

# Christ Moravian Church

## WEEKLY PASTORAL LETTER

### Christ Church Watchword for the Year 2021

"As the deer longs for flowing streams, so my soul longs for you, O God." Psalm 42:1

### Moravian Watchword for the Week: February 7<sup>th</sup>, 2021

"Great is our Lord, and abundant in power; his understanding is beyond measure." Psalm 147:5



Pastoral Newsletter for the weekend of February 7<sup>th</sup>, 2021  
Sunday Worship Theme: "Christ Heals and Sends"

Greetings on a chilly winter weekend dear friends in Christ:

Alas, that lovely mild winter weather we enjoyed throughout January has taken a detour into the chilly, snowy, dreary winter weather we come to "love" and expect! I look over the CMC family and friendship membership and pray that all are well, safe, warm and knowing the grace of Christ in a personal way.

As we prepared the worship video for this coming weekend, looking at the theme of Jesus offering a healing touch and an empowering commission to us, we open the service singing a favoured CMC song entitled, "I, the Lord of Sea and Sky". I sat in the rear of the sanctuary as our music team of Heidi, Jeff and Marty offered this song to invite everyone to sing at home. I became aware of God's call and commission to each of us during this difficult time. We are being sent and commissioned to take the wellness of others so seriously and conscientiously. The "sending" of God is calling us to send our prayers, our phone messages, our notes of love during these long months, rather than the warm hug and embrace, and personal touch we so often like to offer. That first verse announces...

*I, the Lord of sea and sky, I have heard my people cry.  
All who dwell in deepest sin, my hand will save.  
I who made the stars of night, I will make their darkness bright.  
Who will bear my light to them? Whom shall I send?  
Here I am Lord. Is it I, Lord?  
I have heard you calling in the night.  
I will go, Lord, if you lead me.  
I will hold your people in my heart!*

As you are invited to sing along on the worship video, be prepared to hold some of your loved ones, friends, and those in need...in your heart!

### Upcoming Events

**Monday Feb 15<sup>th</sup>:**  
Family Day Long Weekend

**Wed. Feb 17<sup>th</sup>:**  
Ash Wednesday

**Sat. Feb. 20<sup>th</sup>:**  
Coldest Night of the Year Virtual Walk

**Sun. Feb. 21<sup>st</sup>:**  
CMC Church Council Meeting via Zoom

**Feb. 25<sup>th</sup> – Apr. 1<sup>st</sup>:**  
Lenten Prayer Retreat with Rev. Rick Beck

For more information, visit our website @

[www.christmoravian.com](http://www.christmoravian.com)

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Today's newsletter will once again be packed! I encourage everyone to take the time to get familiar with some of the activities and virtual experiences of CMC.

**CMC Church Council Info Packet and Zoom Link! Feb. 21, 12:30 pm**

Please take note of the financial information shared by CMC Treasurer, David Bennett and the Finance Committee as it prepares us for the upcoming Church Council meeting for Feb. 21 at 12:30pm. The Zoom link is included. Should you have any questions regarding the financials for 2020 or the budget plan for 2021, please give David Bennett a phone call before the meeting, as it will assist in streamlining the Zoom event. Many thanks for the finance team for their diligent work to assist with the financial stewardship of the church at this time. (David Bennett- 403-479-1635)

**CMC Lenten Virtual Prayer Retreat! Thursdays at 7:00 pm beginning Feb. 18<sup>th</sup>**

With the season of Lent arriving, CMC will be offering a time of prayer and sharing led by retired Moravian Pastor, Rev. Rick Beck. Please see the info page and contact the Church Office in order to register.

**Coldest Night of the Year (CNOY) Virtual Walk for Those in Need! Feb. 20**

Again this year the "Mighty Moravians" will be invited to assist in the fund raising support for the CNOY project, assisting those on the street of Calgary. See the information provided by Rhonda Amiot and sign up to walk or to donate. Let's plan to reach out to CMC friends and family for fund raising and make some steps on Feb. 20 for this special project.

**Intro to CMC REALM network**

See the info from our CMC Tech Committee regarding the new communication, network, planning, and organizational tool called "Realm". We will be having a slow "rollout" of this new software tool to assist everyone in getting comfortable with it.

**More Sunday School Activities**

Our CMC Sunday School team has some special activities for the children and youth. Check out that tab today.

Winter blessings to all,  
Pastor Steve Gohdes

**Weekly Reminders...**

- Please know that Pastor Gohdes continues to be available for any needs that may arise. We are maintaining varied office hours, so please feel free to phone the church office (403-271-2700) to speak with us or leave a message. Or you can contact the church office by e-mail at [moravian@nucleus.com](mailto:moravian@nucleus.com) with questions or communication.
- Indranie Perera continues to receive recycling for support of Sri Lanka.
- Donations are still being collected for the Acadia Food Pantry. If you are able to assist, or perhaps volunteer some time, please contact Donna Gordon for details.

*In All Things Love...*



[This Photo](#) by Unknown Author is licensed under [CC BY](#)

*We bring ourselves closer to God in prayer...*

***Challenging times can open us to a deeper spiritual life.***

This Lent, revitalize your prayer practice through a 6-session online retreat.

Pastor Rick Beck will lead you through various prayer forms, familiar and unfamiliar, as you learn, practice and confidentially consider your experiences with other members of Christ Moravian Church.

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***Zoom Sessions (40 minute – 1 hour)***

***Thursdays at 7 p.m.***

***February 25 to April 1, 2021***

***Pre-register through the church e-mail***

***[moravian@nucleus.com](mailto:moravian@nucleus.com)***

***Limited Space, sign-up now!***

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**About Pastor Rick:** Rick Beck is a retired Moravian pastor who now trains Spiritual Directors through the FCJ Centre here in Calgary. He has led Spiritual Companionship training groups, church camps for teens and many retreats within and outside of the denomination. Rick is known for his ability to listen from the heart and to sensitively lead individuals and small groups to consider their spiritual lives more deeply.



