

Barrhaven Seniors Council

Unless otherwise indicated on the calendar, all programs are at the “Barrhaven Seniors’ Centre”

Revised: Sept. 27th							October 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat							
	1 Seniors’ Drop In 9:30 to 11:30 Knitting 1:30 to 3 PM Library OPTIONAL GAMES 1 to 4 PM	2 Men’s Breakfast 8:30 AM Broadways BRIDGE 1 PM to 4 PM	3 BUS TRIP EUCHRE 1 PM to 4 PM Chair:2:15-3:15SNCHC Writers’CircleLibrary 6:45 PM to 8 :15 PM	4 CRIBBAGE 1 PM to 4 PM	5 CANASTA 1 PM to 4 PM Chair Exercises 2:15 – 3:15 PM SNCHC	6							
7	8 Thanksgiving	9 “DARTS” Tutorial 9 to 11 AM BRIDGE 1 PM to 4 PM	10 Ladies Lunch 11:30 Broadways Book Club 10 AM Libr. EUCHRE 1 PM to 4 PM Chair:2:15-3:15SNCHC Writers’CircleLibrary 6:45 PM to 8 :15 PM	11 CRIBBAGE 1 PM to 4 PM	12 CANASTA 1 PM to 4 PM Chair Exercises 2:15 – 3:15 PM SNCHC	13							
14	15 Seniors’ Drop In 9:30 to 11:30 Knitting 1:30 Library Poetry and Play Reading: 1 to 3:PM	16 “DARTS” 9:30 to 11:30 AM BRIDGE 1 PM to 4 PM	17 EUCHRE 1 PM to 4 PM Chair:2:15-3:15SNCHC Writers’CircleLibrary 6:45 PM to 8 :15 PM	18 ART 9:30-11:30 Location TBD CRIBBAGE 1 PM to 4 PM	19 CANASTA 1 PM to 4 PM Chair Exercises 2:15 – 3:15 PM SNCHC	20							
21	22 Seniors’ Drop In 9:30 to 11:30 Knitting 1:30 Library Current Affairs Group 1 to 3 PM	23 “DARTS” 9:30 to 11:30 AM BRIDGE 1 PM to 4 PM	24 EUCHRE 1 PM to 4 PM Chair:2:15-3:15SNCHC Writers’CircleLibrary 6:45 PM to 8 :15 PM	25 ART 9:30-11:30 Location TBD CRIBBAGE 1 PM to 4 PM	26 CANASTA 1 PM to 4 PM Chair Exercises 2:15 – 3:15 PM SNCHC	27							
28	29 Seniors’ Drop In 9:30 to 11:30 Knitting 1:30 to 3 PM Library OPTIONAL GAMES 1 to 4 PM	30 “DARTS” 9:30 to 11:30 AM Restaurant Outing Colonnade 11:30 AM BRIDGE 1 PM to 4 PM	31 EUCHRE 1 PM to 4 PM Chair Exercises 2:15 – 3:15 PM SNCHC Writers’CircleLibrary 6:45 PM to 8 :15 PM	SNCHC = South Nepean Community Health Centre, 4100 Strandherd Drive, Suite 201									