

Barrhaven Seniors Council

Unless otherwise indicated on the calendar, all programs are at the “Barrhaven Seniors’ Centre”

◀ Oct 2018	DRAFT November 2018 DRAFT					Dec 2018 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
SNCHC = South Nepean Community Health Centre	4100 Strandherd Drive, Suite 201			1 CRIBBAGE 1 PM to 4 PM	2 CANASTA 1 PM to 4 PM Chair Exercises 2:15 – 3:15 PM SNCHC	3
4	5 Seniors’ Drop In <u>9:30 to 11:30</u> Knitting <u>1:30 to 3 PM Library</u> OPTIONAL GAMES 1 to 4 PM	6 <u>Men’s Breakfast</u> <u>8:30 AM Broadways</u> “DARTS” <u>9:30 to 11:30 AM</u> BRIDGE 1 PM to 4 PM	7 EUCHRE <u>1 PM to 4 PM</u> Chair Exercises <u>2:15 – 3:15 PM SNCHC</u> <u>Writers’CircleLibrary</u> <u>6:45 PM to 8 :15 PM</u>	8 CRIBBAGE 1 PM to 4 PM	9 CANASTA <u>1 PM to 4 PM</u> Chair Exercises <u>2:15 – 3:15 PM SNCHC</u>	10
11	12 Seniors’ Drop In <u>9:30 to 11:30</u> Knitting <u>1:30 to 3 PM Library</u> Poetry and Play Reading: 1 to 3:PM	13 “DARTS” <u>9:30 to 11:30 AM</u> BRIDGE 1 PM to 4 PM	14 <u>Ladies Lunch</u> <u>11:30 Broadways</u> <u>Book Club 10 AM Libr.</u> EUCHRE <u>1 PM to 4 PM</u> Chair: <u>2:15-3:15SNCHC</u> <u>Writers’CircleLibrary</u> <u>6:45 PM to 8 :15 PM</u>	15 CRIBBAGE 1 PM to 4 PM	16 CANASTA <u>1 PM to 4 PM</u> Chair Exercises <u>2:15 – 3:15 PM SNCHC</u>	17
18	19 Seniors’ Drop In <u>9:30 to 11:30</u> <u>Restaurant Outing</u> <u>Juluca’s Lunch 11:30</u> Knitting <u>1:30 to 3 PM Library</u> Current Affairs Group: 1 to 3 PM	20 “DARTS” <u>9:30 to 11:30 AM</u> BRIDGE 1 PM to 4 PM	21 EUCHRE <u>1 PM to 4 PM</u> Chair Exercises <u>2:15 – 3:15 PM SNCHC</u> <u>Writers’CircleLibrary</u> <u>6:45 PM to 8 :15 PM</u>	22 CRIBBAGE 1 PM to 4 PM	23 CANASTA <u>1 PM to 4 PM</u> Chair Exercises <u>2:15 – 3:15 PM SNCHC</u>	24
25	26 Seniors’ Drop In <u>9:30 to 11:30</u> Knitting <u>1:30 to 3 PM Library</u> OPTIONAL GAMES 1 to 4 PM	27 “DARTS” <u>9:30 to 11:30 AM</u> BRIDGE 1 PM to 4 PM	28 EUCHRE <u>1 PM to 4 PM</u> Chair Exercises <u>2:15 – 3:15 PM SNCHC</u> <u>Writers’CircleLibrary</u> <u>6:45 PM to 8 :15 PM</u>	29 CRIBBAGE 1 PM to 4 PM	30 CANASTA <u>1 PM to 4 PM</u> Chair Exercises <u>2:15 – 3:15 PM SNCHC</u>	

