



The Mustard Seed

May 2023

Newsletter

of

*St. John's Evangelical
Lutheran Church*

47 McLachlin St. S., Arnprior
Ontario K7S 2Z1

Church Council

Andy Kalnins (Chair)	863-0202
Debbie Witt (Sec'y)	622-1500
Enid Blackwell (Vice)	623-7017
Dave Burkett	618-5729
Fred Steinke	298-5017
Mellissa Watt	858-9932
Pastor Norine	623-4562

See us on facebook:

St. John's Lutheran Church Arnprior

On the web: stjohnsarnprior.com

"The Kingdom of Heaven is like a grain of mustard seed, which a man took, and sowed in his field; which indeed is smaller than all seeds. But when it is grown, it is greater than the herbs, and becomes a tree, so that the birds of the air come and lodge in its branches." - Matthew 13: 31-32

Pastor's Message

A Prayer

Lord God, we thank you for today and all of our blessings.

Especially we thank you:

- for the dawn of the resurrection of our risen Savior.
- for birthday parties and new volunteers.
- for fellowship, team work & laughter and prayers answered.
- for a renewed Sunday school and teens to be confirmed.
- for good worship during Holy Week; good musicians and joyous singing; a Good Friday Drama reminding us of the people who surrounded Jesus.
- for our partnerships with others in our community.
- for all your gifts of healing and blessings.

We pray that in the month of May you will continue to bless us, and renew our weary world and community.

Especially we pray -for those who need to flee their homelands. Grant them grace and strength that they may not be overcome in adversity.

- for Camp Lutherlyn and for those living and those working at Hospice,
- for our Ottawa Valley Ministry Area Churches and all lay leaders,
- for all who work for peace and the preservation of our earth.

Help each and every one of us to remember that it is only through you and by the grace of God that we are able to be who we are and do what we need to do every day. In Jesus name we pray. Amen

Pastor Norine+

PRAYER LIST

Please pray for these people in your daily prayers:

From our Congregation: Vicki, Ed, Jacqueline, Paul, Rachel.

And Friends of the Parish: Tere, Briar, Alivia, Ed, George W., Lynne Z., Claude, Roy, Amy, Adan, Cheryl & Ramez, Richard.

We pray for those moving this spring.

May 2023



BIRTHDAYS

May 2nd—Karen Greening

May 2nd—Melissa Kargus

May 3rd—Dorothy Homer

May 15th—Andy Kalnins

May 23rd—Paula Mainprize

May 25th—Keith Richardson

May 26th—Clara Zimmerling

May 28th—Marion Bretzlaff

Anniversaries

May 21st—Keith & Beryl Richardson

1. **Saturday May 13th** will be the spring workday at Camp Lutherlyn. Please share this message with anyone you like.

Please let me know at this email address: info@lutherlyncamp.ca if you are planning to join us - even if it is just for a few hours.

The day will run from 9:00-2:00, and lunch will be provided. . . . Janice Verch

2. **Saturday May 6th**—10:00a.m. —Camp Lutherlyn **AGM** -(Virtual). Visit Website for details: lutherlyncamp.ca
3. The camp needs one more lifeguard and 1 more female counsellor. Contact Rev. Sue Nevile.



