

## Barrhaven Seniors Council

Unless otherwise indicated on the calendar, all programs are at the "Barrhaven Seniors' Centre"

October 25 <sup>th</sup> Ed.		November 2018				
Sun	Mon	Tue	Wed	Thu	Fri	Sat
SNCHC = South Nepean Community Health Centre	4100 Strandherd Drive, Suite 201			1  CRIBBAGE 1 PM to 4 PM	2  CANASTA <u>1 PM to 4 PM</u>  Chair Exercises 2:15 – 3:15 PM SNCHC	3
4	5 Seniors' Drop In <u>9:30 to 11:30</u>  Knitting <u>1:30 to 3 PM Library</u> Mahjong, Scrabble etc. 1 to 4 PM	6 <u>Men's Breakfast</u> <u>8:30 AM Broadways</u> "DARTS" <u>9:30 to 11:30 AM</u> BRIDGE 1 PM to 4 PM	7 EUCHRE <u>1 PM to 4 PM</u> Chair Exercises <u>2:15 – 3:15 PM SNCHC</u> <u>Writers' Circle Library</u> <u>6:45 PM to 8 :15 PM</u>	8  CRIBBAGE 1 PM to 4 PM	9  CANASTA <u>1 PM to 4 PM</u>  Chair Exercises 2:15 – 3:15 PM SNCHC	10
11  Remembrance Day	12 Seniors' Drop In <u>9:30 to 11:30</u>  Knitting <u>1:30 to 3 PM Library</u> Poetry and Play Reading: 1 to 3:PM	13 "DARTS" <u>9:30 to 11:30 AM</u>  BRIDGE 1 PM to 4 PM	14 <u>Ladies Lunch</u> <u>11:30 Broadways</u> <u>Book Club 10 AM Libr.</u>  EUCHRE <u>1 PM to 4 PM</u> <u>Chair: 2:15-3:15 SNCHC</u>	15  CRIBBAGE 1 PM to 4 PM	16  CANASTA <u>1 PM to 4 PM</u>  Chair Exercises 2:15 – 3:15 PM SNCHC	17
18	19 Seniors' Drop In <u>9:30 to 11:30</u>  <u>11:30 AM</u> <u>Restaurant Outing</u> <u>Kelsey's Barrhaven</u>  Knitting <u>1:30 to 3 PM Library</u> Current Affairs Group: 1 to 3 PM	20 "DARTS" <u>9:30 to 11:30 AM</u>  BRIDGE 1 PM to 4 PM	21  EUCHRE <u>1 PM to 4 PM</u>  Chair Exercises 2:15 – 3:15 PM SNCHC	22  CRIBBAGE 1 PM to 4 PM	23  <u>AGM 9:30 AM</u>  CANASTA <u>1 PM to 4 PM</u>  Chair Exercises 2:15 – 3:15 PM SNCHC	24
25	26 Seniors' Drop In <u>9:30 to 11:30</u>  Knitting <u>1:30 to 3 PM Library</u> Mahjong, Scrabble etc. 1 to 4 PM	27 "DARTS" <u>9:30 to 11:30 AM</u>  BRIDGE 1 PM to 4 PM	28  EUCHRE <u>1 PM to 4 PM</u>  Chair Exercises 2:15 – 3:15 PM SNCHC	29  CRIBBAGE 1 PM to 4 PM	30  CANASTA <u>1 PM to 4 PM</u>  Chair Exercises 2:15 – 3:15 PM SNCHC	

