

# Join us!

Ottawa's premier all-inclusive retirement community presents...



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RESPITE SUITES  
AND TRIAL STAYS!**



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## **Walker Cleaning & Lemonade Stand**

**Tuesday, April 29th, 1:00 p.m - 2:00 p.m**

Join us at this special event, where every purchase makes a difference! All proceeds will benefit the Easter Seals Camp Merrywood during our "Kindness for Kids" week in memory of Eli Marder former CEO of V!VA.

## **Cooking Demonstration with Chef Eric: A Heart Healthy Meal**

**Thursday, April 3rd, 2:00 p.m - 3:00 p.m**

Join us for a special cooking demo with Chef Eric as he shows you how to prepare a delicious and heart-healthy meal!

**V!VA** Retirement Communities™

**BARRHAVEN**

RSVP Natasha and secure your spot today!  
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