



The Mustard Seed

*June 2022
Newsletter*

*of
St. John's Evangelical
Lutheran Church*

47 McLachlin St. S., Arnprior
Ontario K7S 2Z1

Pastor:

Rev Norine Gullons: 613 282-5032
Church Office: 613 623-4562

Church Council

Enid Blackwell (Chair)	623-7017
Debbie Witt (Sec'y)	622-1500
Andy Kalnins (Vice)	863-0202
Dave Burkett	618-5729
Rachel Roesner	804-3392
Fred Steinke	298-5017
Pastor Norine	623-4562
Alison Burkett (Treasurer)	618-5716

See us on facebook:

St. John's Lutheran Church Arnprior

On the web: stjohnsarnprior.com

"The Kingdom of Heaven is like a grain of mustard seed, which a man took, and sowed in his field; which indeed is smaller than all seeds. But when it is grown, it is greater than the herbs, and becomes a tree, so that the birds of the air come and lodge in its branches." -Matthew 13:31-32

Pastor's Message

Being "Church" in a new time

We have all watched the many changes in the world over the past 2 years, but also in our own communities and our own church. When I am talking about "church" I am talking about the good people of God who adhere to St. John's Lutheran in Arnprior.

We were *crusing along*, but the reality was that the way we did everything had to change; worship, pastoral care, Sunday school, outreach and social times together. Now, we miss seeing our younger families during worship. We miss the mutual sustenance and collective caring that happens when people gather together. We miss the people who have died in the past 2 years. We miss "working" for justice.

Tacking is a sailing manoeuvre used by a sailing vessel, whose desired course is into the wind, turns its bow toward and through the wind so that the direction from which the wind blows changes from one side of the boat to the other, allowing progress in the desired direction. Many of you have already been testing the present winds and are making decisions that will direct your personal futures.

As human beings we all crave belonging, understanding, safety, and discovery. This, in Abraham Maslow's view, is what it means to be human. To use the *sailboat metaphor*, "while we each travel in our own direction, a wave could come crashing down on all the boats at once making us realize that at the end of the day we're all sailing the vast unknown of the sea. Together." (Scott Barry Kaufman)

So, what will it take for our "church" to *sail ahead*? - To work together towards greater stability – to explore some possibilities-to create a way forward as we pay attention to each other stories? What is our faith community's focus in 2 years time? or even in 5 years time?

Your Church Council has formed a **Visioning Team**. This "**Visioning Crew**" will design ways for you to be fully engaged in these discussions and questions, in looking ahead for all of us. During the next 6 months the **Team** will be asking for your opinions, your creativity, and your imagination.

Continued over—>

Pastor's Message continued:

We may be sailing in the midst of uncertain “waters”, but God is in the midst of us all. I pray that He/She will help us discern a way forward and a void the storms that may threaten us.

You are faith filled resilient people! We need each of you to keep a sharp lookout ahead. This is your church! I am just the Pastor. May God bless our sailing days ahead! P+Norine

June 2022 Event Schedule

DATE	EVENT
Wednesday June 1 st	11 a.m. Private burial Helen Neumann
Saturday June 4 th	9:30-noon Ottawa Valley Ministry Area Lay Leaders event, Zion, Pembroke
Sunday June 5th	10:30a.m. Pentecost—Worship service of Word & Prayer
Tuesday June 7 th	7:00pm “Visioning Ahead” Team
Thursday June 9 th	9:30a.m. Pastors meet at Camp Lutherlyn
Saturday June 11 th	9:00—Men’s Breakfast, Jim’s Restaurant
Sunday June 12th	10:30a.m. Holy Trinity—Worship service with Holy Communion 1:00p.m. Church Hospice Hike & Barbeque (see ad in news-letter)
Sunday June 19th	10:30a.m. Father’s Day—Worship service of Word & Prayer - Coffee hour in the lounge after service.
Tuesday June 21 st	National Indigenous Peoples Day across Canada.
Sunday June 26th	1030a.m. Camp Sunday—Worship service with Holy Communion
Monday June 27 th	7:00p.m Church Council
Sunday July 3rd	10:30a.m. Red & White Sunday, Service of Word & Prayer special Coffee hour in the lounge after service.

