

Christ Moravian Church
Pastoral Letter for the Weekend of August 9th, 2020
Sunday Worship Focus: “Unexpected Surprises of Healing”

Greetings to all Friends in Christ.

I want to highlight a couple thoughts for our spiritual reflection this weekend. The Moravian Watchword for this coming week encourages us with Christ’s empowering words from Matthew 14:27: “Jesus spoke to the disciples and said, ‘Take heart, it is I; do not be afraid.’”

I reflect upon these past months in which I’ve found myself full of worry, discouragement, anxiousness and concern, and these words of the living Christ remind me to take heart and set aside my fear.

Secondly, if you have a Moravian Daily Text and turn to August 13th, you’ll find a little highlight that it is the Festival of August 13th, and on the bottom of that page you’ll find a note saying this: “On this date in 1727 in Berthelsdorf, Saxony (now Germany), a group of quarreling Christians experienced their unity in Christ through the power of the Holy Spirit. This new Pentecost marked the revival of the Unity of the Brethren, begun in 1457, and the beginning of the Renewed Moravian Church.” Imagine the power of the Risen Christ to be amidst the lives of those “quarreling Christians” to experience “unity” as Jesus might say to them, “Take heart, it is I; do not be afraid.”

This letter today will include a number of the regular links and announcements. We notified everyone yesterday about the request to send pictures of all the young folks and children of our lives to Donna Gordon. The video worship service for August 23 will speak to the “Surprise of Hope” and the Elders believed a great source of the hopeful faith we know is through all of the children, young folks, and coming generation. So please get those photos to Donna Gordon at dgordon@shaw.ca. An additional idea for that Service of Hope is to invite you to share your stories of hope with me. Please phone me or email me with your personal stories or experiences of hope, and my intention is to weave several of them into the service for that weekend. Thanks!

Secondly, yesterday’s note highlighted the Alpha House clothing drive on Saturday, August 8 from 11am-2pm at the church parking lot. A van will be there to receive these clothing items and the friends at the Alpha House will be so appreciative for these donations.

We will be highlighting in the August worship videos the “Rajpur School Hair Challenge”. As we aren’t able to gather and receive the “Noisy Offering” August’s emphasis is pledging and donating to support “Cutting Steve’s Locks” or “Keeping Steve’s Locks”. As August wraps up, the category receiving the most donations will dictate ... keeping or cutting those lovely locks! Make your donation and pledge and let Offering Steward, Ken Schultz know your opinion! You can e-mail Ken at keentz@shaw.ca or phone him at 403-281-4339.

In a couple of weeks, the Elders and the Executive Board will be meeting once again. There is continued assessment and discernment toward the upcoming fall plans for congregational life. We will be seeking thoughtful input and feedback about certain possibilities of small public gatherings.

I received word from the Gary Callander family of the deep appreciation and gratitude for all the support of prayers, cards, and gestures of love received by them at this time of grief.

The regular Children’s Activities are included in this email, and Gloria Toole includes a nice list of plants that are particularly good for the pollinator habitat to which she spoke last week. Thanks, Glo!

Keep cool, and keep dry! August blessings to all,

Pastor Steve Gohdes

Worship & Event Links for August 9th, 2020

CMC is inviting you to a scheduled Zoom meeting.

Topic: CMC Bible Buddies

Time: August 9th, 2020 09:00 AM Calgary

Hi Everyone,

This is the last chapter in the book *We Make the Road By Walking*. Brian McLaren lets Jesus have the final word against the backdrop of scientific gloom. He uses the parable of the prodigal son to sum up the message of the book and to see in it a vision of all human history from beginning to end. He says what we need in the end is not a prediction but a promise and that's what the biblical story invites us to believe.

Scripture:

Luke 15: 11-32

Romans 8: 31-39

1 Corinthians 15: 50-58

One question Brian asks us to consider is: How do you respond to the image of the end as a great homecoming celebration, or a great marriage banquet?

Looking forward to seeing you August 9th @ 9:00 AM.

