Fl. 1, 2 *mp* *f* *ff* *ppp* *p* *f* *p* *mp* *fff*

Ob. *mp* *f* *mp* *f*

E. Hn. *mf*

B♭ Cl. *f* *p* *mf* *ff*

B. Cl. *pppp* *f* *pppp* *mf*

C. Bn. *mf*

Hn. 1 *p* *f* *pppp* *p* *ff* *pppp* *ff*

Hn. 2 *pppp* *f* *pppp* *mf* *fff* *pppp* *pppp*

Tuba *f*

S.O. Points

14

Temp. *mf*

R. Tom *mp*

Mrb. *f* *f*

Hp. 1 *tr* *fff*

Hp. 2 *tr* *fff*

Vc. *ff* *pp* *fff* *mp* *ppassionato f* *ff* *p*

Vln. I *arco* *mp* *mf*

Vln. II *arco* *mp* *mf*

Vla. *arco* *mp* *mf*

Vc. *arco* *p* *fff* *mp* *pp* *fff*

Cb. *arco* *mp* *mf*

24

Picc. *pppp* *fff*

Fl. 1, 2 *mp* *f* *a2*

Ob. *pppp* *mf*

E. Hn. *mf*

B♭ Cl. *f*

B. Cl. *f* *ppp* *f*

C. Bn. *f* *f*

Hn. 1 *mf*

Hn. 2 *f* *pppp* *mf* *mf*

Tuba *mf* *8va*

S.O. Points

24

Timp. *mf* *mf*

R. Tom *mf*

Mrb. *f* *f* *tr* *fff*

Hp. 1 *fff* *fff* *fff* *fff*

Hp. 2 *fff* *fff* *fff* *fff* *8va*

Vc. *fff* *appassionato* *pizz.* *fff* *appassionato* *fff* *arco* *cantabile* *8va*

Vln. I *pizz.* *pizz.* *arco*

Vln. II *pizz.* *pizz.* *arco*

Vla. *pizz.* *arco*

Vc. *mp* *pizz.* *arco*

Cb. *8va*

4th Movement, Andante

6

33

Picc. *ff* *tr*

Fl. 1, 2 *f*

Ob. *mp* *tr*

E. Hn. *mp* *tr*

B♭ Cl. *f* *mf* *ff* *f*

B. Cl. *ff* *ppp* *mp*

C. Bn. *f*

Hn. 1 *mp*

Hn. 2 *mp*

Tuba *mp*

S.O. Points

33

Timp. *mp*

R.Tom *mp*

Mrb. *f* *f* *tr*

Hp. 1 *ff* *ff* *tr*

Hp. 2 *ff* *ff* *tr*

Vc. *ff* *con affetto* *pp*

Vln. I

Vln. II

Vla.

Vc.

Cb.

4th Movement, Andante

7

40

Picc. *fff*

Fl. 1, 2 *fff*

Ob. *f* *f* *mf*

E. Hn. *mp*

B♭ Cl. *mf* *mp*

B. Cl. *mp*

C. Bn. *mp*

Hn. 1 *mp* *mp*

Hn. 2 *mp*

Tuba

S.O. Points

40

Timp. *mf* *mf* *f*

R.Tom. *mf* *f* *fff* *mf*

Mrb. *f* *f*

Hp. 1 *fff* *fff*

Hp. 2 *fff* *fff*

40

Vc. *f appassionato* *fff* *f*

Vln. I *mp* *f* *mp* *p*

Vln. II *mp* *p* *mp* *p* *fff*

Vla. *mp* *p* *mp* *p* *fff*

Vc. *mp* *p* *mp* *p* *fff*

Cb. *mp* *p* *mp* *p*

4th Movement, Andante

[illegible]

58

Picc.

Fl. 1, 2

Ob.

E. Hn.

B♭ Cl.

B. Cl.

C. Bn.

Hn. 1

Hn. 2

Tuba

S.O. Points

Timp.

R.Tom

Mrb.

Hp. 1

Hp. 2

Vc.

Vln. I

Vln. II

Vla.

Vc.

Cb.

68

Picc.

Fl. 1, 2

Ob.

E. Hn.

B♭ Cl.

B. Cl.

C. Bn.

Hn. 1

Hn. 2

Tuba

S.O. Points

Timp.

R. Tom

Mrb.

Hp. 1

Hp. 2

Vc.

Vln. I

Vln. II

Vla.

Vc.

