



The Mustard Seed

June 2021

*The Monthly Newsletter
of
St. John's Evangelical
Lutheran Church*

47 McLachlin St. S., Arnprior
Ontario K7S 2Z1

Pastor:

Norine Gullons 613-282-5032
Church Office: 613-623-4562

Church Council

Enid Blackwell	623-7017
Debbie Witt	622-1500
Dave Burkett	618-5729
Cory Weckwerth	793-3701
Andy Kalnins	863-0202
Alison Burkett	618-5716

See us on facebook:

St. John's Lutheran Church Arnprior

On the web: stjohnsarnprior.com

Pastor's Message

We have heard the latest news that the remains of 215 children have been found buried on the site of the once largest residential school in Canada in Kamloops B.C. We grieve with the peoples of the First Nation Community, as this discovery brings to mind again the damage and the lasting impact the Residential School System continues to have on Indigenous individuals, families and communities. The last school closed in 1996 in Saskatchewan. School survivors deal now with renewed trauma over this find, as they remember giving up their native language, customs and even parents.

The TRC - Truth and Reconciliation Commission published 94 calls to action in 2015, urging all levels of government to work together to change policies and programs. This was an effort to repair the harm caused by the Residential Schools and to move forward with reconciliation. Only 10 calls have been accomplished. 60 of the items are "in progress" status. We pray that all levels of the Canadian Government continue to work on these calls of action to heal the wounds of the survivors, so that they too may have a better future.

Continued over — >

"The Kingdom of Heaven is like a grain of mustard seed, which a man took, and sowed in his field; which indeed is smaller than all seeds. But when it is grown, it is greater than the herbs, and becomes a tree, so that the birds of the air come and lodge in its branches."

Matthew 13:31-32

Pastor's Message continued

On another matter, as we look to the future of worship in our churches, we need to ask ourselves some questions. What is essential to stop? What is essential to start? And what is essential to continue? Asked "When will we be back in church?", even your Pastor does not have the answer! Your church council is working on this issue together.

In the meantime we need to remember that the grace of God is always with us and I commend to you the scripture of Philippians 4:vs 6. "Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."

P+Norine

June Event Schedule

DATE	EVENT
Friday June 4 th	Stan Headrick Funeral Service: 11a.m. (Video later)
Saturday June 5 th	AGM for Camp Lutherlyn via Zoom call : 10:00 a.m.
Sunday June 6th	Pentecost II pre-recorded Service with Holy Communion
Thursday June 10 th	Ottawa Valley Pastors meet via Zoom call - 10:00 a.m.
Sunday June 13th	Pentecost III pre-recorded Service - Camp Lutherlyn Sunday
Wednesday June 16 th	Unplugged Team meets via Zoom Wednesday June 16, 8:30 p.m.
Sunday June 20th	Pentecost IV pre-recorded Service of Word & Prayer - Father's Day
Monday June 21 st	Church Council meets via Zoom call—7:00pm
June 25-26	Eastern Synod Assembly 2021—online
Sunday June 27th	Pentecost V pre-recorded Service of Word & Prayer -Red & White Sunday



Council Meeting Minutes-

May 17th 2021

Attendance (via ZOOM)

Enid Blackwell
Jeff Kargus
Alison Burkett

David Burkett
Andy Kalnins

Pr. Norine
Debbie Witt

Meeting was called to order at 7:00 and Pastor opened with a devotion. / Check in round.