Minutes of the May 25th, 2022 Council Meeting

Attendance: Enid Blackwell Pr. Norine (Zoom) David Burkett (Absent)
 Debbie Witt Alison Burkett (Zoom) Andy Kalnins (Absent)
 Meeting was called to order at 7:00 Fred Steinke Rachel Roesner (Zoom)
 pm.

Pastor opened with a prayer.

1. **Previous Minutes:** Fred moved that the April 25, 2022 minutes be approved as distributed. Debbie seconded, CARRIED.
2. **Short Term Mission Grant:** Email Vote, April 28: Moved by Debbie, seconded by Andy, that St. John's Lutheran Church submit an application for a Short Term Mission Grant for the funding of a one day off-site visioning retreat in the Autumn of 2022. CARRIED
3. **Finance:**
 - Budget deficit remains relatively the same at \$2,272. Commitments are \$1,250 under budget. Investment return (ELFEC) is \$1,568 below budget. A financial report will be in the June newsletter.
 - Signing authorities for the bank is arranged for Friday, June 3. For Insurance renewal an official Board members list is required and will be prepared with answers to some questions.
 - Possible interest from Arnprior Lionettes in renting space starting September for monthly meetings. This will be confirmed after their June meeting.
 - After attending a Synod Webinar "Joyful Generosity", Alison suggested a meeting of Cathy Zimmerling, Enid, Pastor and herself to discuss a number of ideas from this Webinar.
 - Given high cost of clear environmentally friendly bags, Alison proposed SJL information for new homes be plastic packaging with note: 'please recycle' added. M by Rachel, S by Fred. CARRIED
 - Alison Moved, Debbie Seconded that the financial report be accepted. CARRIED (Alison left meeting)
4. **Pastor's report:** The Continuing Education homiletics course was very good. It was a U.S. based course with 20 countries participating and 600 on livestream. Pastor will be on holiday from July 7-August 4. July 3 will be a holy communion Sunday before her holidays. There will be 4 Sundays of Word and Prayer. June 4 is the Ottawa Valley meeting to discuss "The Church after Covid", at Zion Pembroke. Representatives from SJL will be attending. Pastor would like to resume full communion starting on May 29. Some discussion and agreement to go ahead.
5. **COVID Protocols/Social:** Andris reported (via email) that since the basement will not be available, due to floor replacement, they recommend any social be deferred for another month. Discussion on holding socials in the board room and the lounge upstairs. It was felt that if the large beige chairs are removed there is room to hold simplified socials upstairs for those who wish to attend. It will be brought to the "social team" Debbie Kargus and Barb Formuziewich to consider if this may work and an approximate start date determined. Suggested maybe hold every 2nd week or even once a month for now.
6. **Outreach (email):** Several helping at Lutherlyn cleanup. Walk for Hospice and picnic with BBQ is on Sunday, June 12. A flier will be in the newsletter with details.
7. **Communications:** Newsletter input June 1 for June 4/5 publication. On May 15 there were 15 members in attendance at St. James with Bishop Michael. A "garden blessing" was proposed during a fellowship or end of service time to be determined. Report on 'Joyful Generosity' webinar.

Continued over ———>

Council Minutes continued:

8. **Operations matters:** There was a Zoom meeting with Synod Archivist Cindy Preece who gave guidelines on what material meets the criteria and on packaging it to her. Recent SJL records were uncovered dating to the beginning of SJL. Ribbon bookmarks are being considered for our ELW hymn books to be made by our crafters.
9. **Property** (report from Dave): Storm windows removed and screens installed in the loft. An outside hose bib is to be installed close to the rain barrel. Randy has coordinated a grass cutting schedule. Battery replacement in basement smoke detector (beeping). Faucet is to be replaced in the lounge (leaks). Discussion: planned clean-up days of rooms proposed for either Wednesday, June 15 or 22 for retirees to participate and possibly Saturday, June 18 or 25 for others to help.
10. **Technology:** No report.
11. **Other Business:**
 - Visioning Process (May 26 design team meeting) Meeting now proposed for June 7.
 - Planning Cycle (through August reviewed)

Closing – Round Table and Prayer

Next meeting: Monday, June 27 at 7:00 Adjournment: 8:15 p.m.

