

**BARRHAVEN SENIORS' COUNCIL**

**October 2022**

**Second Edition**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p><b>NOTE:</b> All activities take place at the Barrhaven Seniors' Center unless indicated</p>	<p><b>NOTE:</b> <b>New Times</b> For <b>Cribbage, Chair + Scrabble</b></p>		<p><b>**LEGION OPEN MIC MENU</b> Grilled cheese &amp; Tomato Soup \$5.00 Hot Dog \$3.00 Tea/Coffee \$1.00</p>			1	
<p><b>2 Legion Event High Tea**</b> from 2-4pm \$20.00 per pers Contact: Angel Guy 613-797-7029</p>	<p><b>3</b> <b>Knitting</b> <b>1:30 PM to 4 PM</b> <b>Library</b></p>	<p><b>4</b> <b>DROP IN 10 to Noon</b> <b>BRIDGE</b> <b>12:30 to 3:30 PM</b> Chair Exercise 2:20 PM by Zoom</p>	<p><b>5</b> <b>EUCHRE</b> <b>1 to 4 PM</b> <b>Writing Group</b> <b>6 PM by Zoom</b></p>	<p><b>6</b> <b>CRIBBAGE + SCRABBLE</b> <b>12:30 to 3:30 PM</b> Chair Exercise 2:20 PM by Zoom</p>	<p><b>7</b> <b>Advance Voting Day</b>  <b>CANASTA</b> <b>1 to 4 PM</b></p>	8	
<p><b>9</b> ** For The High Tea Event Above: wear your fascinators or hats</p>	<p><b>10</b>  <b>Thanksgiving</b></p>	<p><b>11</b> <b>Men's Breakfast 8:30 Broadways</b> <b>DROP IN 10 to Noon</b> <b>BRIDGE</b> <b>12:30 to 3:30 PM</b> ZoomChair2:20 PM</p>	<p><b>12</b> <b>Book Club 10 AM Library</b> <b>Ladies' Luncheon 11:30 Broadways</b> <b>Legion: Open Mic 12 to 3 PM</b> <b>w/lunch menu**</b> <b>EUCHRE 1 - 4 PM</b></p>	<p><b>13</b> <b>CRIBBAGE + SCRABBLE</b> <b>12:30 to 3:30 PM</b>  Chair Exercise 2:20 PM by Zoom</p>	<p><b>14</b> <b>Advance Voting Day</b>  <b>CANASTA</b> <b>1 to 4 PM</b></p>	15	
16	<p><b>17</b> <b>Knitting</b> <b>1:30 PM to 4 PM</b> <b>Library</b></p>	<p><b>18</b> <b>DROP IN 10 to Noon</b> <b>BRIDGE</b> <b>12:30 to 3:30 PM</b> Chair Exercise 2:20 PM by Zoom</p>	<p><b>19</b>  <b>EUCHRE</b> <b>1 to 4 PM</b></p>	<p><b>20</b> <b>CRIBBAGE + SCRABBLE</b> <b>12:30 to 3:30 PM</b> Chair Exercise 2:20 PM by Zoom</p>	<p><b>21</b>  <b>CANASTA</b> <b>1 to 4 PM</b></p>	22	
23	<p><b>24 MUNICIPAL ELECTION</b> <b>Knitting</b> <b>1:30 PM to 4 PM</b> <b>Library</b></p>	<p><b>25</b> <b>DROP IN 10 to Noon</b> <b>BRIDGE</b> <b>12:30 to 3:30 PM</b> Chair Exercise 2:20 PM by Zoom</p>	<p><b>26</b> <b>Legion: Open Mic 12 to 3 PM</b> <b>w/lunch menu**</b> <b>EUCHRE</b> <b>1 to 4 PM</b></p>	<p><b>27</b> <b>CRIBBAGE + SCRABBLE</b> <b>12:30 to 3:30 PM</b> Chair Exercise 2:20 PM by Zoom</p>	<p><b>28</b>  <b>CANASTA</b> <b>1 to 4 PM</b></p>	29	
30	<p><b>31</b> <b>Knitting</b> <b>1:30 PM to 4 PM</b> <b>Library</b> <b>Halloween</b></p>	<p align="center"><b>CHAIR EXERCISES BY ZOOM:</b> Please remember that every new participant should contact Grace at <a href="mailto:gkowalczyk@familyphysio.com">gkowalczyk@familyphysio.com</a> or call her at 6137964729 for proper registration &amp; times.</p>					