1. **Previous Minutes:** Andy moved that the March 15, 2021 minutes be approved with the clarification regarding the addition of budget reallocation in the Finance report, Dave seconded, CARRIED
2. **Finance:** Alison presented the P&L showing Actual vs. Budget, and the Balance Sheet. Alison suggested that we should provide an indication of expectations or past givings, on our special appeals. There was discussion around setting up an outreach fund, with council deciding at the end of the year where the money should be distributed. Suggested mulling this over, and if we were to change then explain it at an AGM. Alison moved and Debbie seconded that the treasurer's report be accepted.
3. **Children, Youth, Family: UNPLUG:** Alison presented the Unplug report. Status and recommendations around the Vulnerable Sector Check and First Aid, and Soft rollout. Camp Lutherlyn approved \$50 certificate to be handout out to new homes.
4. **Pastor's report:** Pastor presented her report. She is currently on Continuing Ed. 3 weeks vacation in July are planned. Pastor Stan has been asked to cover Pastoral Care – waiting response. St. James: due to the lockdown hours at St. James were greatly reduced for April. May 30th 10 a.m. The Deconsecration Service will now be taped by Dave Burkett. Their move is the week of June 1, they need to be out by June 14th.
5. **Communications:** Enid noted that CLWR has an appeal related to the India COVID crisis. Script/ Newsletter delivery: Keith and Beryl Richardson have taken on the more of the 'out of town' route, and Debbie and Bob Witt continue with the other half. Enid is backup for both. This generous offer and delivery work by Beryl and Keith is much appreciated!
6. **Constitution renewal.** Debbie in process of reviewing the model constitution to compare to current.
7. **Outreach:** Andy commented that we are still in the middle of COVID and the Big Give activity is premature at this point – perhaps in the fall.
8. **Property Update:** Grass: Rick and Cathy are willing to cut the grass with Randy as backup. I've reached out to Cathy to talk about the dog droppings problem. Two downspouts are crushed. Dave to purchase plastic extenders.
9. **Technology:** New desk installed at the A/V station.
10. **Other Business**
 - **Reopening:** Waiting for the announcement to know what we can do in June. Delay decision until next council meeting June 21st. Three Sunday's in July require a lay leader – Synod provides the Sermon.
 - Newsletter for weekend of June 4.
 - Enid talked with Karen from the library – it has a program for people without internet "Senior Centre without Walls" – possibly distribute the info with script. Canada Lutheran has feature of Randy and Cory, and Q&A with Randy. Possibly to include in July/Aug newsletter.
 - Newsletter note re building access.

NEXT MEETING: June 21st 7:00p.m. Adjournment: 8:50



God as mothering hen mosaic from an altar in Jerusalem.

A Wish for the Week Ahead

May you find something to smile at,
something to be grateful for,
and something to care about.

May you remember that hard times
are not hard forever, no matter how
it feels while you're in one. May you
trust yourself, even if others may doubt
you, and may you honor each baby step
you take forward. May your coffee be
plentiful, your hope persistent, and
your kindness abundant.



© Sweatpants And Coffee, LLC 2020

Nanea Hoffman

PRAYER LIST

We normally have this list on our Sunday bulletin.
Please pray for these people in your daily prayer:

Please pray for these people in your daily prayers:

From both congregations: Chris & Kathy, Ed & Rosemary, Linda & family, Joe & Shelley, Stan, and Don.

Friends of the Parish: Joan, Leslie, Tere, Lorraine, Mary, Lucille, Spencer, and Brenda.

We pray for all front-line essential workers who keep us safe while providing us with the things that we need for daily living.

Bless you for believing in the power of prayers. If you wish to add a name to this list, please contact Pastor Norine.

Continuation of Online and Script Worship

St. John's continues with online services and delivery of scripts for the present, as gradual re-opening unfolds in Ontario, and in consideration of safety of the faith community and synod advice.

Congregational council will revisit reopening plans at its June 21st meeting, consult more broadly as needed and advise by newsletter, and/or email and written or phone notice when in person worship is resuming.

Do keep in touch round the circle and beyond as you can! And remember, you can leave a message at 613 623-4562 or contact a council member with any questions, needs and concerns.

As always, thank you for faithful care, support and hope. Stay well in this Pentecost and summer time as we more fully enjoy the great outdoors and get outside gardening, walking, and visiting safely in small groups.

TWINS!

Gerald and Barbara Formuziewich are proud to announce the birth of their great grand children on March 6 2021. Boy name: Bowie Shipman: weight 5lb.4. Girl name: Blakely Shipman: weight 5lb.6. Here are some early photos!



Barb writes: Casey & Valerie will be great parents and have so much to look forward to. Thank you, Lord, for blessing our family with this beautiful miracle.



Thank You, Camp Crews and Camp Supporters!

As we mark 'Camp Sunday' on June 13 this year, it's a good time to remember our support for **Camp Lutherlyn** and those folks from St. John's who have worked hard at Camp over the last while to keep it as a welcoming, revitalizing, connecting, fun, restful and spirit-filled spot for many – be it for quilting retreats, family reunions big and small, or family camps. And youth camps will return in time!