Join Zoom Meeting

<https://us02web.zoom.us/j/81410889916?pwd=TjZxNGZIYmhHYTNKbmlrQUV3VVQ3UT09>

Meeting ID: 814 1088 9916

Password: 290418

One tap mobile

+15873281099,,81410889916# Canada

“Do not fear, all shall be well”

Barb: -)

Links to Online Worship:

Christ Moravian

<https://www.christmoravian.com>

Good Shepherd

<https://www.goodshepherdmoravian.org>

Rio Terrace

<https://www.rioterracechurch.org/live>

Moravian Church Northern Province

<https://www.moravian.org>

for details of events happening within the wider Moravian Church

Children's Worship Bulletin

Coloring Page

Joseph and His Brothers

Genesis 37:1-4, 12-28

Word Search Puzzle

H O N B O S I L V E R D D R C
 R O P G L A O T M F K M B A W
 W H G I D C Y M L R A O X A T
 J O S E P H G B D D C T C L S
 P O P Z Z D W H N A S C H D T
 I Q E N M R A A J N M A F E U
 P B R G S G L W E M E N L F R
 C O R S Y N R R M E R A O O F
 B R N O A P D A B O C A C D D
 M J B L T L T O Z P H N K S Y
 L O H D I H R D G E A B S K R
 O B W H J F E E O S N P H I F
 V C C K T T H R N O T A D L T
 E Q S Q A U H O S T S M L L X
 D O O H Z E S B D J Y H A Z O

LAND	MERCHANTS	LOVED	JOSEPH	CANAAN
HATED	GRAZE	OLD	BORN	ROBE
SONS	JACOB	BROTHERS	SILVER	CHILDREN
EGYPT	KILL	FLOCKS	FATHER	SOLD



Christ Moravian Church
 Calgary, Alberta

Decoder Puzzle

Each number represents a letter of the alphabet.
Substitute the correct letter for the numbers to reveal the coded words.

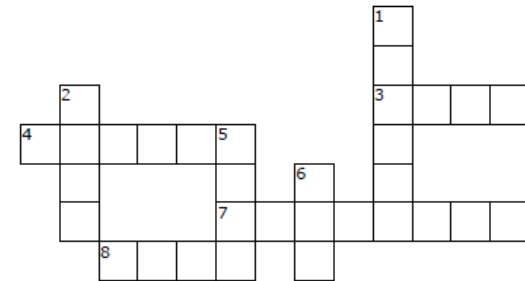
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
F	E	N	G	Q	O	M	S	K	V	P	I	U	W	J	A	D	R	X	Y	Z	T	B	C	L	H

- 8-6-25-17 _____
- 17-18-2-16-7-2-18 _____
- 9-12-25-25 _____
- 18-6-23-2 _____
- 25-6-10-2-17 _____
- 8-12-25-10-2-18 _____
- 15-6-8-2-11-26 _____
- 23-18-6-22-26-2-18-8 _____
- 15-16-24-6-23 _____
- 8-22-18-12-11-11-2-17 _____

DREAMER	LOVED	SILVER	STRIPPED	KILL
BROTHERS	SOLD	JACOB	JOSEPH	ROBE



Crossword Puzzle



ACROSS

- Gave something to someone else in return for money
- A male parent
- Men or boys with the same parents as another person
- To have strong feelings of affection for another person

DOWN

- Son of Jacob who had a coat of many colors
- To dislike someone or something very much
- A long, loose-fitting piece of clothing
- A male offspring

LOVE	FATHER	JOSEPH	SOLD
BROTHERS	SON	HATE	ROBE



Suitable Plants for an Albertan Bee/Butterfly Garden –updated, 2018

Comments by Dana Bush, native plant botanist in red

Formatted: Font: 9 pt, Font color: Purple

- Choose natives when you can
- Check to make sure they have never been treated with a neonicotinoid - (seed to grown plant, any part)
- Plant in large bunches (1 sq. metre, preferred)
- Aim for 15 different plants with at least 3 blooming at any given time (in full sun is preferred)
- ANBC recommends that we check out the Alberta Invasive Species Council's *Grow Me Instead* to avoid planting invasive species.

