

Dear Friend of ASSURE,

As we close 2024, we are so thankful for you and your support. Because of our Assure friends, we have had an amazing year. We truly value you and are glad you are on this journey with us. We wish you the best in 2025.

Should you ever find yourself or someone you care for in need of support, please don't hesitate to reach out to us! Keep in mind, we are not qualified to act in a crisis, please contact 911, 988, or our local Hope Line at 1-800-567-4673 for any emergency assistance. For non-emergency assistance or general questions, e-mail us at [info@assuremc.org](mailto:info@assuremc.org).

Again, thank you for your continued support and friendship. We look forward to a wonderful 2025 and hope we can continue to fight for the emotional well-being and good mental health of our community.

Sincerely,

ASSURE, Area Suicide Support and Resources

## 2024 Assure End of the Year Report

**Outreach:** Assisted two individuals with counseling and medication expenses.

Assisted with funeral expenses for one individual.

Continued partnership with Wright State University (WSU) Lake Campus Psychology Club and Psychology Professor to deliver presentations on Mental Health and Suicide. Presentations have been done by students to at least 4 local organizations and continue to schedule in 2025.

Booth at Mercer County Fair.

Held annual Suicide Awareness and Prevention Walk. Walk was sponsored by 59 local businesses and attended by more than 160 individual walkers.

Participated in several public discussions on local radio shows promoting good mental health including WCSM Spectrum and Fort Recovery Radio.

Maintained Facebook presence with posts about where to get help, positive practices, and working through grief.

**Sponsorship / Donation:** Sponsored Breakfast with Santa put on by WSU Psychology Club.

Sponsored a professional public speaker in three local high schools speaking on mental health, suicide, and hope.

Donated to American Foundation for Suicide Prevention (AFSP).

**Scholarship:** Two \$1000 scholarships were awarded to two local students and Two \$500 scholarships were awarded to local students pursuing mental health degrees.

**Future Plans:** Continue to sponsor professional public speakers in schools and communities to promote mental health and suicide awareness.

Expand and increase scholarship.

Continue to support WSU Psychology Students and expand partnership.

Continue to sending outreach letters and educational materials to local social service agencies, doctor offices, mental health agencies, churches, schools, and funeral homes.

Continue to develop signage promoting mental health to be placed in public settings.

Search for additional ways to promote mental health and suicide awareness in Mercer County and surrounding areas.

Continue to communicate to our supporters and let them know what we are doing throughout the year to promote mental health and suicide awareness on an ongoing basis.