PRAYER LIST



We normally have this list on our Sunday bulletin.
Please pray for these people in your daily prayers:



From our congregation: Ed & Rosemary, Linda & family, Vicki, Jacqueline, Kenny T.

Friends of the Parish: Tere, Kathleen & Kye (all connected to Enid) Lorraine (Rhonda McTeer's sister) children -Briar & Alivia (connected to Joy), Ed (Bob Witt's cousin), George W. (P+Norine) and Lynne Z.

All the people listed on our **Friends list** are dealing with cancer - except the 2 children.

Bless you for believing in the power of prayers. If you wish to add a name to this list, please contact Pastor Norine.

JUNE
12



HOSPICE AWARENESS TRAIL WALK AND PICNIC

Sunday June 12th 2022 1pm to 3 pm

Clay Bank Nature Park 1511 White Lake Road

Bring an appetite, walking shoes, a lawn chair, and a camera to walk the easy and short trails of this beautiful reserve on the Madawaska River . See the established trees and see the new plantings of Spruce and Black Walnut There will be canned drinks, pork hotdogs, and condiments but bring other foods as you require

Learn about the Renfrew Hospice and how to support it

Note: by the time you read this, the event will have taken place. Nevertheless, Council wants you to be aware that St. John's sent: Pastor Norine, Pastor Stan, Enid, Randy, Jeff, and Alison. Feel free to speak with any of them if you wish to know more.

**Attention Pastors and Leaders of your Congregations!
The Ottawa Valley Ministry Leadership Team brings**

"SYNOD COMES TO THE VALLEY"

Saturday, June 4, 2022

A morning presentation is planned to explore

"Building Community"

Pastors Doug Reble and Adam Snook, Assistants to the Bishop will be leading discussion and breakout groups in the areas of: Volunteers, Socializing, and Technology concluding with "A Look to the Future"

Place: Zion Lutheran Church Pembroke – Fellowship Hall

Time: Coffee at 9:30 am -wrapping up by noon hour

Who to bring? As we are exploring ways to be the church in a new time (working within pandemic environment), may we suggest that you bring the leaders of your congregation that have an interest in these topic areas.

"The older I get, the better I used to be." – Lee Trevino

"I was thinking about how people seem to read the bible a lot more as they get older, and then it dawned on me—they're cramming for their final exam." - George Carlin

Thank
You

I would sincerely like to thank Pastor Norine, organist Karen Prince, and the congregation for making my husband Bill's funeral a wonderful memory for me, our family, and our friends.

We especially appreciated the tolling of the church bells 97 times for his age.

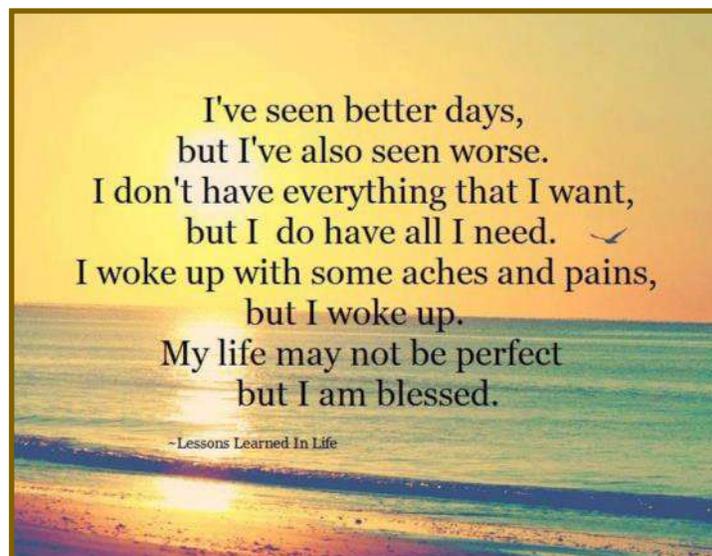
We will cherish all the kind words spoken that day from you Pastor. We thank Jeff Kargus and Maureen Rueckwald for their readings. I also would like to thank our granddaughter Karina for her eulogy for her grandfather.