Section A: Perennial Flowers

Common name	Latin name	Light conditions	Soil/moisture	Height/spread	Colour	Bloom period	Other
Coneflower purple	<i>Echinacea purpurea</i>	Full to partial	Dry to moist	2-4'	Purple	August	ALCLA Native *; Thyse Note: native to Canada but not to Alberta
Coneflower yellow prairie	<i>Ratibida columnifera</i>	Full	Dry to moist	1-2'	Yellow	April-May	ALCLA Native; Note: Annual to short lived perennial
Prairie crocus	<i>Anemone patens</i>	Full	Dry to moist	½-1'; very slow spread	Pale blue to mauve	Early spring	ALCLA Native; ANBC; wildaboutflowers Note: some recommend the pasque flower which is not native, but thrives well. Spring and fall varieties available
Cut-leaved anemone	<i>Anemone multifida</i>	Full to partial	Dry – well drained	6-18; 8-14' spread	White, pink, wine red	May-early August	Wildaboutflowers; ALCLA Native Note: can be weedy – seeds prolifically
Canada anemone	<i>Anemone Canadensis</i>	Shade to sun	Moist to well-drained	8-24" aggressive spread by rhizomes and seeds	white	May-early August	wildaboutflowers
Beebalm Wild bergamont	<i>Monarda fistulosa</i>	Full to partial	Dry to moist	1-2 ½'	Mauve	July to August	ALCLA; ANBC Native Note: beautiful and the bees love it! Makes a compact clump that expands slowly.
Yarrow, common yarrow	<i>Achillea millefolium</i>	Full	Dry to moist	½ -3', may be aggressive spread by seed and vegetation	white	June to August	ALCLA Native Note: can be weedy
Yarrow, Many flowered	<i>Achillea siberica</i>	Full	Dry to moist	3-5', may be aggressive spread by seed and vegetation	cream	June to August	ALCLA Native
Goldenrod, Canada	<i>Solidago Canadensis</i>	Full to partial	Dry to moist	1-3', aggressive spread possible – restrict with bone meal in early spring 18-36" spread	Yellow	August to September	ALCLA Native; <i>solidago hybrid</i> available –crown of rays recommended by Lois Hole; Native healing plant –sore throats and general pain; Thyse; wildaboutflowers;. Pollinated by honeybees, bumble bees, soldier bees and syrphid flies