Crews: St. John's Arnprior is the sponsor for Cabin #6 (Bethesda). As noted in a recent letter received from Camp Board & Grounds Chair Janice Verch and Treasurer & Buildings Chair Alison Burkett: 'Your congregation was one of the first to respond to our request to get cabins freshly painted with a crew led by Randy Zimmerling in fall of 2019. Thank you for this leadership. In doing the painting work, the crew discovered a rotten beam and got that replaced. Randy and Cathy also started painting the inside of Cabin #6 last year – first of all the sponsoring congregations to take on that challenge.'

So, we thank you, crew leader Randy, and Gerald, Jeff, Cory, Elmer, Dave and Dave's nephew for exterior painting and support beam reconstruction of Bethesda Cabin in 2019. Thank you, Cathy Z. for painting Bethesda inside with Randy in 2020, and for your plans to do more interior painting in 2021.

And thank you, Dave and Alison, for leadership on major projects at the camp: the new washrooms at Bancroft Beach, renovations and a new deck for Rephael Cabin last year, and liaison with the contractor for the design of the new Comfort Station that opens this year.

Supporters:

The thank you letter received also expresses gratitude to the members of St. John's for ongoing support for Camp Lutherlyn. Last year (2020), we donated \$830 which went to many improvement projects as the Camp Board and volunteers work on bringing the camp back to pristine condition.

This Year: If you choose to, you may direct Camp donations to one of 3 places: **1. Operating Fund:** ongoing expenses, **2. Campership Fund:** subsidizing children when overnight camps resume in 2022, **3. Legacy Fund:** for next major camp project (likely toilet building at Hoffman Beach and erection of pre-fab Evergreen cottage). To donate by cheque through St. John's, write in Lutherlyn and the Fund you choose and amount on the 'other' line on your envelope. Direct donations to the camp are also possible by e-transfer to lutherlyn.fin@gmail.com or through Canada Helps.



Clara Zimmerling is 3 already!

Thanks, Clara for sharing your birthday photo with us. Missing you and looking forward to seeing you . . .in time!



June 2021

CELEBRATE!

BIRTHDAYS

June 2nd—Henry Rosien

June 3—Gladys Buder

June 6th—Pastor Norine

June 14th—Cory Weckwerth

June 15th—Anda Kalnins

June 17th—Eric Obst

June 23—Bob Hinchley

June 23rd—Shane Zimmerling

June 24th—Kaleigh Craig

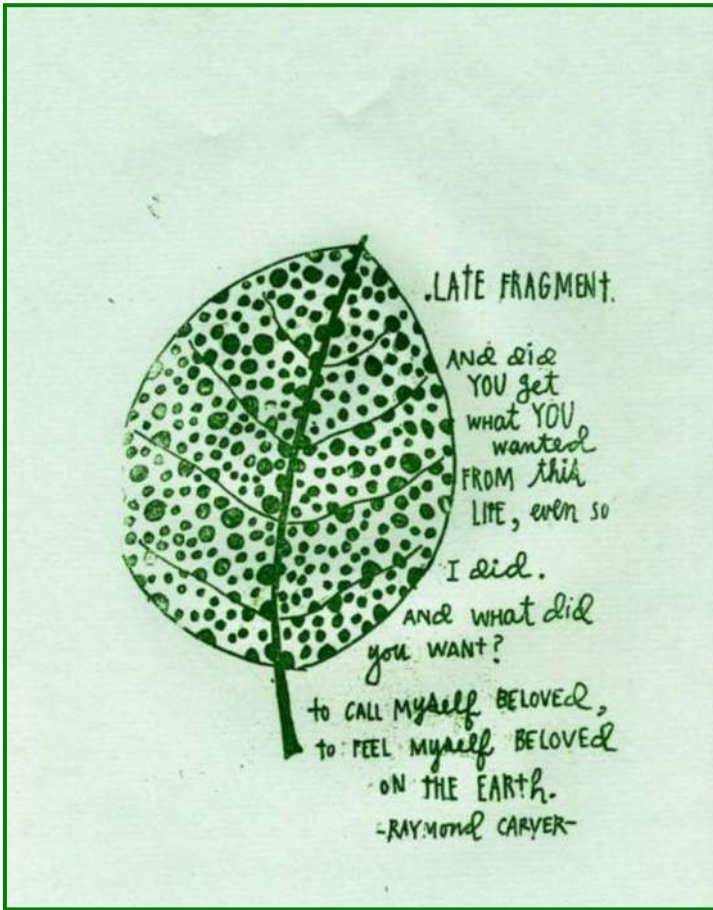
ANNIVERSARIES

June 24th—Barb and Gerald Formuziewich

June 29th—Cathy and Randy Zimmerling

Good News!

