

Barrhaven Seniors Council

Unless otherwise indicated on the calendar, all programs are at the “Barrhaven Seniors’ Centre”

Updated: January 17, 2019							February 2019		Mar 2019 ►
Sun	Mon	Tue	Wed	Thu	Fri	Sat			
<p>SNCHC = South Nepean Community Health Centre, 4100 Strandherd Drive, Suite 201</p>					<p>1 CANASTA <u>1 PM to 4 PM</u></p> <p>Chair Exercises 2:15 – 3:15 PM SNCHC</p>	<p>2</p>			
<p>3</p>	<p>4 Seniors’ Drop In <u>9:30 to 11:30</u> Knitting <u>1:30 to 3 PM Library</u> Mahjong 1 to 4 PM</p>	<p>5 BRIDGE 1 PM to 4 PM</p>	<p>6 EUCHRE <u>1 PM to 4 PM</u> Chair:2:15-3:15SNCHC Writers’CircleLibrary 6:45 PM to 8 :15 PM</p>	<p>7 CRIBBAGE 1 PM to 4 PM</p>	<p>8 CANASTA <u>1 PM to 4 PM</u></p> <p>Chair Exercises 2:15 – 3:15 PM SNCHC</p>	<p>9</p>			
<p>10</p>	<p>11 Seniors’ Drop In <u>9:30 to 11:30</u> Knitting <u>1:30 to 3 PM Library</u> Poetry & Play Reading: 1 to 3:PM</p>	<p>12 <u>Men’s Breakfast</u> <u>Broadways 8:30</u></p> <p>BRIDGE 1 PM to 4 PM</p>	<p>13 <u>Book Club</u> <u>10 AM –Library</u> <u>Ladies Lunch</u> <u>Broadways 11:30</u> EUCHRE <u>1 PM to 4 PM</u> Chair:2:15-3:15SNCHC</p>	<p>14 CRIBBAGE 1 PM to 4 PM</p>	<p>15 CANASTA <u>1 PM to 4 PM</u></p> <p>Chair Exercises 2:15 – 3:15 PM SNCHC</p>	<p>16</p>			
<p>17</p>	<p>18 FAMILY DAY HOLIDAY Mahjong 1 to 4 PM</p>	<p>19 BRIDGE 1 PM to 4 PM</p>	<p>20 EUCHRE <u>1 PM to 4 PM</u> Chair:2:15-3:15SNCHC</p>	<p>21 CRIBBAGE 1 PM to 4 PM</p>	<p>22 CANASTA <u>1 PM to 4 PM</u></p> <p>Chair Exercises 2:15 – 3:15 PM SNCHC</p>	<p>23</p>			
<p>24</p>	<p>25 Seniors’ Drop In <u>9:30 to 11:30</u> <u>Knitting 1:30 Library</u> Current Affairs Group 1 to 3 PM</p>	<p>26 Restaurant Outing Tutti Frutti 11:30 BRIDGE 1 PM to 4 PM</p>	<p>27 EUCHRE <u>1 PM to 4 PM</u> Chair:2:15-3:15SNCHC</p>	<p>28 CRIBBAGE 1 PM to 4 PM</p>					