

# Christ Moravian Church

## WEEKLY PASTORAL LETTER



Christ Church Watchword for the Year 2021

*“As the deer longs for flowing streams, so my soul longs for you, O God.”*

Psalm 42:1

*Moravian Daily Text Watchword for the Week*

*“The Lord is faithful in all his words, and gracious in all his deeds.”*

*Psalm 145:10-18*

Congregational Newsletter for the weekend of July 25<sup>th</sup>, 2021

### *Greetings Friends in Christ Moravian Church:*

My name is Arlene Kawchuk and I am an Elder of Christ Moravian Church. My number is 403-826-6683. If I can assist in any way, do not hesitate to call. July 4<sup>th</sup> Pat wrote about gratitude and today I wanted to discuss Meditation; in particular, Spiritual Meditation. For me, spiritual meditation is a form of prayer. It is a way to quietly connect to God. Our days seem to bring various emotions: we can feel worrisome, lonesome, depressed, etc. Here are some thoughts of how people shared their spiritual meditation.

-I go to a quiet place, close my eyes and repeat the Lord’s Prayer to myself in a gentle voice

-I need to get beyond my thoughts, so I concentrate on my breathing, counting from one to ten over and over as I breathe in and out

-I simply step back and watch my thoughts as if I were watching a play. I try to keep my thoughts on the present day only, leaving the past and the future alone

-In my mind I picture God’s hands. One by one I place my worries, my joy and my thankfulness, into those hands, and finally I climb in too.

The above quotes are loosely taken from the book *Courage to Change*. I need to be in a quiet room, sometimes wrapped in a warm covering. I cannot hear the T.V., nor see my cell phone. I have sat on my “secret bench” in Fish Creek Park with my dog Millie at my feet and that also works well. As long as it is away from bikes and people. If my mind wanders, I slowly bring it back to focus on meditating with God. A young lady I know combines her favourite yoga positions with prayerful thoughts. Afterwards, she feels totally refreshed, renewed and looks forward to the rest of her day.

Meditation is basically soul care.

A private visit with our God; if you will!

### Upcoming Events

**“Bible Buddies”**  
meet on  
Sunday July 25<sup>th</sup>  
at 9:00 am

Zoom details for  
this Bible Study  
Class are on the  
Events page  
of your e-mail



**Wanted**

**Need at Acadia Place:** A single mom with a 16 month old son has just moved into Acadia Place and is in need of the following items: TV with stand, large bin to use for a toy box, pots and pans, boys clothing size 2T – 3T. If you are able to provide any of these items, please contact Melissa at (403) 667-8733.

**Moravian Daily Texts for 2022**

If you wish to pre-order a copy of the 2022 Daily Texts at the reduced price, please let Andrea know by calling or e-mailing the office. The order will be submitted the first week in August.

**CMC Variety Show has been a Grand Success**

Really big thanks to the entire team involved in the CMC Variety Show! We encourage everyone to make a special donation to assist the Hybrid Worship Fund. Funds raised will allow us to purchase equipment needed to stream the Sunday worship services in the future. View the show with this link:

**Christ Moravian Church - Variety Show - June 2021**

<https://vimeo.com/557900883>

**Summertime Office Schedule**

As summertime arrives the CMC Office and Pastoral Staff will take a much-needed break. In the upcoming weeks, the office will be open on a limited basis, so please phone ahead if there is a request, please leave a message if no one answers. As Pastor Gohdes is away there will be Pastoral Support available with Clergy from the Moravian Church in Canada, and a CMC Elder of the week will be delegated for support.

**Summertime Worship Plans**

The Executive Board and Fellowship of Elders have laid out the summertime worship schedule. As recognized the worship team is going to take a break, and for the next weeks of July we will make available the Worship Services from the Summer of 2020, highlighting several of the special services involving the “Surprises of Faith”. Each weekend throughout July a new “Surprise of Worship” will be re-visited.