# COLDEST NIGHT OF THE YEAR

Hello everyone,

It's that time of the year again for the "COLDEST NIGHT OF THE YEAR". On February 20th we can come together to support people and families experiencing homelessness, hurt and hunger. It has changed a bit this year because of the COVID restrictions, but we can still make a difference.

Participants will self-organize individually, selecting their own safe walk route near home. There is no registration fee. Those who cannot walk but would like to support this event can donate by using the following link. We have registered our team as the "Mighty Moravians" again this year.

Log in info is:

- website: <https://cnoy.org/fundhub>
- Username: Mightymoravians
- Password: christchurch

If you have any questions, do not hesitate to contact me.

Let's walk together despite the separation!

Rhonda Amiot  
[amiot1@telus.net](mailto:amiot1@telus.net)

## Worship & Event Links ~ February 7<sup>th</sup>, 2021

**Topic: CMC Bible Buddies @ 9:00AM.**

Attached is Feb 7<sup>th</sup>'s Bible study lesson: Holistic Discipleship – Mark1: 29-39

Link to join is below:

Join Zoom Meeting

<https://us02web.zoom.us/j/89356581732?pwd=SXNWZGNka240UHQ1aTVpOE9LNDdyZz09>

Meeting ID: 893 5658 1732

Passcode: 955392

One tap mobile

+12042727920,,89356581732# Canada

+14388097799,,89356581732# Canada

Hope you have a great week.

Bring healing,

Barb : - )

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**Links to Online Worship:** Christ Moravian

<https://www.christmoravian.com>

Good Shepherd

<https://www.goodshepherdmoravian.org>

Millwoods

<https://www.mcchurch.ca/>

Rio Terrace

<https://www.rioterracechurch.org/live>

Moravian Church Northern Province <https://www.moravian.org>  
for details of events happening within the wider Moravian Church

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**Subject: Church Council Meeting**

Time: Sunday, February 21, 2021, 12:30 PM - 2:30 PM

Join Zoom Meeting

<https://us02web.zoom.us/j/85325948482?pwd=cXJJEdTT054VkZxVDUrbFF4ZmFyQT09>

Meeting ID: 853 2594 8482

Passcode: 845150

Dial by your location:

Calgary: 587-328-1099

Meeting ID: 853 2594 8482

Passcode: 845150

Find your local number: <https://us02web.zoom.us/u/kQurMrJP8>

## Focus on Mark 1:29–39

### WHAT is important to know?

— From “Exegetical Perspective,” Gary W. Charles

Before dawn, and presumably while the crowd is sleeping, Jesus steals out into the darkness to pray. Prayer is not as dominant a theme in Mark as in Luke, but it is an important theme. From the opening chapter of his Gospel, though, Mark introduces us to Jesus who is both a faithful Jew and a faithful Jew at prayer. Jesus is one who makes time and seeks a place to pray. For Mark, prayer is not peripheral to the identity of Jesus, and by implication, not peripheral for those who follow him.

### WHERE is God in these words?

— From “Theological Perspective,” Ofelia Ortega

The healed mother-in-law and Jesus share the same liturgy. Nobody has taught her what she has to do. She has been well aware when receiving Jesus’ help and when responding to him precisely on the Sabbath. Her diaconal work is the beginning and announcement of the gospel. Simon and the other disciples won’t understand it until Easter. They will not want to become servants of each other (9:35; 10:43). They did not perceive that the Son of God came to serve and to give his life for all (10:45). She, on the other hand, knows it. She has overcome all the selfishness and restrictive teachings and has been close to Jesus; deep down she is already Christian, *diakonisa*, a servant of the church gathered in her son-in-law’s house.

### SO WHAT does this mean for our lives?

— From “Pastoral Perspective,” P. C. Enniss

Gerald May, a medical doctor who practices psychotherapy in Washington, DC, writes of the importance of community in the healing process: “God’s grace through community involves something far greater than other people’s support and perspective. The power of grace is nowhere as brilliant nor as mystical as in communities of faith. Its power includes not just love that comes from people and through people but love that pours forth among people, as if through the very spaces between one person and next. Just to be in such an atmosphere is to be bathed in healing power.”

