

Barrhaven Seniors Council

Unless otherwise indicated on the calendar, all programs are at the “Barrhaven Seniors’ Centre”

Updated: Feb. 15, 2019							February 2019	
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
<p>SNCHC = South Nepean Community Health Centre, 4100 Strandherd Drive, Suite 201</p>					<p>1 CANASTA 1 PM to 4 PM</p> <p>Chair Exercises 2:15 – 3:15 PM SNCHC</p>	<p>2</p>		
<p>3</p>	<p>4 Seniors’ Drop In 9:30 to 11:30 <u>Knitting 1:30 Library</u> <u>Mahjong: 1 to 4 PM</u> “Wild Orchids” 6 PM at Prince of Wales</p>	<p>5 BRIDGE 1 PM to 4 PM</p>	<p>6 EUCHRE 1 PM to 4 PM <u>Chair:2:15-3:15SNCHC</u> <u>Writers’ Circle Library</u> 6:45 PM to 8 :15 PM</p>	<p>7 CRIBBAGE 1 PM to 4 PM</p>	<p>8 CANASTA 1 PM to 4 PM</p> <p>Chair Exercises 2:15 – 3:15 PM SNCHC</p>	<p>9</p>		
<p>10</p>	<p>11 Seniors’ Drop In 9:30 to 11:30 <u>Knitting</u> <u>1:30 to 3 PM Library</u> Poetry & Play <u>Reading: 1 to 3 PM</u> 3 PM: Taiwan Presentation</p>	<p>12 <u>Men’s Breakfast</u> <u>Broadways 8:30</u></p> <p>BRIDGE 1 PM to 4 PM</p>	<p>13 <u>Book Club</u> <u>10 AM –Library</u> <u>Ladies Lunch</u> <u>Broadways 11:30</u> EUCHRE 1 PM to 4 PM <u>Chair:2:15-3:15SNCHC</u></p>	<p>14 CRIBBAGE 1 PM to 4 PM</p>	<p>15 CANASTA 1 PM to 4 PM</p> <p>Chair Exercises 2:15 – 3:15 PM SNCHC</p>	<p>16</p>		
<p>17</p>	<p>18 FAMILY DAY Mahjong 1 to 4 PM</p>	<p>19 BRIDGE 1 PM to 4 PM</p>	<p>20 EUCHRE 1 PM to 4 PM <u>Chair:2:15-3:15SNCHC</u> “Bee Keeping” 2 PM at Prince of Wales</p>	<p>21 10 AM Presentation “Healthy Heart” at VIVA CRIBBAGE 1 PM to 4 PM</p>	<p>22 CANASTA 1 PM to 4 PM</p> <p>Chair Exercises 2:15 – 3:15 PM SNCHC</p>	<p>23</p>		
<p>24</p>	<p>25 9:30 to 11:30 <u>Seniors’ Drop In</u> <u>Knitting 1:30 Library</u> <u>Current Affairs Group</u> 1 to 3 PM</p>	<p>26 11:30 Restaurant Outing TUTTI FRUTTI</p> <p>BRIDGE 1 PM to 4 PM</p>	<p>27 EUCHRE 1 PM to 4 PM <u>Chair:2:15-3:15SNCHC</u></p>	<p>28 CRIBBAGE 1 PM to 4 PM “Wine Tasting” 2 PM at Prince of Wales 2:30 PM “Beach Party” + Open House at VIVA</p>				