Goldenrod, Mountain	<i>Solidago decumbens</i>	Full to partial	Dry to Moist	½- 1.5', aggressive spread possible – restrict with bone meal in early spring	Yellow	August to September	ALCLA Native Note: not native in Alberta. I'd go with S. rigida instead
Goldenrod, prairie	<i>Solidago missouriensis</i>	Full to partial	Dry to Moist	½- 1.5', aggressive spread possible – restrict with bone meal in early spring	Yellow	July to August	ALCLA ; ANBC Native
Fireweed, mountain	<i>Epilobium latifolium</i>	Full to part	Moist to partly moist	½ - 1.5'	Reddish purple	July to August	ALCLA;ANBC Native
Fireweed, great willow herb	<i>Epilobium angustifolium</i>	Sun to part	Well-drained to moist	1-9'; aggressive	Pink	June to September	on Adrian <i>Thyise</i> list; <i>wildaboutflowers</i> Note: will spread (rhizomes) but easily pulled out.
Black-eyed Susan	<i>Rudbeckia hirta</i>	Full	Well-drained to dry	1-3'; 12-18 spread	Yellow	July to September	Thyise; wildaboutflowers; ALCLA Native Note: not native in Alberta.
Flabane, compound	<i>Erigeron compositus</i>	Sun	gravelly to well-drained	1-4"; 3-5" spread	White (daisy)-pale pink	May-July	Thyise; wildaboutflowers; ALCLA Native has other flabane
Indian Paint Brush	<i>Castilleja miniata</i>	Full-part	Well-drained	10-24"; 10-30" spread	Red	June-August	Wildaboutflowers; ALCLA Native; Native also have a yellow variety. Hemi-parasitic on lupines and other plants.
Showy Milkweed	<i>Asclepius speciosa</i> Favourite of Monarch. Also <i>A. ovalifolia</i> (not as tasty)	Sun-partial	Well-drained to moist	3-4'; aggressive spread rhizomes and seed	White-pink	June-July	Wildaboutflowers; ALCLA Native monarchs require; friend controls by trenching around roots; gather seeds. Note:
Liatris Meadow Blazing Star	<i>Liatris ligulistylis</i> <i>Liatris punctata</i> is more common in prairies	Sun-partial	Moist-well-drained; sandy	12-24"; 8-16"	Magenta	June-July	Wildaboutflowers Thysee; ALCLA Native has another variety
Smooth Aster	<i>Aster laevis</i>	Sun- Part	Well drained to moist; exposed	1-3'; spreads	Purple blue	July-Sept	Wildaboutflowers; ALCLA native; ANBC. Native. Note: somewhat weedy. Loved by bumblebees.
Showy Aster	<i>Aster conspicuus</i>	Sun- Part	Dry-moist	1-3'; moderate to aggressive	Purple	July to Oct	Wildaboutflowers; ANBC. Native. Note: not as weedy, also loved by bumblebees.
Silvery lupine Wild Blue Lupine	<i>Lupines argenteus</i> <i>Lupinus sericeus</i> more common	Sun- part	Dry; Exposed	8-30"; 12-24" spread; grows fast	Blue-purple	May-July	Wildaboutflowers; Thyse likes lupinus spp.; ALCLA. Native
Giant Hyssop	<i>Agastache foeniculum</i>	Sun-part	Moist-well drained; exposed	2-3'; 18-30" spread	blue	July-August	Wildaboutflowers;Thysee edible. Native
Heart-leaved Arnica	<i>Arnica cordifolia</i>	Part shade to shade	Moist to well-drained	8-24"; spreads by seeds and rhizomes	yellow	June-August	Wildaboutflowers; ANBC

Lance-leaved stonecrop (sedum)	<i>Sedum lanceolatum</i>	sun	Dry, rocky, exposed	2-6"	Yellow	June-August	Wildaboutflowers;
Blanketflower	<i>Gaillardia aristata</i>	Sun	Dry to moist	½ -2'	Yellow and red	July - August	ALCLA Native; Thyse; Hole; ANBC Beautiful, slowly spreading.
Showy locoweed	<i>Oxytropis splendens</i>	Sun	Dry to moist	½-1 ½	Blue to purple	June – August	ALCLA Native; Beautiful leaf and flower. Bee pollinated
Late yellow locoweed	<i>Oxytropis monticola</i> (<i>O. sericea</i> blooms in spring)	Sun	Dry to moist	½-2'	Pale yellow	July - August	ALCLA Native; toxic to livestock, but pollinated by bumblebees.
Alpine Hedysarum	<i>Hedysarum alpinum</i>	Full sun to partial shade	Dry to moist	½ - 3'	Pinkish to violet	June – July	ALCLA. Pollinated by bumblebees; often seeds are empty, likely due to lack of pollinators <i>Osmia spp.</i>
Early blue violets	<i>Viola adunca</i>	Sun	Dry to moist	2-4"	violet	May – Attracts early bees. Plant hardy seeds when first violet blooms.	Easy from seed or a friend's transplants. Re-seed prolifically, but easy to control by weeding. Host plant for fritillaries.
Canada violets	<i>Viola canadensis</i> syn. <i>V. rugosa</i>	Sun to partial shade	Moist	3-6"	white	June ?	Easy from seed or a friend's transplants. Re-seed prolifically, but easy to control by weeding.
American vetch;	<i>Vicia americana</i>	Sun to partial shade	Dry to moist	Less than 36"	purple	June to July	Native; Notes: Weedy, will climb into neighboring plants.
Sweet Vetch	<i>Hedysarum alpinum</i>	Sun to partial shade	Average to moist	20-70cm	Purple; pink	June to July	ANBC
Milk Vetch	<i>Astragalus cicer</i>	Full sun	Dry to moist	Up to 120 cm	Pale yellow to white	Early summer	ANBC; needs good drainage; not native; bumble bees
Sierra Larkspur;	<i>Delphinium glaucum</i>	Partial shade	Moist to wet	1-2 m	Purple	July-August	ANBC; attracts bees, butterflies and hummingbirds
Little larkspur	<i>Delphinium bicolor</i>	Sun	Dry	Less than 1m	Blue to purple	May-July	ANBC; Hollow stems – mason bees?
Common harebell; bluebell	<i>Campanula rotunfolia</i>	Sun to partial shade	Dry to normal	Less than 1m	Blue, purple	June-September	ANBC; bees and hummingbirds
Purple avens	<i>Geum rivale</i>	Shade to sun	Moist to wet	18-30"	Purple, yellow	May to early July	ANBC; wildaboutflowers Fall colour; good near ponds
(Rough) False Sunflower	<i>Heliopsis heliathoides</i>	Sun to full shade	Moist-well drained	2-3'; 3' spread; Prolific flowering	Yellow	July-August; long blooming	Very hardy in Alberta according to government site; Hole; Thyse. Not Native to NA.
Rockcress	<i>Aubrieta cultorum</i> ; <i>Aubrieta deltoidea</i>	Sun – part	exposed	4-6"; 18-24" spread	Purple, red, mauve	Early spring-early summer	Not native: Some are naturalized in Jasper area; bees love it; Hole Don't cut back in fall or early spring – won't bloom
Hollyhock	<i>Illiamna rivularis</i>	Part sun	Moist	.5 to 2 m tall	Pink		Native; available from ALCLA

