

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	8
	Z / E	Z / E	Z / E	Z / E	Z / E	
	CIVIC HOLIDAY	BRIDGE 12:00-3:00	American MAHJONG 9:00am - 11:30am	CRIBBAGE & SCRABBLE 12:30-3:30	WRITER'S CIRCLE AT V!VA 1:30-3:00	
	NO ACTIVITIES		FUN EUCHRE 12:30-3:30		CANASTA 12:30-3:30	
9	10	11	12	13	14	15
	Z / E	Z / E	Z / E	Z / E	Z / E	
	DROP-IN 10:00-12:00	Men's Breakfast 8:30 Broadway	American MAHJONG 9:00am - 11:30am	CRIBBAGE & SCRABBLE 12:30-3:30	CANASTA 12:30-3:30	
	KNITTING 1:30-4:00	BRIDGE 12:00-3:00	Ladies Lunch 11:30 Broadway			
	New Barrhaven Civic Center Public Open House Minto Rec. 6:00pm-8:00pm		FUN EUCHRE 12:30-3:30			
16	17	18	19	20	21	22
	Z / E	Z / E	Z / E	Z / E	Z / E	
	DROP-IN 10:00-12:00	BRIDGE 12:00-3:00	American MAHJONG 9:00am - 11:30am	CRIBBAGE & SCRABBLE 12:30-3:30	CANASTA 12:30-3:30	
	KNITTING 1:30-4:00		FUN EUCHRE 12:30-3:30			
23	24	25	26	27	28	29
	Z / E	Z / E	Z / E	Z / E	Z / E	
	DROP-IN 10:00-12:00	BRIDGE 12:00-3:00	American MAHJONG 9:00am - 11:30am	CRIBBAGE & SCRABBLE 12:30-3:30	CANASTA 12:30-3:30	
	KNITTING 1:30-4:00		FUN EUCHRE 12:30-3:30			
30	31					
	Z / E					
	DROP-IN 10:00-12:00					
	KNITTING 1:30-4:00					

NOTES:

Z / E refers to Exercise classes by "ZOOM". It includes : Stroke Recovery, Chair Parkinson's, Diabetes & COPD For more details about the Zoom classes, please contact Grace at (613) 796-4729

AUGUST 10TH from 6pm to 8pm at the Minto Recreation Complex - Cambrian/Greenbank:

the city will be holding a public open house concerning the planning & development of the Future Barrhaven Civic Centre

Please email questions and/or concerns to: Barrhavenseniors@gmail.com