Cb.

ff

mf

p

mp

f

ff

con affetto

4th Movement, Andante

11

73

Picc. *ff* *appassionato* *mf* *ff* *ff* *mf*

Fl. 1, 2 *f* *mf*

Ob. *mf* *mf* *p* *f*

E. Hn. *mf* *mf* *p* *f*

B♭ Cl. *mf* *mf* *p*

B. Cl. *mf* *mf* *p*

C. Bn. *molto rubato* *ff* *pp* *mf*

Hn. 1 *mf* *p* *mf*

Hn. 2 *mf* *p*

Tuba *mf* *p* *mf*

S.O. Points

Timp. *f* *p*

R. Tom *f* *p* *mf*

Mrb. *f* *tr* *pp* *f* *mf*

Hp. 1 *ff* *f*

Hp. 2 *ff* *f*

Vc. *f* *appassionato* *ff* *mf* *ff* *mf* *ff*

Vln. I *f* *mf*

Vln. II *mf* *f* *mf*

Vla. *mf* *f* *mf* *Ossia* *ff*

Vc. *mf* *mf* *mf* *Ossia* *ff*

Cb. *mf* *f*

Not slr, but some of the cellists could help the soloist here

4th Movement, Andante

12

81

Picc. *mf* *pppp* *pp* *f* *f* *mf* *mf* *mp*

Fl. 1, 2 *pp*

Ob. *mf* *pppp* *pp* *f* *f* *mf* *mf* *mp*

E. Hn. *mf* *mp*

B♭ Cl. *mf* *ff* *mf* *mp*

B. Cl. *ff*

C. Bn. *ff*

Hn. 1 *mf*

Hn. 2 *mf*

Tuba

S.O. Points

81

Timp.

R.Tom

81

Mrb. *pp*

81

Hp. 1

81

Hp. 2

81

Vc.

Vln. I *pppp*

Vln. II *pppp*

Vla. *pppp* *f*

Vc. *pppp* *f*

Cb.

87

Picc. *fff* *ff*

Fl. 1, 2 *ff*

Ob. *pp* *f* *pppp* *mp* *pppp* *mp* *mp*

E. Hn. *mp* *pppp* *mp* *mp*

B♭ Cl. *pp* *f* *pppp* *mp* *pppp* *mp* *mp*

B. Cl. *fff* *ff* *f*

C. Bn. *fff* *ff* *f*

Hn. 1 *pp* *f* *pppp* *f* *f*

Hn. 2 *pp* *f* *pppp* *f* *f*

Tuba *fff* *ff* *f*

S.O. Points

87

Timp. *fff*

R.Tom

87

Mrb. *mf* *mf*

87

Hp. 1

87

Hp. 2

87

Vc. *ff* *ff* *fff*

Vln. I *mf* *mp*

Vln. II *mf* *mp*

Vla. *fff* *pppp* *mf* *mp*

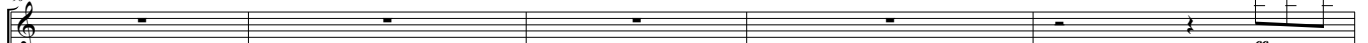
Vc. *fff* *pppp* *ff* *ff* *fff*

Cb. *mf* *mp*

4th Movement, Andante

14

96

Picc. 

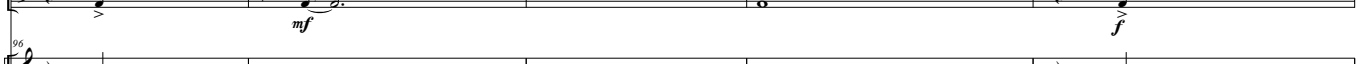
Fl. 1, 2 

Ob. 

E. Hn. 

B♭ Cl. 

B. Cl. 

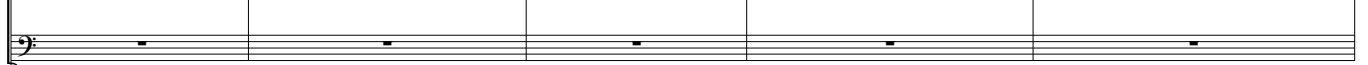
C. Bn. 

Hn. 1 

Hn. 2 

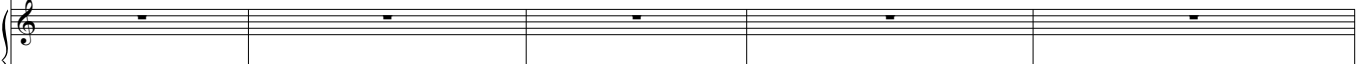
Tuba 

S.O. Points 

Temp. 

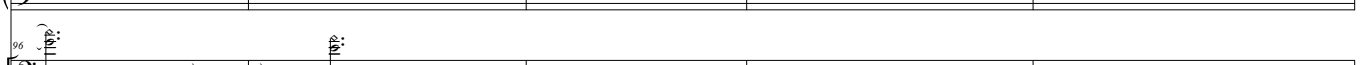
R.Tom 

Mrb. 