### NOW WHAT is God’s word calling us to do?

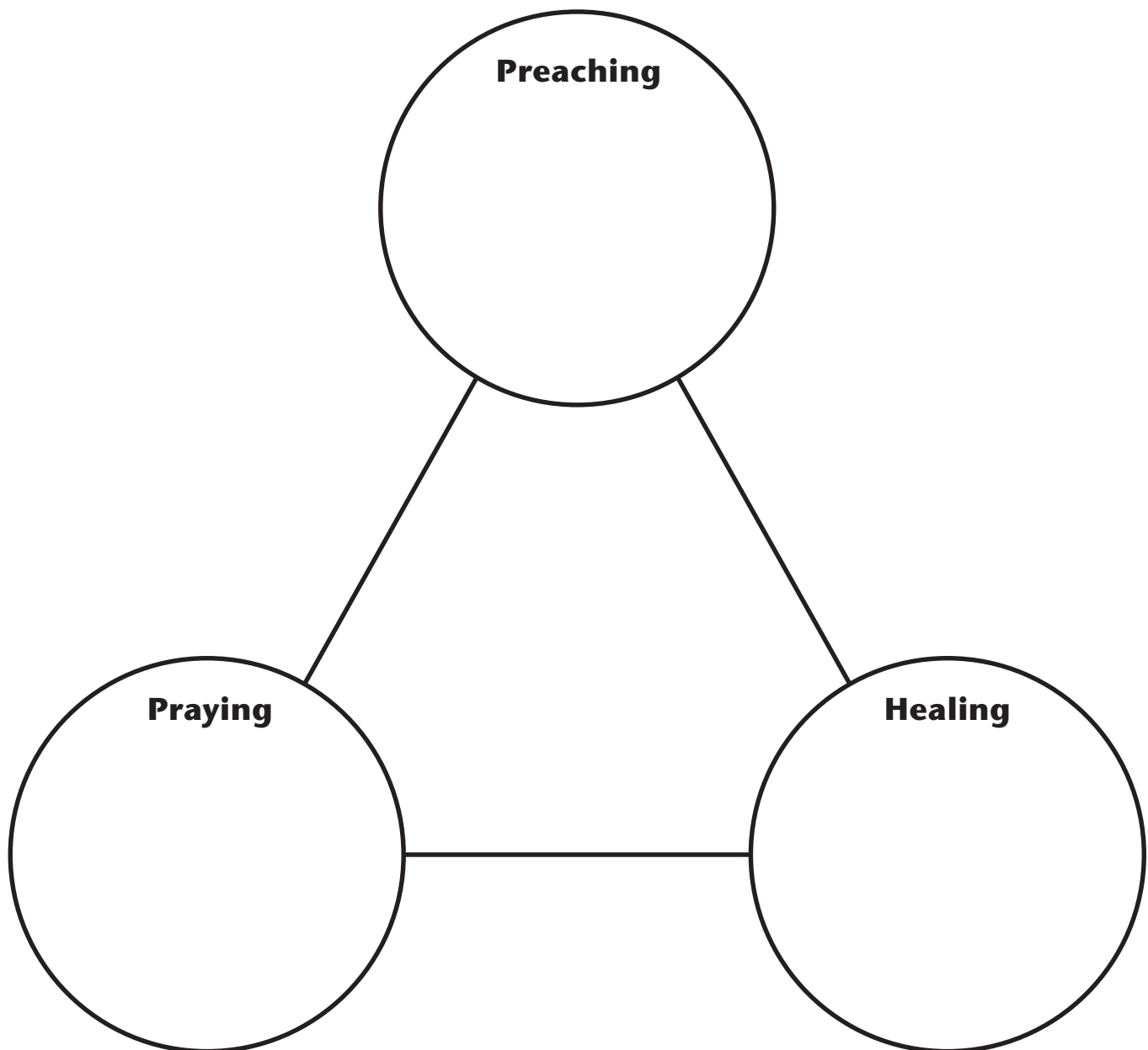
— From “Homiletical Perspective,”

Mike Graves

As the summary in verse 39 notes, Jesus goes forth “proclaiming the message in their synagogues and casting out demons.” Preaching and healing. Healing and preaching. This represents the ministry of Jesus in a nutshell, and it represents still the ministry of those who follow him. It seems for Mark’s Gospel that the preaching of Jesus and the extinguishing of evil are two sides of the same coin. Preaching exists that evil might not.

## **Preaching, Praying, and Healing**

Using Mark 1:29–39 and Resource Sheet 1, write down your observations about each activity under its heading. Inside the triangle, write a brief statement about how these three activities are connected.





Children's Church Message:

Children's Church

Hello, Children's Church,

This week we have a few lessons that explore how Jesus serves and prays. Please see the attachment "feb7-Children's Church.pdf" for more details.

Lessons can be found in the focus scripture Mark 1:29–39 and additional scriptures Isaiah 40:21–31 Psalm 147:1–11, 20c 1 Corinthians 9:16–23.

We learn more in the Story entitled "Jesus serves and Prays" on page 88. To explore more about serving and praying you can answer the questions in the "Serving and Praying" resource sheet on page 89. As well, our children can use the Prayer Wheel on page 90 to learn some quick and easy prayers. If you are feeling artistic and want a group/family activity you can create a diorama on page 103

Hope you are having a fabulous day! Emma Gorai and Jody Gorai- your Children's Church Coordinators



# Coming through Captivity

The limitlessness of God's love and work in Creation is revealed in Jesus. This week's passages suggest reaching out to God through prayer and reflection as we strive to keep our focus for ministry. Sustained and restored by faith, we can serve in fresh and vital ways as messengers of good news.



**Focus scripture**  
**Mark 1:29–39**

**Additional scriptures**  
**Isaiah 40:21–31**  
**Psalms 147:1–11, 20c**  
**1 Corinthians 9:16–23**

## Focus scripture: Mark 1:29–39

*Immediately* is a word used repeatedly in the gospel of Mark and suits its pace. The accounts in the first chapter of Mark's gospel are a frenzy of activity: the preaching of John the baptizer, Jesus' baptism, calling of disciples, teaching in the synagogue, and casting out an unclean spirit. Seeking rest at the home of Simon and Andrew, Jesus is called upon to heal Simon's mother-in-law. Crowds begin to press in around the house, demanding more words and deeds of power from Jesus.

Jesus moves quickly in Mark's narrative, but Jesus also stops, receives the ministry of others, retreats away from the crowd, and enters the stillness and into the presence of God. However, it isn't much of a break from the action. The disciples follow Jesus and right away implore him to get back on the road. In that brief time apart, Jesus found renewed energy in God, the source of his strength. Jesus moves on with the disciples to preach and cast out demons throughout Galilee.

Such renewal is the gift Jesus offered to Simon's mother-in-law the previous night. Jesus reaches out to this woman who is weak with fever, raises her, and restores her to serve. Jesus is restored to continue preaching and healing. Simon's mother-in-law is restored to continue serving as host to those in her home. Common to both is a sense of ministering to and with others. The Greek word used for what the woman does, *diakoneo*, is often translated in English as "to serve" and also can be translated as "to minister." This is the same word used in Mark 1:13 to describe how the angels cared for Jesus in the wilderness. Mark describes what Simon's mother-in-law does as something beyond mere hospitality.

This woman provides what is necessary to sustain life, as does Jesus.