**“Our Daily Bread” for the Journey**

If you wish to have a copy of the new “Our Daily Bread” devotional for September, October & November mailed to you, please let us know by calling or e-mailing the office.

**Weekly Reminders...**

- Please know that you may call the church office for any needs that may arise. Feel free to phone (403-271-2700) to speak with us or leave a message. Another option is that you may contact the church office by e-mail at [moravian@nucleus.com](mailto:moravian@nucleus.com) [this is monitored daily] with any questions or communication.
- **If you require assistance in getting to your COVID-19 vaccine appointment, please call the office.**
- Indranie Perera continues to receive recycling for support of Sri Lanka. She wishes to express sincere thanks to all who contribute to this worthwhile cause.

***In All Things Love...***

# Children's Worship Bulletin

## Coloring Page

### Jesus Walks on Water

John 6:16-21

### Word Search Puzzle

B T H B C D Q T U N D D G W C  
Z E L L F Z L B W Q J A C A N  
P G N O N T F A D U P N R L X  
V P F W B N X I K J V Y B K C  
V D Q I J C A W X E O M C I I  
C N Z N F R S W P D A I G N O  
T N S G F S T R O N G N N G E  
D O G A E L E A S I I Z S E L  
P D L W I H N F V N I Q Z T D  
I R I S X W M J E H K L A F N  
Q T B Y I J A V F D Z O N G H  
L R E G L A E T N N B J V X G  
V U J E S U S I E W H V V P K  
B D X X F O W G P R X L C Q L  
B J W A S G Y H X C K P J X H

AFRAID	WIND	WALKING	BLOWING
JOINED	BOAT	LAKE	STRONG
JESUS	DARK	WATER	EVENING



Jesus Walks on Water

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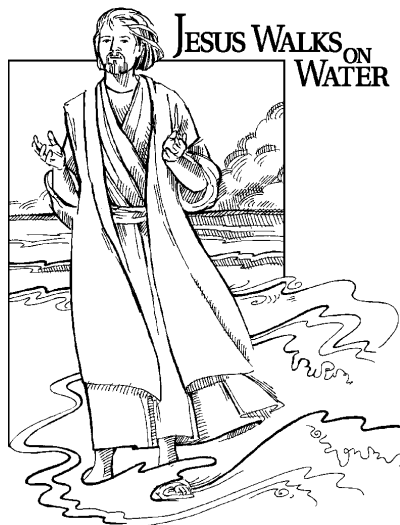
# Decoder Puzzle

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.

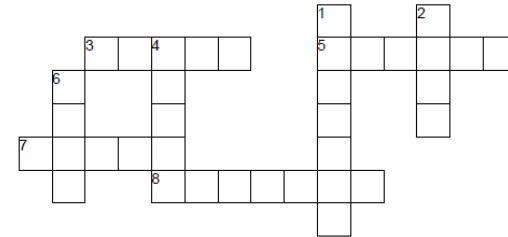
A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26

- 2-15-1-20 \_\_\_\_\_
- 23-1-12-11-9-14-7 \_\_\_\_\_
- 12-1-11-5 \_\_\_\_\_
- 5-22-5-14-9-14-7 \_\_\_\_\_
- 23-1-20-5-18 \_\_\_\_\_
- 23-9-14-4 \_\_\_\_\_
- 4-1-18-11 \_\_\_\_\_
- 1-6-18-1-9-4 \_\_\_\_\_

BOAT	WALKING	LAKE	EVENING
WATER	WIND	DARK	AFRAID



# Crossword Puzzle



## ACROSS

- The Son of God
- Filled with fear
- A liquid necessary for the life of plants and people
- The later part of the day

## DOWN

- Traveling on foot
- A body of water surrounded by land
- Land along the edge of a body of water
- A small vessel for travel on water

JESUS	BOAT	AFRAID	WATER
SHORE	EVENING	LAKE	WALKING



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