Hp. 1 

Hp. 2 

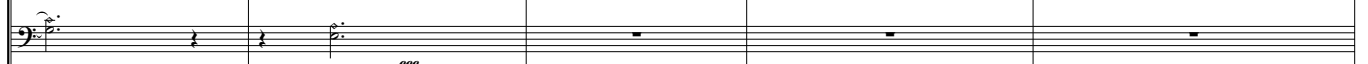
Vc. 

Vln. I 

Vln. II 

Vla. 

Vc. 

Cb. 

101

Picc. *mf* *f* *mf* *f* *mf*

Fl. 1, 2

Ob. *mf* *f* *mf* *f* *mf*

E. Hn. *mf* *f* *mf*

B♭ Cl. *mf* *f* *mf*

B. Cl. *mf* *f* *mf*

C. Bn. *ff* *mf*

Hn. 1 *mp* *f* *pppp*

Hn. 2 *mp* *f* *pppp*

Tuba *ff* *f*

S.O. Points

101

Timp. *ff* *f*

R. Tom

Mrb. *f* *f* *f* *f*

Hp. 1

Hp. 2

101

Vc. *ff*

Vln. I *f* *ff* *pizz.* *f* *arco*

Vln. II *f* *ff* *pizz.* *f* *arco*

Vla. *f* *ff* *pizz.* *f* *arco*

Vc.

Cb. *f* *ff* *pizz.* *f* *arco*

4th Movement, Andante

16

108

Picc. *ff* *pp*

Fl. 1, 2 *ff* *pp*

Ob. *mf* *mf*

E. Hn. *mf* *mf*

B♭ Cl. *mf* *mf*

B. Cl. *mf* *mf*

C. Bn. *mf* *mp* *ff*

Hn. 1 *mp* long, slight crescendo

Hn. 2 *mf* *fff* *p* *mp* *f*

Tuba *mf*

S.O. Points

108

Timp. *mf* *f* *cresc.* *fff* *mp* *ppp*

R.Tom *mf* *fff* *p*

Mrb. *ff* *pp*

108

Hp. 1 *ff*

Hp. 2 *ff*

108

Vc. *f* *f* *f* *mf* *f*

Vln. I *ff* *pizz.* *arco* *mf* *pp*

Vln. II *ff* *pizz.* *arco* *mf* *pp*

Vla. *ff* *pizz.* *arco* *mf* *pp*

Vc. *f* *f* *f* *mp* *mf*

Cb. *f* *mf* *pp*

116

Picc. *ff* *mf*

Fl. 1, 2 *ff* *ff* *f* *ppp*

Ob.

E. Hn.

B♭ Cl. *mp* *f*

B. Cl. *mf*

C. Bn. *mf*

Hn. 1 *mf* *f* *ff* *ppp*

Hn. 2 *mf*

Tuba *mf*

S.O. Points

Timp. *mp*

R. Tom *mp*

Mrb. *f* *f*

Hp. 1 *f* *ff*

Hp. 2 *f* *ff*

Vc. *f* *mp* *ff* *ff* *mp*

Vln. I *f* *ff* *mp*

Vln. II *f* *ff* *f*

Vla. *ff* *pp* *f*

Vc. *mf* *p* *f* *f*

Cb. *f*

rubato

accelerando

a2

8va

gliss.

solo

126

Picc. *mf* *p*

Fl. 1, 2 *mp* *pppp*

Ob. *mf* *p* *pppp*

E. Hn. *p* *pp*

B♭ Cl. *pppp* *pp*

B. Cl. *mp* *p* *pppp*

C. Bn. *mp* *p* *pppp*

Hn. 1

Hn. 2

Tuba *mp* *p* *pppp*

S.O. Points

126

Timp. *mf* *mp*

R. Tom *mf* *mp*

Mrb.

126

Hp. 1 *mp*

126

Hp. 2 *mp*

126

Vc. *mf*

Vln. I *f* *pppp* *mf* *mp* *pp*

Vln. II *mf* *mp* *pp*

Vla. *mf* *mp* *pp*

Vc. *mf* *mp*

Cb. *pp*

135

Picc.

Fl. 1, 2

Ob.

E. Hn.

B♭ Cl.

B. Cl.

C. Bn.

Hn. 1

Hn. 2

Tuba

S.O. Points

Timp.

R.Tom

Mrb.

Hp. 1

Hp. 2

Vc.

Vln. I

Vln. II

Vla.

Vc.

Cb.

ppp

pppp

morendo

mp

ppp

pppp

morendo

Frog in back-beat and fading out

Attacca to 5th movement exactly on 137