Sincerely, Marion Koops

ETERNITY FOR TODAY~DAILY DEVOTIONAL BOOKLETS are now available for the summer, on the table in the narthex.

Pastoral Care: Please inform Pastor Norine by calling/texting her home phone should you become hospitalized or critically ill at home. Or have your Power of Attorney place the call to Pastor. If you become hospitalized - due to privacy laws- Pastor may not initiate a visit unless you request it. Thank you.

In memorials: Please keep the families of the following members in your thoughts and prayers: Helen Neumann & Ron Schultz.



GRANDPARENTS' GRADUATES:

Congratulations to Marcia & Natalie and Grandparents Keith & Beryl Richardson



Marcia Richardson of Ottawa completed her Post-Graduate degree in Exercise Science for Health and Performance at Niagara College '21-22, following obtaining a Bachelor of Physical Education with Honours at Brock University '16-20. As a Kinesiologist, Marcia has recently moved to Vancouver.



Natalie O'Neil of Belleville, Marcia's cousin, graduated from Bayside Secondary School this year. She is going to the University of Ottawa in September, where she will study Business with a Specialization in Accounting in the French Immersion stream and CO-OP program. Natalie wants to be a Forensic Accountant.

AN AWARD FOR THE BRETZLAFF BROS & THEIR BUDDIES

Men's Shed was honoured to receive the Not for Profit Excellence award at the Greater Arnprior Chamber of Commerce event on May 18.



MAY WORSHIP



Beauty on May 1. Flowers in memory of **Bill Koops**. Thank you, **Marion and family** for this gift.



Our Pastor Norine and our Bishop Michael. Joint worship with St. James in their beautiful chapel in Trinity St. Andrew's United building in Renfrew, May 15. Thanks to the many from St. John's who shared in this occasion!



Kalin Brohart read the Prayers of the People on May 22. He got to step up on a 'booster box' at the lectern, repurposed specially by **Lorne Bretzlauff**. After practising at home for such ministries as reading for us, he gets to relax with Bennett.

Grandpa Bob Witt and Phoenix Barnhart ring out the Lord's Prayer as we pray together during Holy Communion worship on May 29.



National Indigenous History Month – June book study

The Eastern Synod Circle for Reconciliation and Justice (CRJ) will coordinate a Synod-wide book study for the month of June, National Indigenous History Month.

The CRJ has chosen the book ***Five Little Indians*** by **Michelle Good**. It can be bought in bookstores, ordered online in ebook or paperback, or borrowed from your local library. It is available through [Goodminds](#), an Indigenous independent outlet.

Michelle Good is a writer of Cree ancestry and a member of the Red Pheasant Cree Nation in Saskatchewan, her novel is about five young people emerging from a remote residential school where they had been sent as small children.

We will meet on Wednesday June 8 at 7pm at Zion in person for an opening discussion. We will then gather Wed June 29 7:00pm at Zion for a closing discussion.

You will have an opportunity to join a zoom session hosted by the Eastern Synod. You can do this on your own. "Book Study Wrap-up" will be held **on June 20, 7 to 9 pm EDT**. In the first part we will ask participants to share what they found to be most meaningful and important about the book. The second part will be devoted to a discussion of the meaning for our congregations as we seek to live into truth and reconciliation moving forward.