**Isaiah 40:21–31** the prophet of Isaiah 40 calls God's people to remember that God is their source of strength. Some scholars place the writing of in the sixth century BCE when the people of Judah were living in exile following the Babylonian conquest. The temple and Jerusalem had been destroyed. It is easy to imagine the people's discouragement and weariness. The prophet reminds them of the power of God to restore and liberate, of God's desire to renew their strength.

The psalmist rejoices in God, who restores and renews. **Psalms 147:1–11, 20c** praises God who gathers those who are outcasts, heals the broken-hearted ones, and lifts those who are downtrodden,

To Paul, freedom in Christ is the source of strength for those who seek to further the mission of God's realm. In **1 Corinthians 9:16–23**, Paul's rhetorical questions make a case for Paul's apostolic rights and claims, including the right to be supported by the community. At times, Paul needed the community to be his source of strength as he ministered

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The texts for this day sing with confidence in God's faithfulness. Jesus drew from this source of strength as his authority for healing and teaching. With Jesus, we are invited to trust in the power of God, who promises, "I will raise you up on eagles' wings." In what ways does confidence in God's faithfulness give shape and purpose to your life as an individual disciple and as a church? How might you forge a stronger connection with this source of strength?

**Holy One, who makes all things possible, lift us when we are weary. Be our strength and fill us with hope as we seek to serve you and our neighbour this day. Amen.**

## Lecture Connection

links current events with this week's scriptures. Go to [www.seasonsonline.ca](http://www.seasonsonline.ca) and click on the link.

## The Focus for Ages 5–12

Life for children these days can be very busy. Even five-year-olds often have their days heavily scheduled with lessons, play dates, and other activities. Older children's time is often heavily scheduled as they move from school to extracurricular activities. They may spend their school vacations in day camps and other programs that keep them busy most days. Sometimes it seems that children have lost the joy of a quieter pace of life, of daydreaming or just hanging out with a best friend. Taking time to relax and think is important at any age and certainly for children who are trying to sort out the world around them.

In this week's session the children will hear a story in which Jesus demonstrates the importance of both serving (doing) and praying (taking time out). The Respond activities offer options to explore both the life of service and a focus on prayer. One gift we can offer through the church school programme is some intentional quiet time. Consider how you might provide this kind of time for your group on a regular basis. Helping the children discover spiritual practices that help them regroup and connect with God is beneficial for them and their families. Pray that children will follow Jesus' example of a life of both prayer and service.

## Prepare

### Before the session

- ☐ Read and prayerfully reflect on this week's focus scripture, Mark 1:29–39, and [biblical background](#) material (p. 83).
- ☐ Bring Bibles, matches, [basic supply kit](#) (p. 2).
- ☐ Bring, if possible, *Seasons Songbook* (Volume 7), *Seasons Music CD* (Volume 7), and *CD player*; downloadable sheet music and MP3 recordings are available at [www.seasonsonline.ca](http://www.seasonsonline.ca).

### Gather

- ☐ Set a worship space with a green cloth, Christ candle, Bible (with bookmark placed in focus passage), bowl, and a jug of water.
- ☐ Bring, if possible, the song "Invocation" (p. 19 in *Seasons Songbook*, Vol. 7; #5 on *Seasons Music CD*, Vol. 7).
- ☐ Bring a recording of music, storybook, candle in a holder, prayer shawl or small blanket.

### Engage

- ☐ Bring this week's resource sheet "[Jesus Serves and Prays](#)."
- ☐ **Word study group:** bring copies of this week's resource sheet "[Serving and Praying](#)."
- ☐ **Hand sign group:** bring copies of this week's resource sheet "[Serving and Praying](#)."

### Respond

Choose one or more of the following activities and bring materials to set up the chosen zones.

- ☐ **Art zone:** copies of resource sheet "[Making a Diorama](#)" (p. 103), shoeboxes or other small boxes (one per person), pipe cleaners, round clothespins, modelling clay, construction paper, tissue paper, fabric scraps, yarn
- ☐ **Quiet zone:** coloured paper, wide ribbon
- ☐ **Music zone:** songs "May You Find Peace" (p. 26 in *Seasons Songbook*, Vol. 7; #19 on *Seasons Music CD*, Vol. 7) and "I've Got a Voice" (pp. 20–21 in *Seasons Songbook*, Vol. 7; #13 on *Seasons Music CD*)
- ☐ **Prayer zone:** copies of this week's resource sheet "[Prayer Wheel](#)," brass paper fasteners
- ☐ **Serving zone:** variety of fresh fruit, dinner knives; or prepared cookies/biscuits, dinner knives, frosting, decorations; or dough cookie/biscuit dough, spoons, oven trays; and serving plates, paper napkins

### Bless

- ☐ Bring, if possible, the song "May You Find Peace" (p. 26 in *Seasons Songbook*, Vol. 7; #19 on *Seasons Music CD*, Vol. 7).

February 7, 2021



## Scripture

Mark 1:29–39

# Coming through Captivity

**FOCUS** To follow Jesus' example in praying and serving others

## Gather

**Welcome** the children as they arrive, introducing guests and newcomers. Remind children that we are in the Season after the Epiphany, a time when we hear stories about Jesus and the disciples.

### Opening ritual

**Gather** around the worship space and remind the group that the colour green marks this season of growing and learning about Jesus.

**Sing** or listen to, if possible, verse 2 of the song "Invocation" (p. 19 in *Seasons Songbook*, Vol. 7; #5 on *Seasons Music CD*, Vol. 7).

**Prayer ritual** Come, let us remember God's love poured out over all creation and us. (*Pour water into bowl.*)

Let us remember the light of God's love that Jesus brought to our world. (*Light the candle.*)

God's love shines out for you and me. (*Invite the children to repeat this line after you.*)

Receive the offering and extinguish the candle to signify the end of the gathering worship.

### Connecting with the focus

Invite children to look at the objects displayed and think of ways that each one could be used when someone is having a quiet time. Encourage group members to talk about things they like to do when they take time to relax and get their energy back. Explain that in today's story about Jesus he takes some time out, just as we do.