White prairie clover	<i>Petalostamon candidum</i>	Sun	Moist to dry	12:	White		ALCLA;
Purple prairie clover	<i>Petalostamon purpurea</i>	Sun	Moist to dry	12:	Purple		ALCLA;
Gumweed	<i>Grindelia squarrosa</i>	Sun	Dry prairie and on somewhat saline ground		Yellow	July August?	Best bee plant in the province; This is the motherlode plant according to Jenna Cross, botanist, City of Calgary and Lincoln Best, native bee taxonomist
Sunflower	<i>Helianthus annuus (annual), Helianthus nuttallii (perennial).</i>	Sun			Yellow	July	ALCLA; If you buy commercial sunflowers, choose the simplest flowers, not doubles, not designer colours.
Veronica	<i>Veronica spp.</i>				Purple spikes	July	Not Native. Bumble bees love it.
Bee's Friend Phacelia, annual phacelia	<i>Phacelia tanacetifolia</i>			Annual, easy to grow	Purple	July	Not Native. Available by seed from Harmonic herbs. Somewhat scraggly when it is older but the bumble bees adore it.
Lonicera sempervirens	<i>Golden honeysuckle</i>			Tall climbing plant	Golden	July	Not Native: climbing. Bumble bees love it.
Lonicera dioica	<i>Twining honeysuckle</i>			Low climbing plant	Orange	July	Native: climbing

Section B: Herbs

Chives	<i>Allium schoenoprasum</i>						Wildaboutflowers carries a native version
Catmint	<i>Nepeta mussinii</i>	Sun-part	Exposed	1'; 12-15" spread	Purple; lilac-like shape	Summer-early fall	Thysee; Hole Divide every 3 years; can grow in large pots Not native
Oregano							Bees love Oregano!
Sage	<i>Salvia.....</i>						Bees love sage.
Wild Onion							ANBC