The link to the Zoom Book Study session: June 20th, Wrap-Up Event, 7-9 pm –

https://us02web.zoom.us/join/zoom/register/tZUIcOGoz8pHt0OdN73AeLoRQ6w06N_JIQ4

June 2022



BIRTHDAYS

- June 2nd—Henry Rosien
- June 3rd—Gladys Buder
- June 6th—Pastor Norine
- June 14th—Cory Weckwerth
- June 17th—Eric Obst
- June 23rd—Bob Hinchley
- June 23rd—Shane Zimmerling
- June 24th—Kaleigh Craig

ANNIVERSARIES

- June 24th—Barbara and Gerald Formuziewich
- June 29th—Cathy and Randy Zimmerling

GIFTS OF CREATION

The moon is eclipsed, May 15.
 (photo: Anda Sprudz)



Wood ducks courting, (photo from friend Les)



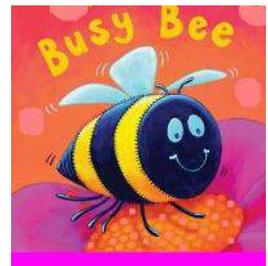


FELLOWSHIP RETURNS!

Thanks to the planning and leadership of Debbie Kargus and Barbara Formuziewich, we will soon have a chance to gather over coffee and tea or a cold drink again after worship! We will try this first on **June 19**. It will be a simple refreshment time, served carefully just outside the lounge, with a few spaced out tables in the lounge. Weather allowing, you can also sit outside. All going well, the next occasion would be **July 3**. Please come if you are well and able to join in. It is your choice. We hope to see you!

BUSY BEES IN JUNE!

Your congregational council and Pastor Norine are interested in getting going on room and area clean up inside the church building in June. This may involve not only some sorting and light cleaning, but also disposing of some items.



Can you assist on either (or both) of these two work bee days?

Wednesday, June 15 and Saturday, June 18?

And if so, where would you like to work?

Organ loft	Narthex	Vestry
Downstairs' cupboards/shelves	Kitchen	Safe/furnace room
Back entry area	Photocopy room	Lounge
Boardroom		

We will try and identify a 'lead' for any questions you (and your work partner!) have as you work.

We will aim for a 9:30 a.m. start. End when you wish, and bring along a snack for your break time.

Please contact: Dave Burkett:
dave.burkett@gmail.com or
613 618-5729

with your date and work preferences and more info will come as needed.

Thank you for pitching in!



UNPLUG Youth Program

In May, we held 3 UNPLUG events:



May 1: “Spring Bird Walk at the Mill of Kintail”: 6 kids and a number of adults joined Ken and Ruth Allison, members of the Mississippi Valley Field Naturalists, in a stroll around the trails at the Mill of Kintail. Ken & Ruth were amazing – identifying birds by their calls and then helping us see them. Ken noted that at least some of the group saw the following birds: Canada Goose, Cooper's Hawk, Yellow-bellied Sapsucker, Northern Flicker, Eastern Phoebe, American Crow, Black-capped Chickadee, White-breasted Nuthatch, American Robin, Chipping Sparrow, Song Sparrow, and Pine Warbler. (Ken saw another 8.) Everyone also enjoyed seeing some plants (bloodroot, trout lilies, black cherry tree, blue cohosh), puff balls & bracket fungi, a now-unused Chipping Sparrow nest; and one of the kids spotted a garter snake.



May 15: “Farm & Forest Adventures – Part 2”. This was the second of our 3-part series at the Zimmerling Farm. 14 kids attended. Luckily, the weather mostly cooperated although with the dark clouds, Julie had everyone stick closer to the house and barn than they would otherwise have done. They had a heavy downpour that lasted about half an hour but some baby chicks helped pass the time in the barn!



May 29: “Plant the Garden”. Well, we thought we were going to have 5 “real” kids for this event, but unfortunately, none could make it. Instead, we had some big kids who had fun helping Jeff get the garden beds ready and planted – although rumour has it, that the big kids didn’t like earthworms as much as little kids do!

(Our garden watering volunteers are all set for the summer. Our teams are: Pastor Norine, Cathy Z, Keith & Beryl, Joy, Debbie W & granddaughter Phoenix, Mel & Marion, Elmer & Marion, and Alison – with some others available as back-up.)