## Engage

### Preparing for the story

Invite a child to bring the Bible from the worship area and use the bookmark to open it to the focus passage and explain that this week we will read another story about Jesus from the gospel of Mark. Review the stories of the last two weeks: Jesus calls the fishers (**Mark 1:14–20**) and Jesus teaching and healing in the synagogue (**Mark 1:21–28**). Note that today's story takes place just after last week's story of Jesus teaching and healing in the synagogue.

### The Bible story

Use the resource sheet "[Jesus Serves and Prays](#)" (based on **Mark 1:29–39**) to tell the story. After the story, ask:

- **What did Simon's mother-in-law do after she was healed?**
- **What might it have been like to be in the crowd at Simon's house that day?**

- **Why do you think Jesus needed time to relax and be away from the others?**

### Exploring the story further

(*To enable the children to explore the scripture reading further, according to their interests and abilities, explain the two options and have each child select one.*)

**Word study group** The children in this group will have an opportunity to explore further the concepts of service and prayer. Distribute copies of the resource sheet "[Serving and Praying](#)" and invite children to form two groups to read a section each and discuss the questions. Gather as a whole group to share responses.

**Hand sign group** The children in this group will have an opportunity to use their hands to continue the exploration of the themes of serving and praying. Begin by talking about the different ways people hold their hands when praying. Invite children to fold their hands together, close

their eyes, and spend a few moments in silence. Then demonstrate the sign for serving (on the resource sheet "[Serving and Praying](#)"). Invite children to take turns using their hands to mime different ways of serving while the rest of the group guesses what they are doing.

**Reporting** Invite the word study group to share responses to the questions on the resource sheet and the hand sign group to teach the sign for "serve" and demonstrate some ways to serve.

## The Bible story and us

Jesus helped people to feel better and we can also help and care for others as we share God's love. Jesus also showed the importance of looking after ourselves with quiet times of prayer.

- **What are some ways we can take some quiet time for ourselves?**
- **What are some ways we can use our hands to help others?**

## Respond

Invite the children to select a zone and work with the materials there.

- **Art zone: Diorama** This week's story shows two important sides of following Jesus: service and prayer. Invite children to make a double-sided diorama featuring these two aspects of discipleship. Distribute supplies and copies of the resource sheet "[Making a Diorama](#)" (p. 103). Help children to decide whether they will create scenes showing acts of service and prayer times, or if they will make items to place in each space as images of service and of prayer.
- **Quiet zone: Ribbon reminders** Jesus' life reminds us that it is important to have prayer times as well as busy times of helping others. Invite children to make ribbon reminders of ways to serve and prayers for quiet times. Distribute coloured paper and have children cut these into triangles. On some triangles have them glue on pictures from magazines to use as prayer reminders (for example, nature scenes, animals, news stories). On other triangles have them print ways they can serve. Staple the triangles along a length of wide ribbon so they are evenly spaced. Encourage them to hang these at home as reminders to pray and serve.
- **Music zone: Prayer songs, serving songs** Invite children to explore prayer and service through two different kinds of music. First listen to or sing the song "May You Find Peace" and then talk about how this music helps us to be quiet and reflective for a prayer time. Invite children to share some of the things they think or pray about when they are quiet. Then sing or listen to the song "I've Got a Voice" and talk about how this music reminds us of the joy of serving or helping others. Invite children to share some things that they enjoy doing for and with others.
- **Prayer zone: Prayer wheel** Jesus took time to pray and be with God. Invite children to make a prayer wheel as a reminder to do this also. Distribute copies of the resource sheet "[Prayer Wheel](#)" and help children follow directions. Demonstrate how to move the spinners to choose a prayer. Encourage them to use their prayer wheels at home.
- **Serving zone: Sharing snack** After Simon's mother-in-law was healed she helped Jesus and the disciples by serving some food. Invite children to wash their hands and then prepare fruit or cookies/biscuits to share with others.



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## Bless

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**Gather** in the worship space and relight the candle. Invite children to think again about how Jesus cared for others and also spent time praying. Practice again the sign for “serve” on the resource sheet “[Serving and Praying](#)” and then invite children to spend a few moments in silence with their hands folded together.

**Pray** Thank you God for Jesus,  
who showed us how to serve and pray.  
Thank you for calling us to help share your love too. Amen.

**Sing**, if possible, the song “May You Find Peace” (p. 26 in *Seasons Songbook*, Vol. 7; #19 on *Seasons Music CD*, Vol. 7).

**Blessing** Send each child out saying, “(Name), may you find time this week to serve others and time to pray to God.”

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## Reflect

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How might the spirit and enthusiasm of young children help promote healing and serving in your church? In what ways did older children understand the importance of balancing service to others and the importance of time out to replenish one's energy?





# Jesus Serves and Prays

(based on Mark 1:29–39)

**With continuing stories, include a recap to help the children recall the previous stories.**

**W**hen Jesus decided more help was needed to do God's work, Jesus invited four fishers to come along: Simon and Andrew, who were brothers, and James and John, who were also brothers. They had probably heard Jesus teaching, so when he said, "Come with me and you will draw people closer to God," they went with Jesus.

They went to the city of Capernaum <<KA-PER'-NA-UMM>>. On the sabbath day, Jesus went to the synagogue, where the people gathered to learn about and to praise God. There Jesus taught about God's love, and the people were amazed at the power and authority of Jesus. The news of this wonderful teacher travelled from person to person, from family to family, from village to village.

Jesus, Simon, Andrew, James, and John left the synagogue and went to Andrew and Simon's house, which was nearby. As soon as they got there, they were told that Simon's mother-in-law, the mother of Simon's wife, was sick in bed with a fever. Jesus went to see her. Jesus

took her hand and helped her get out of bed. When she stood up, the fever was gone and she was fine. She was so fine that she set about her usual work of making her guests welcome.

