

## Barrhaven Seniors Council

**Unless otherwise indicated on the calendar, all programs are at the “Barrhaven Seniors’ Centre”**

December 2017 (Tentative Calendar)						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> CANASTA <u>1 PM to 4 PM</u> Chair Exercises 2:45 – 3:45 PM SNCHC	<b>2</b>
<b>3</b> Barrhaven Seniors’ Centre is located at 700 Longfields Drive	<b>4</b> Seniors’ Drop In <u>9:30 to 11:30</u> Knitting <u>1:30 to 3 PM Library</u> Poetry and Play Reading: 1 PM to 4 PM	<b>5</b> <u>Art For Seniors</u> <u>10 AM to 11:30 AM</u>  BRIDGE 1 PM to 4 PM	<b>6</b> VIVA Aquafit <u>9:30 to 10:15 AM</u> <u>1 PM Library Mtg Rm</u> <u>Computers for Seniors</u> <u>EUCHRE 1 PM to 4 PM</u> Chair Exercises 2:45 – 3:45 PM SNCHC	<b>7</b> CRIBBAGE 1 PM to 4 PM	<b>8</b> CANASTA <u>1 PM to 4 PM</u>  Chair Exercises 2:45 – 3:45 PM SNCHC	<b>9</b>
<b>10</b> Ruth E Dickinson Library is located at 100 Malvern Drive	<b>11</b> Seniors’ Drop In <u>9:30 to 11:30</u>  Knitting <u>1:30 to 3 PM</u> <u>Library Upstairs</u>  1 PM to 4PM Scrabble <b>and</b> Mahong	<b>12</b> <u>Art For Seniors</u> <u>10 AM to 11:30 AM</u>  BRIDGE 1 PM to 4 PM	<b>13</b> VIVA Aquafit <u>9:30 to 10:15 AM</u> <u>Book Club 10 AM-Library</u> <b>11:30 AM Festive</b> <b>Lunch: Swiss Chalet</b> <u>1 PM Library Mtg Rm</u> <u>Computers for Seniors</u> <u>EUCHRE 1 PM to 4 PM</u> Chair Exercises 2:45 – 3:45 PM SNCHC	<b>14</b> CRIBBAGE 1 PM to 4 PM	<b>15</b> CANASTA <u>1 PM to 4 PM</u>  Chair Exercises 2:45 – 3:45 PM SNCHC	<b>16</b>
<b>17</b> <b>BUS TOUR</b> <b>Alight All Night</b> <b>Upper Canada Village</b>	<b>18</b> Seniors’ Drop In <u>9:30 to 11:30</u> Knitting <u>1:30 to 3 PM Library</u> “Round The Kitchen Table.” 1 PM to 4 PM	<b>19</b> <u>Art For Seniors</u> <u>10 AM to 11:30 AM</u>  BRIDGE 1 PM to 4 PM	<b>20</b> VIVA Aquafit <u>9:30 to 10:15 AM</u> <b>EUCHRE</b> <u>1 PM to 4 PM</u> Chair Exercises 2:45 – 3:45 PM SNCHC	<b>21</b> CRIBBAGE 1 PM to 4 PM	<b>22</b> CANASTA <u>1 PM to 4 PM</u>  Chair Exercises 2:45 – 3:45 PM SNCHC	<b>23</b>
<b>24</b>	<b>25</b> <b>Christmas</b>	<b>26</b> <b>Boxing Day</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>31</b>	<b>Notes: Chair Exercises are held at SNCHC = South Nepean Community Health Centre                      4100 Strandherd Drive, Suite 201</b>					

