



I'm Wendy and I could be your own personal cheerleader.

As a nurse of over 25 years, I have helped people facing extraordinary (& ordinary) challenges move forward with grace and ease. **That's the inspiration behind all this: [Find Your Way Forward.](#)**

Let's face it, we are meant to thrive in this world, but sometimes we get stuck. Whether it is being swept up in the whirlwind of everyday life or struggling to overcome a major hurdle, **it is possible to get you on track.**

+++ I have been a cheerleader for women stymied with what steps to take (no matter the challenge).

+++ I have helped men unsure how to build a solid relationship with their partner.

+++ I have helped cancer patients undergoing tough treatments; AIDS patients facing death; persons with ongoing pain and other health challenges.

+++ I have assisted marriage partners at odds to connect again.

+++ I have been there for teens mixed up with life choices.

+++ AND, I have been a support to face and complete projects - getting folks UNSTUCK.

The cool thing is? It ***doesn't have to take a long time*** for us humans to find our footing and our way forward. Even in as little as **10 days** of support, you will be delighted with what you accomplish!

There are no fancy formulas or expensive secrets here. It is simply perspective and love. I am your cheerleader. I am the friend who can lend the impartial ear.

And I have spent decades helping others like you with whatever has left you fearful, stuck, and uncertain of what to do next.

Sometimes, having your own cheerleader to get you over that hump is just the thing.

It may feel impossible now, but I promise you can get there. The simple choice to connect will cost you nothing, but if we are a fit this can be the decision that can help you to Find Your Way Forward. **[Let's talk.](#)**