May 2023 Calendar

DATE	EVENT
Sunday April 30th (Live Stream)	<ul style="list-style-type: none"> • 10:30a.m. Worship service of Word & Prayer—Organist Karen Prince • 11:30a.m.—Luncheon for Lois Rosien's 85th
Thursday May 4 th	10:00a.m. Prayer team meets every Thursday in Pastors office
Saturday May 6 th	10:00a.m. —Camp Lutherlyn AGM -(Virtual). Visit Website for details: lutherlyncamp.ca
Sunday May 7th 5 th Sunday of Easter YouTube Music	<ul style="list-style-type: none"> • 10:30 a.m. Worship with Holy Communion. • 8:30 – 10:15a.m. “Easter Breakfast” sponsored & prepared by “The Mens’ Breakfast Group” <i>see ad in newsletter.</i>
Wednesday May 10 th	7:30p.m. — ZOOM Confirmation Class
Thursday May 11 th	9:00a.m. Ottawa Valley Pastors meet in St. John's Lounge
Saturday May 13th	10:00a.m. — Camp Lutherlyn Clean up day. See ad in newsletter for details.
Sunday May 14th 6 th Sunday of Easter YouTube Music	<ul style="list-style-type: none"> • 10:30a.m. Worship service of Word & Prayer—Mother's Day • Last day of SUNDAY SCHOOL 10:00—11:45 a.m.
May 14th—May 19 th	<p>Pastor away for Continuing Education Week.</p> <p>Pastoral care coverage: St. James: Rev. James Murray. St. John's: Rev. Martin Malina.</p> <p>Please call the respective church office if needed.</p>
Saturday May 20 th	1:30p.m. — Zohr Funeral Home Renfrew- Celebration of Life for Nona Thom — guests by invitation only.
Sunday May 21st 7 th Sunday of Easter YouTube Music	10:30a.m—Worship Service of Word & Prayer
Wednesday May 24 th	7:30p.m. — ZOOM Confirmation Class
Saturday May 27 th	9:00a.m.— Men's Breakfast group meets at Jim's Restaurant
Sunday May 28th (Live Stream) Guest organist: Karen Prince	<ul style="list-style-type: none"> • 10:30 a.m.—Worship with Holy Communion. • 11:30 — Coffee Hour • Installation of Rev. Sue Nevile (¼ time Youth ministry) Zion Lutheran, Pembroke.
Monday May 29 th	1:00 p.m. — Church Council meets



Minutes of the April 17th, 2023 Council Meeting

Enid Blackwell

Pr. Norine

David Burkett

Attendance:

Debbie Witt

Fred Steinke

Andy Kalnins

Mellissa Watt

Meeting was called to order at 1:00 pm.

1. Pastor opened with a prayer.
2. **Previous Minutes:** Debbie moved March 20, 2023 minutes be approved with change under Pastoral Report that Pr. Martin Malina would cover, not Pr Stan. Enid seconded. **CARRIED.**
3. **Finances:** Thanks expressed to Alison and Randy, especially re: CRA and budget work. Commitments income \$17,748, same 2022 in this period, and \$3,900 below budget. Rental income exceeds budget, given Muslim prayer group and union rentals. Pastoral Ministry expenses under budget as not yet adjusted retroactively to Jan.1 from 2022 compensation levels; other ordinary expenses largely as projected: increased utility costs, shed purchase. Deficit of \$1227 reduced when investment return included. Other income, including grant for Snack Pack, and CLWR Emergency Food funds, almost all expenses. Administrative expenses to increase monthly by \$150 plus QuickBooks online charge for bookkeeping services by Adam Rueckwald. Enid moved and Fred seconded, financial report acceptance as presented. **CARRIED**
4. **Property:** Report from Randy: Trail cam was refreshed with new batteries due to nuisance concerns. Chair lift inspection was completed. Sale of 20 wooden chairs and lectern completed. Fred purchased and installed brochure holder. One storm window to be removed and examined for repair. Looking to schedule electric sub panel replacement in May. Looking at accessible washroom requirements. Dave to work out functional and technical aspects.
5. **Pastor's Report:** Good attendance for Good Friday and Easter Sunday. Ministry continues to be busy with home visits, newsletter and Easter basket deliveries. Gwen Steinke finished memorial book. May 11 - OVA Pastors will meet at St. John's. May 14-19 – Pastor Norine on Continuing Education Course. Pastor Martin covering.
6. **Outreach:** Earth Day April 21 cleanup of Division Street. Men hosting a breakfast fellowship May 7. Camp luncheon TBD.
7. **Technology:** Dave discussed the schedule for April/May.
 - April 23 YouTube, April 30 Streamed
 - May 7 YouTube (men serving breakfast social) Free will donation to Camp Lutherlyn
 - May 14 & 21 YouTube May 28 Streamed
8. **Communications:** Andy assisting with Facebook. 12 Easter baskets appreciated by households. Thanks to Fred for installing new brochure holder. Ideas of new information for holder welcome. Easter social April 9 well attended; April 30 Lois Rosien's 85th birthday celebration. Rolling schedule of ongoing Rental/Community bookings developed, circulated, and posted. Agreed Muslim community can host evening pot luck April 28. Enid to check with Andrea, (dance instructor) on holding classes in basement as a St. John's community program.
9. **Health & Safety:** NO REPORT
10. **Youth:** Mellissa reported that Sunday School was attended by about 15 children. There arose a question on length of program to possibly reduce to one hour. Program has been fun and interactive for the children. Next Sunday School is April 23 from 10:00 – 11:45.
11. **Operations:** NO REPORT