Lorne and Maureen Rueckwald are pleased to share the good news that their daughter, **Megan Rueckwald**, recently became Town Planner for the Town of Arnprior. Earlier, Megan graduated with a Masters in Urban and Regional Planning from Queen's University, Kingston and she recently worked as Manager of Community Planning for Frontenac County. We wish you well, Megan, in this important work for the community!



St. James Renfrew



Special Service

On Sunday, May 30, Pastor Norine, together with volunteer producer Dave Burkett, served the good folks of St. James in a de-consecration service for the Renfrew church building, which has been sold. Due to these times, only a few people could attend. You may find and view the video service at:

<https://youtu.be/UICa2tjYeEw>

St. James church community will be faithfully meeting in a chapel at Renfrew's Trinity St. Andrew's United Church on Plaunt Street South later in the summer. James and John communities look forward to continuing to work and be together at times and ongoing close connections through shared ministry.

Fish bite twice a day... before you get there and after you leave.



Newsletter - UNPLUG Youth Program (June)

We've delayed the start of UNPLUG until July to:

- Develop an Abuse Policy and apply for Abuse coverage through our insurance. This is prudent to have for any program involving Youth. (Alison & Andy)
- Go through the Volunteer Screening protocols for Abuse coverage on our existing volunteer base. (Pastor Norine)

It will be a soft rollout of UNPLUG – no promotional activity other than to members and friends of our congregation – to allow us to test our procedures. Until Renfrew OPP opens up processing Vulnerable Sector Checks, all UNPLUG programs will be led by Rev. Sue Nevile (our Program Coordinator) and Alison and Dave Burkett, who were able to get their checks done in other OPP jurisdictions.

St. John's Ambulance will be running a private 2-day First Aid training course for us – 1 day on-line work and 1 day in person. Everyone on the planning team and several other volunteers are interested. Rev. Stan Johnstone has most generously offered to pay for the cost of the 8 minimum people taking the course and he's arranged for an instructor Rev. JoAnne Lam to lead the course. Scheduling is underway.

The trip to the Zimmerling Farm to see baby animals is postponed to next spring. The Community Garden project will be started as a church volunteer effort led by Jeff Kargus, with the UNPLUG youth participating for the fall harvest. We were successful in getting a grant from the town towards the materials for the garden.

Next Zoom meeting: Wednesday, June 16, 8:30 p.m.

UNPLUG Planning Team: Alison, Enid, Ryan, Pastor Norine, Rev. Sue, Jeff, Andy and Rev. Stan

Laughter:

Sister Mary Ann, who worked for a home health agency, was out making her rounds visiting homebound patients when she ran out of gas. As luck would have it, a Texaco Gas station was just a block away.

She walked to the station to borrow a gas can and buy some gas. The attendant told her that the only gas can he owned had been loaned out, but she could wait until it was returned. Since sister Mary Ann was on the way to see a patient, she decided not to wait and walked back to her car.

She looked for something in her car that she could fill with gas and spotted the bedpan she was taking to the patient. Always resourceful, the Sister carried the bedpan to the station, filled it with gas and carried the full bedpan back to her car.

As she was pouring the gas into her tank, two Presbyterians watched from across the street. One of them turned to the other and said, "If it starts, I'm turning Catholic!"

Meet Our Members



Our thanks to **Lois Rosien** for starting this meet-up! Listen in as Lois chats.

Well, where do I start.....Henry and I will be married for 64 years in September. We have a large family 4 children, 6 grandchildren and 7 ½ great grandchildren, with lots of adopted kids – many who call me ‘mom’ or ‘gran’.

Let’s go back a little bit father - I grew up on a farm outside Eganville. There, as the 2nd of 7 children, I learned a lot – I ran the separator to collect cream, which we sold to the Creamery, I cared for 5 younger siblings, made meals and did household work, often while my parents and older brother did the farm work. A **favourite memory** is spending time with older brother Wilmer. He always looked out for me. Weekends, if I found he was going out, I’d ask ‘Can you take me with?’ and if dad said ‘yes’ when I did the car ask, off we’d go to Sunnydale Acres on Lake Dore for country dances. As kids, we raised a lamb together, and earned a wagon and doll carriage as payment, with the added Christmas surprise of a baby doll for me. As a teen, I became assistant leader of our C.G.I.T. girls’ group, and I included them in our wedding – as a gladioli honour guard when Henry and I left the church!