That evening, as the sun was going down, people came from all around Capernaum to Andrew and Simon's house. They brought sick people for Jesus to heal. It looked like the whole city was crowded around the door. Jesus cured many people that evening.

Now the next morning, even before the sun came up, Jesus went off to a quiet place to be alone to pray to God. Everyone else was sound asleep. But when they got up, they didn't know where Jesus was. They looked all around for Jesus. Simon and Andrew looked for Jesus. James and John looked for Jesus. Simon's wife and mother-in-law looked for Jesus too.

When they found Jesus, they said, "Everyone is looking for you!"

"Now you have found me," said Jesus. "Let's go to the towns around here so I can tell more people the message of God's love and so I can heal people there too."

Jesus and the four fishers went all over Galilee. Jesus taught in the synagogues where many people came to listen, and Jesus healed many people too.



# SERVING AND PRAYING

## Serving

Mark writes that Simon's mother-in-law "began to serve" the people. The language of the New Testament is Greek and the Greek word used for serve is "diakonea" (de-a-ko-KNEE-a). It is used many times in the New Testament as people tried to follow the example of Jesus.

Some churches have officers or ministers called deacons. The word deacon comes from the Greek word diakonia. Deacons are people who care for others in many ways. We act as deacons when we serve others too.

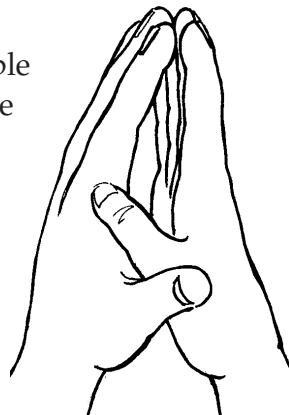


*How does the church serve others today?*  
*How do you serve others?*

## Praying

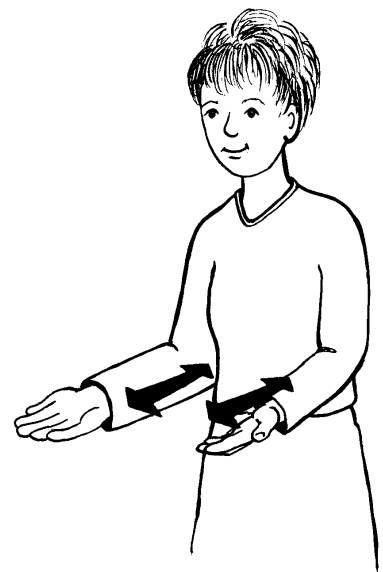
After a night of serving the many people who were sick, Jesus needed some time alone. He had more serving to do the next day.

To prepare, Jesus prayed to God. It wasn't a short prayer. Jesus began praying before the sun came up, and didn't stop praying until Simon and the others found him.



*What do you think Jesus prayed?*  
*What prayer might you say to help you be ready to serve others?*

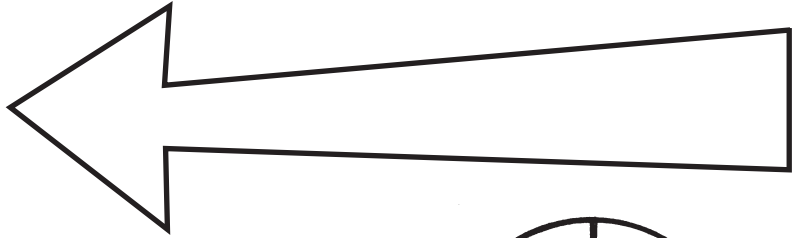
## Sign for "serve."







# Prayer Wheel

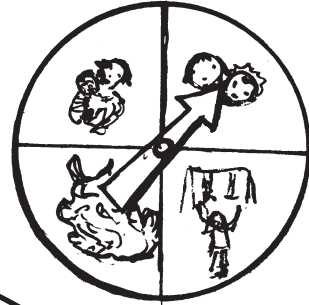


## Instructions

1. Cut out the wheel and spinner.
2. Glue onto poster board to strengthen both parts.
3. Use markers or crayons to decorate the wheel and spinner.
4. Use a brass paper fastener to attach the spinner to the middle of the wheel.



brass paper fastener



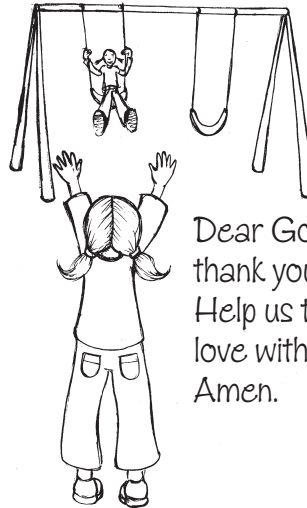
Loving God,  
thank you that  
each day we can  
learn and grow in love.  
Amen.



Loving God,  
help us to listen with our  
ears, with our minds, and  
with our hearts.  
Amen.



Thank you, God,  
that you care for all your creatures:  
the biggest, the smallest,  
and all the ones in between.  
Help us to care for them, too.  
Amen.



Dear God,  
thank you for loving us.  
Help us to share your  
love with others.  
Amen.

# MAKING A DIORAMA

## Directions:

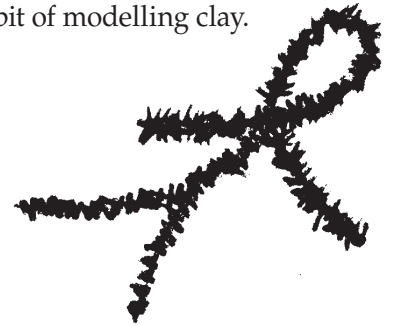
1. Cut off one of the long sides of your box. Draw a line down the middle and glue two different colours of fabric to each side of the bottom of the box, to make two separate scenes.
2. Decide what is to be in each scene, that is the people, the background, or any other items, such as trees, tables, or animals. Assign people to make these objects.
3. Cover the inside of the boxes with construction paper to create the horizon or the building necessary for each diorama.
4. Arrange the figures and objects in the scene and glue or tape each one in place.