Minutes of April 17th Council Meeting, continued

12. New Business: P+ Norine led discussion. Moving ahead on *Long Range Planning Team*: This team to set their terms of reference in looking ahead at the next 2–5 years, reviewing physical plant, program capacity, pastoral capacity and major capital requirements, and may determine what needed and doable efficiencies and infrastructure changes may be required in 2-5 years. They will be accountable to Church Council with recommendations. This is a high level think team – NOT a “do” team. It was agreed ideally there should be 2 men and 2 women, including individuals with property and financial knowledge. Pastor (ex-officio) only called to a meeting as needed. This team will decide on meeting dates and times at the church or in private homes. Recommended that there should be at least one meeting before summer with LRP team member John Stiefelmeyer of St. James to give brief overview and Q & A.

13. Other Business:

Open Round Table

Closing – Prayer

Next meeting: **May 29 at 1:00 p.m.**

THANK YOU, HONEY BEES...



- Did you know that one of the first coins in the world had a bee symbol on them?
- Did you know that there are live enzymes in honey?
- Did you know that in contact with metal spoon these enzymes die? The best way to eat honey is with wooden spoon, if you can't find one, use plastic.
- Did you know that honey contains a substance that helps your brain work better?
- Did you know that honey is one of the rare foods on earth that alone can sustain human life?
- Did you know that bees saved people in Africa from starvation?
- One spoon of honey is enough to sustain human life for 24 hours?
- Did you know that propolis that bees produce is one of the most powerful natural ANTIBIOTICS?
- Did you know that honey has no expiration date?
- Did you know that the bodies of the great emperors of the world were buried in golden coffins and then covered with honey to prevent putrefaction?
- Did you know that the term "HONEY MOON" came from the fact that newlyweds consumed honey for fertility after the wedding?
- Did you know that a bee lives less than 40 days, visits at least 1000 flowers and produces less than a teaspoon of honey, but for her it is a lifetime.



SAVE HONEY BEES



NOTICES



MEN'S BREAKFAST SEND A KID TO CAMP FUNDRAISER

The Men of St. John's invite you to a hardy breakfast of eggs, bacon, sausage, toast & jams, tea and coffee to provide a child(ren) the opportunity to experience Camp Lutherlyn this summer.

When: Sunday May 7

Time: 8:30 - 10:00

Cost: Free will offering

Goal: Raise \$450.00. The cost to send one child to camp



SOMETHING NEW TO CHECK OUT!

A Fun Music & Social Time for St. John's Members & Friends in the Community



Dancing Round the World



St. John's Lutheran Church in Partnership with Movimiento Dharma
Invites You to Come Dance with Instructor Andréa Villarreal

6-7 p.m., Wednesdays, May 10, 17, 24 & 31

Downstairs Hall

St. John's Lutheran Church 47 McLachlin St. S. Arnprior—Back Entrance

Andréa will lead us in simple, low-risk dances to varied rhythms, including chachachá, salsa, mambo, and bachata, Afro and Arabic dances

No Experience or Partner Necessary

Space Limited Wear Comfortable Clothes & Bring Water

Contact: Debbie bkwdwitt@hotmail.com 613 622-1500

to **Pre-Register** and for **More Information**

Free Will Donation



EARTH DAY 2023

This team put their "Helping Hands" to good use on Earth Day cleaning Baskin Dr. and Division St. There's been so much garbage tossed out car windows etc. and we loaded the trailer with many bags of garbage.

Special mention to Randy Zimmerling who helped but was missing from the photo.

