

“Since 2014” - BARRHAVEN SENIORS’ COUNCIL - “Since 2014”

Sun		Mon	Tue	Wed	Thu	Fri	Sat	
Exercise classes by “Zoom” have expanded to	include Stroke Recovery; Chair Parkinson’s; Diabetes; C.O.P.D.	Call Grace for all the details: 613-796-4729	1 <u>Zoom Exercises</u> BRIDGE <u>12: to 3 PM</u>	2 <u>Zoom Exercises</u> FUN EUCHRE 12:30 to 3:30 PM	3 <u>Zoom Exercises</u> CRIBBAGE + SCRABBLE 12:30 to 3:30 PM	4 <u>Zoom Exercises</u> Witer’s Circle 1:30 to 3 PM VIVA CANASTA 12:30 to 3:30 PM	5	
		6	7 <u>Zoom Exercises</u> DROP IN 10 AM to 12 Noon KNITTING 1:30 PM to 4 PM	8 <u>Zoom Exercises</u> Men’sBreakfast 8:30 Broadways BRIDGE 12 to 3 PM	9Zoom Exercises Book Club 10 AM Library Ladies’ Luncheon 11:30 Broadways FUN EUCHRE 12:30 to 3:30 PM	10 <u>Zoom Exercises</u> CRIBBAGE + SCRABBLE 12:30 to 3:30 PM	11 <u>Zoom Exercises</u> CANASTA 12:30 to 3:30 PM	12
		13	1Zoom Exercises DROP IN 10 AM to 12 Noon KNITTING 1:30 PM to 4 PM	15 <u>Zoom Exercises</u> BRIDGE 12: to 3 PM	16 <u>Zoom Exercises</u> FUN EUCFRE 12:30 to 3:30 PM	1Zoom Exercises CRIBBAGE + SCRABBLE 12:30 to 3:30 PM	18 Good Friday - building closed	19
		20	21Easter Monday - building closed	22 <u>Zoom Exercises</u> BRIDGE 12: to 3 PM	23 <u>Zoom Exercises</u> FUN EUCHRE 12:30 to 3:30 PM	24 <u>Zoom Exercises</u> CRIBBAGE + SCRABBLE 12:30 to 3:30 PM	25 <u>Zoom Exercises</u> CANASTA 12:30 to 3:30 PM	26
		27	28 <u>Zoom Exercises</u> DROP IN 10 AM to 12 Noon KNITTING 1:30 PM to 4 PM	29 <u>Zoom Exercises</u> BRIDGE 12: to 3 PM	30 <u>Zoom Exercises</u> FUN EUCHRE 12:30 to 3:30 PM			