

# **A Review of Recipes for Kansas Fairs and Exhibitions**

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July 2020

## **DATA FOR THIS STUDY**

### **TCS Foods: DO NOT LEAVE AT ROOM TEMPERATURE**

#### **Truffle Frosting (Better Homes & Gardens)**

**Ingredients:** 1.5 cups whipping cream, 1/4 cup light-colored corn syrup, 12 oz semisweet chocolate pieces, 1 tsp vanilla.

*\*Cooked*

**pH: 5.4, Water Activity: 0.88**

#### **Chocolate Ganache (2)**

**Ingredients:** 4 oz semi-sweet chocolate, 1/2 cup heavy whipping cream

*\*Cooked*

**pH: 5.5, Water Activity: 0.88**

#### **Ring of Coconut Fudge Cake Filling**

**Ingredients:** 1/4 cup sugar, 1 tsp vanilla, 8 oz cream cheese (softened), 1 egg, 1/2 cup flaked coconut, 6 oz semi-sweet chocolate pieces.

**pH: 5.1, Water Activity: 0.91**

#### **Filling for Lemon Cheese Filled Cake**

**Ingredients:** 8 oz cream cheese (softened), 1/4 cup sugar, 1 tsp lemon juice, 2 tsp water, 1/2 cup coconut.

**pH: 4.5, Water Activity: 0.93**

#### **Red Velvet Cake Frosting 1**

**Ingredients:** 4 heaping tbsp flour, 1 cup milk, 1/2 cup butter, 1/2 cup shortening, 1 cup sugar, 1 tsp vanilla.

*\*Cooked*

**pH: 6.2, Water Activity: 0.92**

#### **Banana Bread w/ Banana Slices**

**Ingredients:** Banana bread, slice of fresh banana on top.

**pH: 5.0, Water Activity: 0.91**

#### **Red Velvet Cake Frosting 2**

**Ingredients:** 1/2 cup plus 1 tbsp all-purpose flour, 1 1/8 tsp table salt, 2.25 cups whole milk, 2.25 cups salted butter (softened), 2.25 cups powdered sugar, 3 tsp vanilla extract.

*\*Cooked*

**pH: 6.2, Water Activity: 0.90**

### **Swiss Meringue Buttercream Frosting**

**Ingredients:** 200 g (about 6) fresh egg whites, 200 g (3/4 cup) white sugar, 500 g (2.25 cups) unsalted butter, 1 tsp vanilla.

*\*Cooked*

**pH: 6.1, Water Activity: 0.92**

### **Fudge Cream Cheese Cake (Cream Cheese Batter)**

**Ingredients:** 8 oz cream cheese, 1/4 cup sugar, 2 tbsp butter, 1/2 tsp vanilla, 1 tbsp cornstarch, 1 egg, 2 tbsp milk.

**pH: 5.3, Water Activity: 0.93**

### **Low-fat Cream Cheese Frosting for Carrot Cake**

**Ingredients:** 8 oz nonfat cream cheese, 3 oz Neufchatel cheese, 1.5 cups powdered sugar, 1 tbsp orange zest.

**pH 5.2, Water Activity: 0.91**

### **Vanilla Whipped Buttercream Frosting**

**Ingredients:** 1/2 cup all-purpose flour, 1.5 cups milk, 1 tbsp vanilla extract, 1.5 cups salted butter, 1.5 cups granulated sugar, pinch of salt

*\*Cooked*

**pH: 6.0, Water Activity: 0.91**

## **Non-TCS Foods: CAN BE LEFT AT ROOM TEMPERATURE**

### **Peanut Butter Frosting**

**Ingredients:** 16 tbsp unsalted butter, 1 cup creamy peanut butter, 3 tbsp heavy cream, 1 tsp vanilla extract, 2 cups powdered sugar.

**pH: 5.56, Water Activity: 0.78**

### **Peanut Butter Cream Frosting**

**Ingredients:** 3 cups powdered sugar, 1.5 tsp vanilla, 1/4 cup milk, 1/3 cup peanut butter.

**pH: 6.14, Water Activity: 0.84**

### **EASY Creamy Peanut Butter Frosting**

**Ingredients:** 1 cup butter (softened), 1.5 cups creamy peanut butter, 1/4 cup of milk, 4 cups powdered sugar, 2 tsp vanilla.

**pH: 5.71, Water Activity: 0.79**

### **Basic Cake Decorating Frosting**

**Ingredients:** 2 lbs powdered sugar, 1 cup shortening (at room temp), 1/2 cup milk, 1 tsp vanilla.

**pH: 5.5, Water Activity: 0.84**

### **Simple Buttercream Frosting**

**Ingredients:** 2 cups unsalted butter (softened), 8 cups powdered sugar, 1/2 tsp salt, 1/4 cup heavy cream, 2 tsp vanilla.