Thanks again to everyone involved in both the cleaning up and putting together the lunch.

Enjoy and hopefully this picture puts a smile on your face!



Many Hands Make Light Work!!

Lorne, Enid, Pastor, Jeff, Debbie and Maureen

Lorne wasn't afraid to get down and dirty!



Randy looking tired?



Something for the Bazaar?

THE 93 CLUB



Lorne Bretzlaff's 93rd birthday was March 29. Lorne loves to be active. He enjoys bridge, curling, dancing and recently gave up gardening here (but not in Ladysmith!) Lorne has an ongoing addiction to pieces of wood. He just can't stop carving them! Do you know where? *clue: Lorne disappears twice a week!*



June Wolff will be 93 in October. She has a passion for and a collection of giraffes! June has just moved into The Grove, today, April 28. June's cousin was Edna Carey, also a former member of St. John's. June loves to order a special drink from Sweet & Sassy. Do you know what it is? *clue: It has to do with coffee!*



Henry Rosien turns 93 in June. Henry used to organize (with Lois) the Braeside Euchre parties. He is a quiet man but does love to chat about hunting and fishing. Henry loves being outside and has a favorite place to hang out. Do you know where he goes? *clue: it is 20 minutes away!*

Thank You All For Being My Friend

A newlywed young man was sitting on the porch on a humid day, sipping ice tea with his Father.

As he talked about adult life, marriage, responsibilities, and obligations, the Father thoughtfully stirred the ice cubes in his glass and cast a clear, sober look on his Son.

"Never forget your friends," he advised, "they will become more important as you get older." "Regardless of how much you love your family and the children you happen to have, you will always need friends. Remember to go out with them occasionally (if possible), but keep in contact with them somehow."

"What strange advice!" thought the young man. "I just entered the married world, I am an adult and surely my wife and the family that we will start will be everything I need to make sense of my life."

Yet, he obeyed his Father; kept in touch with his friends and annually increased their number. Over the years, he became aware that his Father knew what he was talking about. In as much as time and nature carry out their designs and mysteries on a person, friends are the bulwarks of our life.

After 70 years of life, here is what he, I and you will have learned:

Time passes / Life goes on / Children grow up

Children cease to be children and become independent. And to the parents, it breaks their heart but the children are separated from the parents because they begin their own families.

Jobs and careers come and go, / Illusions, desires, attraction, sex....weakens,

People can't do what they did physically when they were young,

Parents die but you move on,

Colleagues forget the favours you did, / The race to achieve slows.

But, true friends are always there, no matter how long or how many miles away they are. A friend is never more distant than the reach of a need, intervening in your favour, waiting for you with open arms or in some way blessing your life.

When we started this adventure called LIFE, we did not know of the incredible joys or sorrows that were ahead:

- We did not know how much we would need from each other.
- Love your parents, take care of your children, but keep a group of good friends.
- Stay in touch with them but do not impose your criteria.

Send this to your friends (even those you seldom see) who help make sense of your life....

I just did.

ROLL WITH IT!

“Tonight, on my flight from Indianapolis to Baltimore I sat next to an unaccompanied minor who was traveling to Baltimore to see her Mother. With Southwest Airlines open seating policy anyone could have sat next to her, in fact many people avoided her and her boundless energy during boarding. But finally, a couple occupied the two seats to her right.

Within minutes the young girl began chatting and the couple likely realized this wouldn't be a relaxing flight...and they just rolled with it.

As drinks were being served the couple didn't even get a chance to voice their requests because they were cut off by the young girl stating, 'I'll take water with a straw, and so will they so we can paint!'. And they just rolled with it.

Within minutes the young girl had brought out her Hello Kitty paint sheets and the couple spent the next hour following her instructions.

As I type this the man next to her is being covered with Marvel stickers. They are on his ears, in his beard, arms, everywhere. And he is just rolling with it.

Moral of the story: There is good in this world. In fact, there is more good than bad in this world if we just open our eyes to it. There isn't a script or instruction manual for love. You just have to roll with it.”

