

**“Since 2014” - BARRHAVEN SENIORS’ COUNCIL - “Since 2014”**

**Revised March 24th**

**April 2025**

May 2025 ►

Sun		Mon	Tue	Wed	Thu	Fri	Sat
Exercise classes by “Zoom” have expanded to	include Stroke Recovery; Chair Parkinson’s; Diabetes; C.O.P.D.	Call Grace for all the details: 613-796-4729	1 <a href="#">Zoom Exercises</a>  BRIDGE <u>12: to 3 PM</u>	2 <a href="#">Zoom Exercises</a> FUN EUCHRE 12:30 to 3:30 PM	3 <a href="#">Zoom Exercises</a>  CRIBBAGE + SCRABBLE 12:30 to 3:30 PM	4 <a href="#">Zoom Exercises</a> Witer’s Circle 1:30 to 3 PM VIVA CANASTA 12:30 to 3:30 PM	5
6		7 <a href="#">Zoom Exercises</a> DROP IN 10 AM to 12 Noon KNITTING 1:30 PM to 4 PM	8 <a href="#">Zoom Exercises</a> Men’s Breakfast 8:30 Broadways BRIDGE 12 to 3 PM	9 <a href="#">Zoom Exercises</a> Book Club 10 AM Library Ladies’ Luncheon 11:30 Broadways FUN EUCHRE 12:30 to 3:30 PM	10 <a href="#">Zoom Exercises</a>  CRIBBAGE + SCRABBLE 12:30 to 3:30 PM	11 <a href="#">Zoom Exercises</a>  CANASTA 12:30 to 3:30 PM	12
13		14 <a href="#">Zoom Exercises</a> DROP IN 10 AM to 12 Noon KNITTING 1:30 PM to 4 PM	15 <a href="#">Zoom Exercises</a>  BRIDGE 12: to 3 PM	16 <a href="#">Zoom Exercises</a> FUN EUCHRE 12:30 to 3:30 PM	17 <a href="#">Zoom Exercises</a> CRIBBAGE + SCRABBLE 12:30 to 3:30 PM	18 Advanced Election Poll - building closed	19 Advanced Election Poll - building closed
20 Advanced Election Poll - building closed		21 Advanced Election Poll - building closed	22 <a href="#">Zoom Exercises</a>  BRIDGE 12: to 3 PM	23 <a href="#">Zoom Exercises</a> FUN EUCHRE 12:30 to 3:30 PM	24 <a href="#">Zoom Exercises</a>  CRIBBAGE + SCRABBLE 12:30 to 3:30 PM	25 <a href="#">Zoom Exercises</a>  CANASTA 12:30 to 3:30 PM	26
27		28 Building closed. Election Day	29 <a href="#">Zoom Exercises</a>  BRIDGE 12: to 3 PM	30 <a href="#">Zoom Exercises</a> FUN EUCHRE 12:30 to 3:30 PM			