Section C: Trees

Wolf Willow	<i>Elaeagnus commutata</i>						ANBC – select males; Thysee. Note: Can be weedy, blooms early in spring and has a strong scent. NOT A WILLOW
Saskatoon	<i>Amelanchier alnifolia</i>						Thysee; ANBC
Aspen	<i>Populus tremuloides</i>						Thysee
Choke Cherry	<i>Prunus virginiana</i>						Thysee
Lilac	<i>Syringa spp</i>						Thysee
Willows;	<i>Salix spp.</i>						Thysee; ANBC. Willows provide one of the earliest sources of pollen for bees.
Apple Trees							ANBC;
Raspberries							I only get honeybees on my raspberries.
Wild Red	<i>Rubus idaeus</i>						

Raspberry	recommended by Pollinator Partnership Canada						Wild raspberry should attract bees and butterflies
Shrubby cinquefoil	Potentilla fruticosa				Yellow	June-Aug	Native, but many are overbred for bees.

Section D: Annuals

Pink Bee-plant	Cleome serrulata	Full sun to partial shade	Dry to moist	2-4'	Lavender pink to white	August	self-sowing annual, pretty but unpleasant smell. Attracts bees, butterflies and wasps (US Forest Service).
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ALCLA Native: www.alclanativeplants.com Contact them at ALCLA@telus.net

Thysse, Adrian. *Planting for Butterflies and Bees* <https://gardennotlawn.wordpress.com/2011/05/11/planting-for-butterflies-and-bees/>

www.wildaboutflowers.ca Okotoks based; ethical native plant source; plants can be picked up or they will deliver

Alberta Native Bee Council (ANBC) Find them on Facebook

Hole, Lois. *Lois Hole's Perennial Favorites*. Edmonton: Lone Pine Publishing, 1995 *This book is no longer in print. A more expensive and newer version is available updated by her son, but you are likely still able to find second hand copies in local bookshops.*

http://www.albertawow.com/wildflowers/alberta_wildflowers3.htm This site is a beautiful collection of wildflower photos that feature many of the native plants on this list.

Planting for Butterflies and Bees

Posted on [11 May, 2011](#) by [Adrian D. Thysse](#)

Shrubs

Dogwood *Cornus* spp.
 Honeysuckle *Lonicera* spp.
 Mockorange *Philadelphus*
 Roses (*Rosa* spp. and some hyb.)

Perennials

Black-eyed Susan *Rudbeckia fulgida*
 Blanketflower *Gaillardia aristata*
 Blue giant hyssop *Agastache foeniculum*
 Catmint *Nepeta* spp.
 Cone Flower *Echinacea purpurea*
 Coltsfoot *Petasites palmatus*
 Fireweed *Epilobium angustifolium*
 Fleabane *Erigeron* spp.
 Globe Thistle *Echinops ritro*
 Goldenrod *Solidago* spp.
 Hyssop *Hyssopus officinalis*
 Liatris *Liatris spicata*
 Lupines *Lupinus* sp.
 Bergemot *Monarda* spp.
 Dogbane *Apocynum androsaemifolium*
 Milkweeds *Asclepias* spp.
 Rough False Sunflower *Heliopsis helianthoides*
 Squill *Scilla sibirica*
 Striped Squill *Puschkinia libanotica*
 Tickseed *Coreopsis lanceolata* and *C. verticillata*
 Yarrow *Achillea millefolium*

Annuals

Ageratum *Ageratum houstonianum*
 Broccoli *Brassica* spp.
 Borage *Borago officinalis*
 Cabbage – *Brassica* spp.
 Common Sunflower *Helianthus annuus*
 Cosmos – *Cosmos* spp.
 Globe Candytuft – *Iberis umbellata*
 Heliotrope *Heliotropium arborescens*
 Lamb's Quarters *Chenopodium album*
 Lupines *Lupinus* spp.
 Marigold *Tagetes* spp.
 Nasturtium *Tropaeolum* spp.
 Nicotiana *Nicotiana glauca*
 Petunia *Petunia x hybrida*
 Salvia *Salvia* spp.
 Scabiosa *Scabiosa atropurpurea*
 Snapdragon *Antirrhinum majus*
 Statice *Limonium sinuatum*
 Sweet Alyssum *Lobularia maritima*
 Verbena *Verbena* spp.
 Zinnia *Zinnia* spp.

