

BARRHAVEN SENIORS' COUNCIL - since 2014
Calendar of events: JANUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				KEN ROSS BUILDING IS CLOSED		
4	5	6	7	8	9	10
	Z / E DROP-IN 10:00-12:00 KNITTING 1:30-4:00	Z / E Walking Minto Rec.Center 10:30-11:30 BRIDGE 12:00-3:00	Z / E FUN EUCHRE 12:30-3:30	Z / E Walking Minto Rec.Center 10:30-11:30 CRIBBAGE & SCRABBLE 12:30-3:30	Z / E WRITER'S CIRCLE AT V!VA 1:30-3:00 CANASTA 12:30-3:30	
11	12	13	14	15	16	17
	Z / E DROP-IN 10:00-12:00 KNITTING 1:30-4:00	Z / E Men's Breakfast 8:30 Broadway Walking Minto Rec.Center 10:00-11:00 BRIDGE 12:00-3:00	Z / E Ladies Lunch 11:30 Broadway FUN EUCHRE 12:30-3:30	Z / E Walking Minto Rec.Center 10:00-11:00 CRIBBAGE & SCRABBLE 12:30-3:30	Z / E CANASTA 12:30-3:30	
18	19	20	21	22	23	24
	Z / E DROP-IN 10:00-12:00 KNITTING 1:30-4:00	Z / E Walking Minto Rec.Center 10:00-11:00 BRIDGE 12:00-3:00	Z / E FUN EUCHRE 12:30-3:30	Z / E Walking Minto Rec.Center 10:00-11:00 CRIBBAGE & SCRABBLE 12:30-3:30	Z / E CANASTA 12:30-3:30	
25	26	27	28	29	30	31
	Z / E DROP-IN 10:00-12:00	Z / E Walking Minto Rec.Center 10:00-11:00 BRIDGE 12:00-3:00	Z / E FUN EUCHRE 12:30-3:30	Z / E Walking Minto Rec.Center 10:00-11:00 CRIBBAGE & SCRABBLE 12:30-3:30	Z / E CANASTA 12:30-3:30	

NOTES:

Z / E refers to Exercise classes by "ZOOM". It includes : Stroke Recovery, Chair Parkinson's, Diabetes & COPD

For more details about the Zoom classes, please contact Grace at (613) 796-4729

Please email questions and/or concerns to: Barrhavenseniors@gmail.com