

Barrhaven Seniors Council

Unless otherwise indicated on the calendar, all programs are at the “Barrhaven Seniors’ Centre”

| January 2018 – Revised January 11th | | | | | | | |
|-------------------------------------|---|---|--|--|---|-----|--|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat | |
| | 1 New Year's Day | 2 BRIDGE 1 PM to 4 PM | 3 Ladies' Lunch <u>Broadways 11:30 AM</u> EUCHRE 1 to 4 PM Chair Exercises <u>2:30 – 3:30 PM SNCHC</u> Writers' Circle –Library <u>6:45 PM to 8 :15 PM</u> | 4 CRIBBAGE 1 to 4 PM | 5 CANASTA <u>1 PM to 4 PM</u> Chair Exercises <u>2:30 – 3:30PM SNCHC</u> | 6 | |
| 7 | 8 Seniors' Drop In <u>9:30 to 11:30</u> Knitting <u>1:30 to 3 PM Library</u> 1 PM to 4 PM Scrabble and Mahjong | 9 “Art For Seniors” <u>9:30 AM Info Session</u> BRIDGE 1 PM to 4 PM 2 PM “Presentaton” PrinceOfWalesManor | 10 Book Club <u>Library – 10 AM</u> EUCHRE 1 to 4 PM Chair Exercises <u>2:30 – 3:30 PM SNCHC</u> Writers' Circle– Library <u>6:45 PM to 8 :15 PM</u> | 11 NEW MEMBERS' BREAKFAST Two Sittings 9 AM + 10:30 AM CRIBBAGE 1 to 4 PM | 12 CANASTA <u>1 PM to 4 PM</u> Chair Exercises <u>2:30 – 3:30PM SNCHC</u> | 13 | |
| 14 | 15 Seniors' Drop In <u>9:30 to 11:30</u> KnittingLibrary: 1 to 3 1 PM to 4 PM Poetry & Play Reading | 16 BRIDGE 1 PM to 4 PM | 17 EUCHRE 1 to 4 PM Chair Exercises <u>2:30 – 3:30 PM SNCHC</u> Writers' Circle– Library <u>6:45 PM to 8 :15 PM</u> | 18 CRIBBAGE <u>1 to 4 PM</u> PRESENTATION Library:1:30-3:30 PM Citizenship Test Prep. | 19 CANASTA <u>1 PM to 4 PM</u> Chair Exercises <u>2:30 – 3:30PM SNCHC</u> | 20 | |
| 21 | 22 Seniors' Drop In <u>9:30 to 11:30</u> Knitting <u>1:30 to 3 PM Library</u> 1 PM to 4 PM Scrabble and Mahjong | 23 BRIDGE 1 PM to 4 PM | 24 EUCHRE 1 to 4 PM Chair Exercises <u>2:30 – 3:30 PM SNCHC</u> Writers' Circle– Library <u>6:45 PM to 8 :15 PM</u> PRESENTATION:7-8PM Library: Mutual Funds | 25 NEW MEMBERS' LUNCH Two Sittings 11:15 AM + 12:45 PM CRIBBAGE: 1 - 4 PM PRESENTATION Library: 2 PM to 4 PM Immigration and Set. | 26 CANASTA <u>1 PM to 4 PM</u> Chair Exercises <u>2:30 – 3:30PM SNCHC</u> | 27 | |
| 28 | 29 Seniors' Drop In <u>9:30 to 11:30</u> Knitting <u>1:30 to 3 PM Library</u> “Round The Kitchen Table.” 1 PM to 4 PM | 30 BRIDGE 1 PM to 4 PM | 31 EUCHRE 1 to 4 PM <u>Chair 2:30-3:30 SNCHC</u> Writers' Circle– Library <u>6:45 PM to 8 :15 PM</u> PRESENTATION Library: 6:30 - 8:30 PM Hard Copy from Digital | NOTES: Art Classes are held on Thursdays at the Instructors' Studio, 358 Haileybury Street. For more information, contact Frank at 613-440-3099 Chair Exercises are held at SNCHC = South Nepean Community Health Centre 4100 Strandherd Drive, Suite 201 | | | |

February 2018 ▶