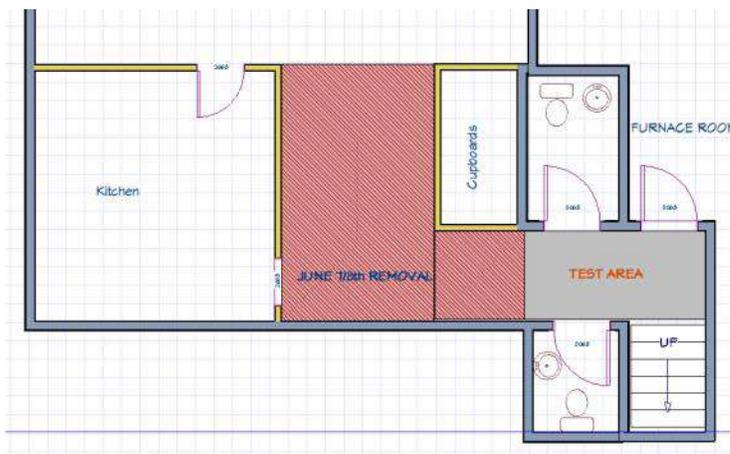
UNPLUG Planning Team

Our UNPLUG planning team includes Pastor Norine, Ryan Zimmerling, Enid Blackwell, Jeff Kargus and Alison. Discussions over the last month have included the following:

- Now that UNPLUG seems to be well underway, perhaps it's time to broaden the scope of the planning team to include all Youth activities – UNPLUG, Sunday School, Vacation Bible School, Youth Movie Nights, etc. This move is something Ryan welcomes.
- The Planning team could also support Pastor Norine and the Worship & Communications Committee in worship and communications plans that will have an emphasis on youth and young families. We are interested in inviting our UNPLUG kids (whether they are affiliated today with St. John's or not) to worship activities which have a strong youth involvement.

UPDATE ON THE BASEMENT FLOOR

Randy has ripped up a test section at the bottom of the stairs in order to understand what we're dealing with. Based on what was found there, we plan to remove another section during the week of June 6th. We will be removing the section shown in the diagram in red. We will update the congregation after this has been done.



Robbery

Thanks everyone for your phone calls and concern.

First off, I'm OK, I was a bit shaken up though. For those of you that aren't aware, I was robbed at a gas station earlier this morning.

After my hands stopped trembling, I managed to call the Police.

They were quick to respond and calmed me down because my blood pressure went through the roof! My money is gone however. The police asked me if I knew who did it and I told them,

"Yes, it was **pump number 2.**"

VOLUNTEER SCHEDULE FOR JUNE 2022



	Weeks (Sun-Sat)	Watering	Grass Cutters
<i>Daily watering</i>	29-May	Cathy Z	Randy
	5-Jun	P+ Norine	Randy
	12-Jun	Keith & Beryl R	Jeff
	19-Jun	Joy S/ Cory	Cory
<i>Watering 2-3 times/week</i>	26-Jun	Debbie W & Phoenix	Bob
	3-Jul	Alison B	Dave
	10-Jul	Mel & Marion B	Lorne R
	17-Jul	Elmer & Marion L	Cory
	24-Jul	Debbie W & Phoenix	Bob
	31-Jul	Alison B	Dave
	7-Aug	Mel & Marion B	Lorne R
	14-Aug	Elmer & Marion L	Jeff
	21-Aug	Joy S/ Cory	Cory
	28-Aug	Keith & Beryl R	Randy
	4-Sep	Elmer & Marion L	Jeff
	11-Sep	Debbie W & Phoenix	Bob
	18-Sep	Cathy Z	Lorne

DATE	READING	ALTAR	USHERS/ COUNTERS	BUILDING
June 5th	Jessica Elliot & Jacob/Sawyer	Barb & Gerald	Andy & Cory	Gerald
June 12th	Cathy Zimmerling	Barb & Gerald	Andy & Cory	Gerald
June 19th	Andy Kalnins	Barb & Gerald	Andy & Cory	Gerald
May 26th	Melissa Watt & Kalin Brohart	Barb & Gerald	Andy & Cory	Gerald
July 3rd	Debbie/Jeff Kargus	Beryl & Keith	Lorne & Maureen	Gerald