**pH: 4.6, Water Activity: 0.83**

### **Oatmeal Cream Pie Filling**

**Ingredients:** 3/4 cup unsalted butter (softened), 2.5 cups powdered sugar, 1 tsp pure vanilla extract, 1 tbsp milk or half and half.

**pH: 4.7, Water Activity: 0.84**

### **White Snow Frosting**

**Ingredients:** 2 tbsp milk, 1/4 cup shortening, 1/2 cup butter, 1/2 tsp coconut extract, 1/2 teaspoon clear vanilla, 2 cups powdered sugar, 1 egg white.

**pH: 5.9, Water Activity: 0.79**

### **Cream Cheese Frosting**

**Ingredients:** 8 oz cream cheese, 1/2 cup butter (softened), 1 tsp vanilla, 3.5 cups powdered sugar.

**pH: 4.5, Water Activity: 0.82**

### **Cream Cheese Frosting (Betty Crocker)**

**Ingredients:** 8 oz cream cheese, 1/4 cup butter (softened), 2-3 tsp milk, 1 tsp vanilla, 4 cups powdered sugar.

**pH: 4.6, Water Activity: 0.83**

### **Cream Cheese Frosting (Better Homes & Gardens)**

**Ingredients:** 6 oz cream cheese, 1/2 cup butter (softened), 2 tsp vanilla, 2 cups powdered sugar.

**pH: 4.4, Water Activity: 0.82**

### **Cream Cheese Frosting**

**Ingredients:** 12 oz cream cheese, 6 tbsp butter (softened), 4 cups powdered sugar, 1.5 tsp vanilla extract

**pH: 4.6, Water Activity: 0.81**

### **Gingerbread Cookie Cream Cheese Frosting**

**Ingredients:** 8 oz full fat cream cheese (softened), 1/4 cup unsalted butter (salted), 1 tsp vanilla extract, 2 cups powdered sugar, 2 tsp fresh lemon juice, 1 tsp lemon zest.

**pH: 4.1, Water Activity: 0.84**

### **Salted Caramel Cream Cheese Glaze**

**Ingredients:** 1/2 cup butter (softened), 4 oz cream cheese, 1/2 tsp vanilla, 1/4 cup caramel ice cream topping, 1/4 tsp salt, 4 cups powdered sugar.

**pH: 4.6, Water Activity: 0.79**

### **Salted Caramel Glaze (no cream cheese)**

**Ingredients:** 1/2 cup butter (softened), 4 tsp heavy cream, 1/2 tsp vanilla, 1/2 cup caramel ice cream topping, 1/4 tsp salt, 4 cups powdered sugar.

**pH: 5.1, Water Activity: 0.73**

### **The Best Strawberry Buttercream Frosting**

**Ingredients:** 1 lb powdered sugar, 1 cup butter, 1/4 cup pureed strawberries

**pH: 3.7, Water Activity: 0.81**

### **No Cook Fudge Frosting (Better Homes & Gardens)**

**Ingredients:** 4.75 cups powdered sugar, 1/2 cup unsweetened cocoa powder, 1/2 cup butter (softened), 1/3 cup boiling water, 1 tsp vanilla,

*\*Cooked*

**pH: 5.3, Water Activity: 0.83**

### **Creamy Deluxe Chocolate Icing**

**Ingredients:** 2 cups powdered sugar, 1/4 tsp salt, 1 large egg (beaten), 1/3 cup soft shortening, 2 oz melted unsweetened chocolate.

**pH: 5.4, Water Activity: 0.82**

### **Chocolate Sour Cream Frosting (Better Homes & Gardens)**

**Ingredients:** 1 cup semisweet chocolate pieces, 1/4 cup butter, 1/2 cup sour cream, 2.5 cup powdered sugar.

*\*Cooked*

**pH: 4.8, Water Activity: 0.83**

### **Fudge Frosting (Betty Crocker)**

**Ingredients:** 2 cups granulated sugar, 1 cup baking cocoa, 1 cup milk, 1/2 cup butter, 1/4 cup light corn syrup, 1/4 tsp salt, 2.5-3.0 cups powdered sugar, 2 tsp vanilla.

**pH: 5.3, Water Activity: 0.78**

### **Chocolate Sheet Cake Icing**

**Ingredients:** 1 stick margarine, 4 tbsp cocoa, 5 tbsp milk, 3.5 cups powdered sugar, 1/4 tsp salt, 1 tsp vanilla.

*\*Cooked*

**pH: 5.3, Water Activity: 0.78**

### **Swig Sugar Cookie Frosting**

**Ingredients:** 1 stick salted butter, 1/3 cup sour cream, 1/4 tsp salt, 7-8 tbsp milk, 4 cups powdered sugar, 1/4 tsp vanilla, 1-2 drops red food coloring.

