

UPDATED: May 10/2018

Barrhaven Seniors Council

Unless otherwise indicated on the calendar, all programs are at the “Barrhaven Seniors’ Centre”

◀ Apr 2018		May 2018					Jun 2018 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	April 30 Seniors' Drop In 9:30 to 11:30 Knitting 1:30 – 3:30 Library	May 1 BRIDGE 1 PM to 4 PM	2 Ladies Lunch 11:30 Broadways EUCHRE 1 to 4 PM Chair Exercises 2:30– 3:30 PM SNCHC Writers' Circle Library 6:45 PM to 8 :15 PM	3 CRIBBAGE 1 PM to 4 PM	4 Chair Exercises 2:30 – 3:30 PM SNCHC	5	
6	7 Seniors' Drop In 9:30 to 11:30 Knitting 1:30 to 3 PM Library	8 BRIDGE 1 PM to 4 PM	9 Book Club 10 AM-Library EUCHRE 1 to 4 PM Chair Exercises 2:30– 3:30 PM SNCHC Writers Circle-Library 6:45 PM to 8 :15 P	10 LAST CATERED BREAKFAST THIS SPRING Two Sittings 8:30 AM + 10 AM CRIBBAGE 1 PM to 4 PM	11 Tulip Festival Begins  Chair Exercises 2:30 – 3:30 PM SNCHC	12	
13	14 Seniors' Drop In 9:30 to 11:30 Knitting 1:30 to 3 PM Library 1 PM to 4 PM Poetry & Play Reading	15 BRIDGE 1 PM to 4 PM	16 EUCHRE 1 to 4 PM Chair Exercises 2:30– 3:30 PM SNCHC Writers Circle Library 6:45 PM to 8 :15 PM	17 CRIBBAGE 1 PM to 4 PM	18 Chair Exercises 2:30 – 3:30 PM SNCHC	19	
20	21 VICTORIA DAY Tulip Festival Ends	22 BRIDGE 1 PM to 4 PM	23 EUCHRE 1 to 4 PM Chair Exercises 2:30– 3:30PM SNCHC Writers Circle Library 6:45 PM to 8 :15 PM	24 LAST CATERED LUNCH THIS SPRING 11:15 AM +12:45 PM CRIBBAGE 2 PM to 5 PM	25 Chair Exercises 2:30 – 3:30 PM SNCHC	26 BUS TRIP Akwasasne Casino and Bingo Palace	
27	28 Drop In 9:30 – 11:30 Knitting Library 1:30PM DISCUSSION GROUP 1 PM to 4 PM Taste Of Barrhaven 6 PM to 9 PM Lonfields Davison	29 BRIDGE 1 PM to 4 PM	30 Out and About 9 AM to 3 PM EUCHRE 1 to 4 PM Chair Exercises 2:30–3:30 PM SNCHC Writers Circle–Library 6:45 PM to 8 :15 PM	31 CRIBBAGE 1 PM to 4 PM	Chair Exercises are held at SNCHC = South Nepean Community Health Centre 4100 Strandherd Drive, Suite 201		