When Henry and I married we lived in Pembroke where our children were born and baptised at Zion Lutheran Church. We then moved to Braeside 52 years ago. I worked briefly at Eddy Match, Playtex and Home Hardware, but the **job that worked the best for me** was kitchen/serving work for Valley Caterers at the Canadian Emergency Measures College – as this gave me summers off to be with my 4 growing kids. **Being with kids** has always been important to me—my mom praised my good care giving and children’s activities. As a mom, I was involved with my boys and their friends in hockey and baseball - driving, helping, cheering. With the girls I was there as well, teaching them and of course supplying meals for their friends that popped in. One of my nick-names was the ‘Braeside taxi’. Once the children got older, I worked on a lot of various committees in Braeside and I ran weekly euchre nights for 19 years.



I take joy in doing crafts, trying many different types over the years but now mostly knitting and quilting. I love seeing a design on a quilt come to life when I stitch, and have made quilts for family, fairs, and for passing on where needed. Here are some ‘tied’ quilts I made lately from stored material –they’ll go on for local needs, like a shelter, or the Hospice.

As like many of you, I look forward to when this pandemic is over, and I’ll be able to gather with my family – especially with my great grandchildren, whom I am patiently waiting to hug and play with again.

Continued over ...>

Meet Our Members, continued

My church life at St. John's began years ago, when Roddy Murray-Hills talked me into teaching Sunday School. Though hesitant, as I'd not done this before, I began - first with the littlest ones, then grade 4, and later I helped lead a busy youth group. Over time, you would find me on the kitchen committee, serving on council, making ground cloths to send overseas, ushering, reading and counting with daughter Lynn as partner, and planning celebrations –birthdays and anniversaries. I still do some of that, keeping track of members' special days, and often reach out with phone calls.

I really like St. John's because immediately I felt welcomed and accepted just as I am- everybody was friendly - we can greet and connect at service and during peace sharing. I hope our faith community can continue to be 'church' and be able to meet and welcome people.

About 10 years ago, I struggled when I became older very, very fast with health issues. My mind has many ideas, and my body won't let me do them! For this, and other rough paths that have come my way, I turn to a favourite saying, **'If God brings you to it, He will bring you through it. Just believe.'**

We think we're so much smarter these days, but 50 years ago, the owners manual told you how to adjust the valves.



Today it tells you not to drink the contents of the battery.

A little boy was waiting for his mother to come out of the grocery store. As he waited, he was approached by a man who asked: "Son, can you tell where the Post Office is?"

The little boy replied, "Sure! Just go straight down this street a coupla blocks and turn to your right."

The man thanked the boy kindly and said, "I'm the new pastor in town, I'd like for you to come to church on Sunday. I'll show you how to get to Heaven."

The little boy replied with a chuckle, "You're teasing me right? You don't even know the way to the Post Office."

INDIA COVID CRISIS



India’s total number of COVID-19 cases has risen to over 27 million, and the death toll has passed 300,000.

Karin Achtelstetter, Executive Director of Canadian Lutheran World Relief, advises that through CLWR’s membership in the Canadian Humanitarian Coalition, and the Coalition’s involvement with ACT Alliance, local partners in India are responding immediately to the India COVID crisis.

The healthcare system is being supported with oxygen, ventilators, field hospitals and PPE, promoting COVID vaccination and safe hygiene practices, and ensuring food security and basic survival for vulnerable families.

If you care to, you can directly donate at clwr.org/India or by phoning CLWR office at 1-800-661-2597 (Monday to Friday, 9:00 a.m. – 4:00 p.m. CDT), or by mailing a cheque to:

600-177 Lombard Avenue, Winnipeg, MB R3B 0W5

Access to the Church During Construction

As construction begins, access during the week to the rear door from Alicia street may not be possible. It should always be possible to park on McLachlin and walk around the church on the parsonage side of the building.

VOLUNTEER SCHEDULE FOR JUNE 2021

DATE	READING	ALTAR	COUNTERS
June 6 th	Andy Kalnins	Barb and Gerald	Mel and Marion
June 13 th	Debbie/Jeff Kargus	Barb and Gerald	Mel and Marion
June 20 th	Joanne Bretzlaff	Barb and Gerald	Mel and Marion
June 27 th	Cathy/Randy Zimmerling	Barb and Gerald	Mel and Marion