**pH: 4.4, Water Activity: 0.83**

### **Swig Sugar Cookie Frosting (no sour cream)**

**Ingredients:** 1 stick salted butter, 1/4 tsp salt, 2-3 tbsp milk, 4 cups powdered sugar, 1/4 tsp vanilla, 1-2 drops red food coloring.

**pH: 5.3, Water Activity: 0.82**

### **Chocolate Ganache**

**Ingredients:** 16 oz semi-sweet chocolate, 8 oz heavy whipping cream, 1/4 tsp salt.

*\*Cooked*

**pH: 5.2, Water Activity: 0.80**

### **Dairy Free Chocolate Ganache**

**Ingredients:** 1.5 cups chocolate chips (dairy free), 6 tbsp coconut cream, 1/4 tsp vanilla extract

*\*Cooked*

**pH: 5.2, Water Activity: 0.78**

### **Glaze for Pumpkin Cake**

**Ingredients:** 1 cup powdered sugar, 1.5 oz cream cheese, 2 tbsp milk, 1 tsp vanilla.

**pH: 5.1, Water Activity: 0.84**

### **Coconut Pecan Frosting**

**Ingredients:** 12 oz evaporated milk, 1.5 cups granulated sugar, 3/4 cup margarine, 4 egg yolks, 1.5 tsp vanilla, 7 oz coconut, 1.5 cups chopped pecans.

*\*Cooked*

**pH: 5.2, Water Activity: 0.79**

### **Coconut Pecan Frosting (Better Homes & Gardens)**

**Ingredients:** 1 egg, 2/3 cup evaporated milk, 2/3 cup sugar, 1.33 cups flaked coconut, 1/2 cup chopped pecans, 1/4 cup butter.

*\*Cooked*

**pH: 5.6, Water Activity: 0.81**

### **Coconut Pecan Filling & Topping (Betty Crocker)**

**Ingredients:** 1 cup sugar or packed brown sugar, 1/2 cup butter, 1 cup evaporated milk, 1 tsp vanilla, 3 large egg yolks, 1.33 cup flaked coconut, 1 cup chopped pecans.

*\*Cooked*

**pH: 5.1, Water Activity: 0.77**

### **Creamy Nut Filling**

**Ingredients:** 1/2 cup sugar, 2 tbsp flour, 1/2 cup light cream, 2 tbsp butter, 1/2 cup chopped pecans, 1/4 tsp salt, 1 tsp vanilla.

*\*Cooked*

**pH: 5.2, Water Activity: 0.78**

### **Seven-Minute Frosting (Better Homes & Gardens)**

**Ingredients:** 1.5 cups sugar, 1/3 cup cold water, 2 egg whites, 1/4 cream of tartar, 1 tsp vanilla.

*\*Cooked*

**pH: 5.1, Water Activity 0.83**

### **Cream Cheese Bacon Frosting**

**Ingredients:** 8 slices bacon (fried, crumbled), 1/2 cup unsalted butter (softened), 8 oz cream cheese, 3.5 cups powdered sugar, 2 tbsp water, 1 tsp vanilla.

**pH: 5.2, Water Activity: 0.81**

### **Easy Chocolate Glaze (Betty Crocker)**

**Ingredients:** 1/2 cup semisweet chocolate chips, 2 tbsp butter or margarine, 2 tbsp corn syrup.

*\*Microwaved*

**pH: 4.3, Water Activity: 0.70**

### **Banana Frosting**

**Ingredients:** 1 large banana, ¼-1/2 tsp lemon juice, 1/4 cup butter (softened), 3.5 cups powdered sugar.

**pH: 4.7, Water Activity: 0.80**

### **Lemon Deluxe Bars (filling)**

**Ingredients:** 4 eggs, 2 cups sugar, 1/3 cup lemon juice, 1/4 cup orange juice concentrate, 1/2 cup flour, 1 tsp baking powder, 1/8 tsp salt.

*\*Cooked*

**pH: 4.3, Water Activity: 0.79**

## **Non-TCS with Conditions**

### **Basic Sugar Glaze**

**Ingredients:** 1.5 cups powdered sugar, 2 tbsp milk, 2 tsp vanilla.

**pH: 5.9, Water Activity: 0.85**

### **Basic Buttercream Frosting**

**Ingredients:** 2 cups unsalted butter (softened), 8 cups powdered sugar, 1/2 tsp salt, 2-4 tbsp heavy cream, 2 tsp vanilla.

**pH: 4.3, Water Activity: 0.86**

### **Lemon Curd (Betty Crocker)**

**Ingredients:** 1 cup sugar, 1 tbsp finely shredded lemon peel, 1 cup lemon juice, 3 tbsp cold butter, 3 large eggs (beaten).

*\*Cooked*

**pH: 3.2, Water Activity: 0.94**

### **Chocolate Brownie Cake Ganache**

**Ingredients:** 1 cup heavy whipping cream, 12 oz semi-sweet chocolate morsels.

*\*Microwaved*

**pH: 5.2, Water Activity: 0.85**