## To make people:

- Form figures from pipe cleaners.
- Cut a face and clothing from construction paper and glue them to the figure.

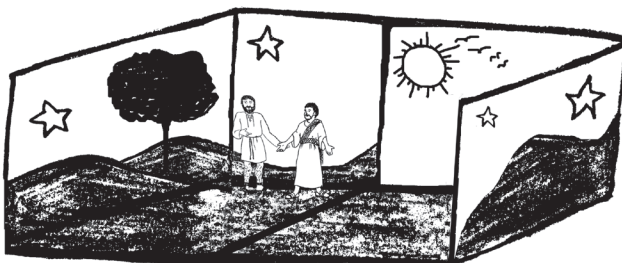
## Or

- Draw a face on a round clothespin and dress the figure in bits of cloth or construction paper.
- To make the clothespin figure stand, stick it into a bit of modelling clay.



## To make scenery:

- Use a clothespin for a tree trunk, and cut tissue paper or construction paper for the leaves, and glue them to the trunk.
- Form rocks from modelling clay or cut them from construction paper and tape them to the bottom of the box.



**Encourage the children to use their imaginations. Set out various supplies without an intended use and see what the children come up with.**



# *Listen to Jesus*

(February 14, 2021)

**Here are some  
of the things  
Jesus taught the  
disciples.**

*Jesus said,*  
"Love  
everyone."

*Jesus said,*  
"Feed the  
hungry."

*Jesus said,*  
"Give water  
to the  
thirsty."

*Jesus said,*  
"Listen  
to the  
children."

*Jesus said,*  
"Take  
care of  
the sick."

*Jesus said,*  
"Forgive  
others."

# Children's Worship Bulletin

## Recharging Our Batteries

Mark 1:29-39

## Word Search Puzzle

V S H Z X U C N P N O D N J S  
I I Z J C R R T Q E M K K J I  
L M V J E H D B E D O C G F C  
L O I O X P N E Q B S P I C V  
A N P P S I C K R L Y D L Z Y  
G L R J Z W E W K R N X J E N  
E V E N I N G H O A A A G O G  
S C A V D Z X O H R G N H Y U  
X Q C O X A D E L Q O D E W J  
H T H R Q T O W N C G R L S A  
U E R J K Q T I E O U E P U M  
T J A H E R Y U P T E W E N E  
F O D L L S D E M O N S D S S  
M H H B E I U H S M I U F E J  
R N Z E A D P S F E V E R T A

FEVER	SIMON	HAND	DOOR	ANDREW
SUNSET	VILLAGES	PREACH	BED	DEMONS
JOHN	SYNAGOGUE	PEOPLE	JESUS	HELPED
HEALED	TOWN	EVENING	JAMES	SICK

Christ Moravian Church  
Calgary, Alberta

## Multiple Choice

### Jesus Ministers in Galilee

Choose the word that best matches the definition.  
Answers can be found in Mark 1:29-39 (NIV)

- \_\_\_ 1. A place of meeting for worship in the Jewish faith  
A. town B. village C. home D. synagogue
- \_\_\_ 2. The time of day when the sun disappears below the horizon  
A. morning B. sunset C. dawn D. sunrise
- \_\_\_ 3. To cure from sickness or disease  
A. sick B. prayer C. heal D. preach
- \_\_\_ 4. A condition when the body temperature is higher than normal  
A. demons B. synagogue C. healed D. fever
- \_\_\_ 5. The body part used for holding things  
A. feet B. head C. hand D. leg
- \_\_\_ 6. To be ill or have a disease  
A. demons B. sick C. bed D. hand
- \_\_\_ 7. Evil spirits  
A. diseases B. sick C. fever D. demons
- \_\_\_ 8. To give assistance; to aid  
A. help B. preach C. hand D. synagogue
- \_\_\_ 9. To deliver a sermon  
A. help B. fever C. heal D. preach
- \_\_\_ 10. A piece of furniture for sleeping  
A. chair B. synagogue C. bed D. table

Jesus replied, "Let us go somewhere else—to the nearby villages—so I can preach there also. That is why I have come." Mark 1:38 (NIV)

# Decoder Puzzle

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
O	U	I	K	Q	A	W	V	J	N	F	H	D	M	Y	R	X	Z	G	L	P	E	T	S	C	B

1. 11-22-8-22-16 \_\_\_\_\_
2. 8-3-20-20-6-19-22 \_\_\_\_\_
3. 21-16-6-15 \_\_\_\_\_
4. 14-1-16-10-3-10-19 \_\_\_\_\_
5. 24-2-10-24-22-23 \_\_\_\_\_
6. 12-22-6-20-22-13 \_\_\_\_\_
7. 13-22-14-1-10-24 \_\_\_\_\_
8. 12-6-10-13 \_\_\_\_\_
9. 21-16-22-6-25-12 \_\_\_\_\_
10. 24-3-25-4 \_\_\_\_\_

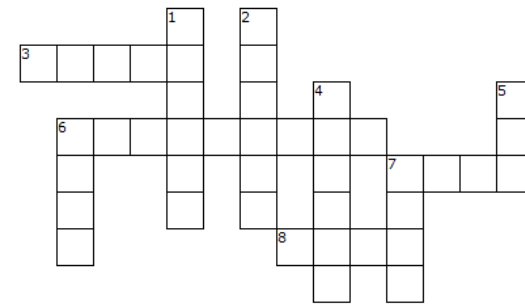
HEALED	FEVER	MORNING	DEMONS	VILLAGE
SICK	PRAY	SUNSET	HAND	PREACH



Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.  
Mark 1:35 (NIV)

# Crossword Puzzle

## Jesus Ministers in Galilee



### ACROSS

3. A condition when the body temperature is higher than normal
6. A place of meeting for worship in the Jewish faith
7. The body part used for holding things
8. To cure from sickness or disease

### DOWN

1. To deliver a sermon
2. Evil spirits
4. The time of day when the sun disappears below the horizon
5. A piece of furniture for sleeping
6. To be ill or have a disease
7. To give assistance; to aid

FEVER	HEAL	HAND	BED	SYNAGOGUE
SICK	HELP	PREACH	DEMONS	SUNSET

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## CHRIST MORAVIAN CHURCH

600 Acadia Dr SE, Calgary, AB, T2J 0B8

### WELCOME TO REALM!

Well, by now you have certainly heard about it: our new church management software is here! It is called REALM.