Credit: Josh Haltom

**GETTING OLDER IS
JUST ONE BODY PART
AFTER ANOTHER
SAYING, 'HA HA, YOU
THINK THAT'S BAD?
WATCH THIS.'**

**PRETTY WILD
HOW WE USED TO
EAT CAKE AFTER
SOMEONE HAD
BLOWN ON IT...
GOOD TIMES...**

**I changed
my password
to "incorrect"
so whenever
I forget what it is,
the computer will say
"your password is
incorrect."**



**Rare footage of my parents on
their way to school**

**The biggest test of my
patience throughout
this entire pandemic has
been opening a plastic
produce bag without
licking my fingers.**



Financial Summary First Quarter: January-March 2023

Thank you for participating in financial support of St. John's varied ministries, through regular offerings for our operating budget, whether through envelopes, PAR, etransfers, and/or Canada Helps. This support also extends to important action for others, through Outreach events, such as the February 'Bowl' supper which raised over \$900, multiplied 4 times, for Emergency Food programs of Canadian Lutheran World Relief, and through your welcome of our Muslim neighbours and a workers' union who are pleased to rent some of our space.

Our first quarter financial details, noted below, show a small deficit when investment growth is included, considerably less than last year at this time. This is largely due to expenses being less than budgeted for the quarter. In particular, retroactive payments for pastoral ministry have yet to be done. Commitments income is below budget; the 5% increase in commitment giving, if possible, asked at the March annual meeting may be responded to in coming months.

	Income	1 st quarter budget	(below)/ above budget	Comments
Commitments	17,748	21,681	(3,933)	5% increase not realized yet
Rental	1,045	53	992	Good; less rent projected next qtr
Investment	878	492	385	growth, compared to loss last year
Total income	19,671	22,226	(2,556)	
Expenses	20,160	22,851	(2,691)	Some \$1600 due pastoral ministry
Net Ordinary Income	(489)			
Total Other Income	2,643			Snack Pk grant, CLWR, designated
Total Other Expense	2,503			Some Fd. Bank donations held yet

Introducing Financial Team 2023

Alison Burkett served as Bookkeeper for a number of years, and subsequently Treasurer/Bookkeeper in 2021 and most of 2022, and Randy Zimmerling is a past Treasurer and recent Interim Treasurer. As our financial reviewers can attest, our financial accountability at many levels, including to the broader church, for Canada Revenue Agency requirements, and for local community commitments outside of our congregation, has been excellent. We could not have this record without their dedicated ministry. Thank you, Alison and Randy!

To continue this diligent service, Council recently approved the contracting of Adam Rueckwald, Business Administration graduate with an Accounting specialty, as our Bookkeeper, effective April, 2023. Adam filled this role for us some years ago. He currently provides bookkeeping services to a 3-point United parish, along with having a day job and contributing voluntarily to local township recreation and sport programs. Hiring Adam means an additional \$150 a month administration cost, but also means Enid, an elected council member, has the support needed to be Treasurer. Adam's ready availability for meetings and positive team work are proving helpful given our changes and challenges!



VOLUNTEER SCHEDULE May 2023

DATE	READER	ALTAR	GREETERS	COUNTERS	SOCIAL
May 7 th	Cathy Zimmerling	Jo Anne & Kathy T	G, F, K, Steinke	Jo Anne & Lorne	Men's Breakfast
May 14 th	Debbie / Jeff Kargus	Jo Anne & Kathy T	G, F, K, Steinke	Jo Anne & Lorne	
May 21 st	Bob Witt	Jo Anne & Kathy T	G, F, K, Steinke	Jo Anne & Lorne	
May 28 th	Ryan-Julie / Family TBC	Jo Anne & Kathy T	G, F, K, Steinke	Jo Anne & Lorne	TBC



I'm so old, I can remember going through a whole day without taking a picture of anything.

The Prayer Jar in the Narthex

This jar is a confidential place to list your prayer concerns and put them in the jar. NO ONE will be reading these at all. The Prayer Team simply raises up the contents in prayer without knowing what is requested on the notes.

Please feel free to add yours at any time, using the post it notes on the narthex table.

Thank you, P+Norine