REALM is a software that allows us to manage multiple aspects of our ministry. But wait... REALM isn't only an administrative tool for our staff. REALM is also intended to improve life for our church family by making it easier to connect with each other, keep up with what's going on, and grow as a connected community of believers.

### FIRST THINGS FIRST

You will soon receive an email inviting you to join REALM. Here is the good news: your individual profile has already been set up in REALM, based on the personal information we had here at Christ Moravian Church. So getting started is fairly easy. The next step is up to you. You determine how much you want to make this part of your experience with our church. We certainly encourage you to participate and make the most of it.

### YOUR PRIVACY

Everyone in our church gets a unique profile. Your contact information is never public or searchable on the Internet. Any information you elect to make visible to your church family is protected by a security wall. Like banking online, access is by login and password only.

By default, the viewing of your contact and personal information is limited to members of groups you are in, group leaders, and staff members. If you choose to, you can make your information visible to the entire church. It's a bit like our old printed church directory, only better. And if you prefer to be more private, you can customize how people see specific information. You have complete control.



*In All Things, Love...*

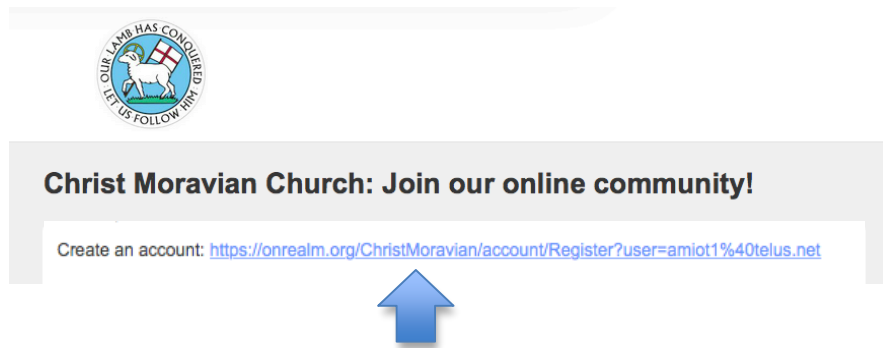


## CHRIST MORAVIAN CHURCH

600 Acadia Dr SE, Calgary, AB, T2J 0B8

### OKAY, I'M READY TO GO!

Once you receive the email from Christ Moravian Church, simply click on the link to get started. It should look something like this:



Registering with REALM is easy, and it's free. All you need is to create an account by entering your email and a private password, and that's it, you are in.

### USING REALM

There are two ways to use REALM. You can use either one, or both, whatever is easier for you.

1. The first way is to simply use a web browser such as Microsoft EDGE or Apple SAFARI or Google CHROME or even FIREFOX. Here is the web address:

**<https://onrealm.org/ChristMoravian/SignIn>**

2. The other way to use REALM is to download the mobile app called "REALM CONNECT". The mobile app is free, and is available for both iPhones and Android devices. Use it to communicate with your groups, RSVP to events, manage your giving, update profile information, and more. It makes it easier for us to connect throughout the week and know what's happening.



**Realm Connect - For Our Church** (4.5)

Connecting Our Community  
ACS Technologies Group, Inc.

★★★★★ 4.5 • 747 Ratings

Free

*In All Things, Love...*





## CHRIST MORAVIAN CHURCH

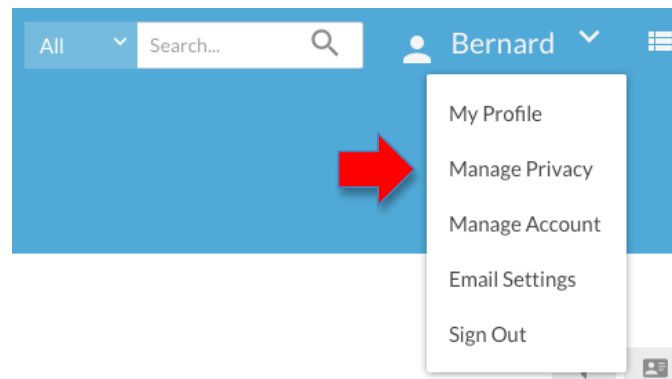
600 Acadia Dr SE, Calgary, AB, T2J 0B8

### I'M IN... NOW WHAT?

Once you've set up your account and password, you can now navigate around and start checking things out. You should be able to see who else has already set up their account and shared their information. You may also be part of a small group or committee, and that would allow you to start communicating with your team. If your group or committee is active during COVID, you will see the upcoming events and be able to access some files and start collaborating together.

### PRIVACY SETTINGS

We also recommend you take some time to update your profile and set your personal preferences for information privacy. At the top of your screen, you should see your name and a link to "Manage Privacy". Go ahead and select the privacy level that is best for you. Remember that keeping your information current helps our staff, group leaders, and everyone else in our church community.



### FINALLY...

Of course, connecting is only the first step. REALM has a whole lot more to offer. Soon you will be able to communicate with your friends and your groups, RSVP to events, manage your giving, etc. But for now, go ahead and get started. More information, tips and helpful videos will be coming shortly. Enjoy REALM !

*In All Things, Love...*