

Barrhaven Seniors Council

Unless otherwise indicated on the calendar, all programs are at the “Barrhaven Seniors’ Centre”

July 30 th Edition							August 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat							
<p style="color: green; text-align: center;">BARRHAVEN SENIORS' CENTRE is located at: 700 Lonfields Drive</p>				<p>1 CRIBBAGE +/-or SCRABBLE +/-or MAHJONG 1 PM to 4 PM</p>	<p>2 CANASTA <u>1 PM to 4 PM</u> Chair Exercises 2:15 – 3:15 PM SNCHC</p>								
<p>4 SNCHC = South Nepean Community Health Centre, 4100 Strandherd Drive, Suite 201</p>	<p>5</p>	<p>6 BRIDGE 1 PM to 4 PM</p>	<p>7 TAKE A BREAK! “Senior Drop In” <u>9:30 to 11:30 AM</u> <u>EUCHRE: 1 to 4 PM</u> <u>Chair: 2:15-3:15 SNCHC</u> <u>Writers' Circle Library</u> 6:45 PM to 8 :15 PM</p>	<p>8 CRIBBAGE +/-or SCRABBLE +/-or MAHJONG 1 PM to 4 PM</p>	<p>9 CANASTA <u>1 PM to 4 PM</u> Chair Exercises 2:15 – 3:15 PM SNCHC</p>	<p>10</p>							
<p>11</p>	<p>12</p>	<p>13 <u>Men's Breakfast</u> <u>Broadways 8:30</u> BRIDGE 1 PM to 4 PM</p>	<p>14 TAKE A BREAK! “Senior Drop In” <u>9:30 to 11:30 AM</u> Ladies Lunch <u>Broadways 11:30</u> <u>EUCHRE: 1 to 4 PM</u> <u>Chair: 2:15-3:15 SNCHC</u></p>	<p>15 CRIBBAGE +/-or SCRABBLE +/-or MAHJONG 1 PM to 4 PM</p>	<p>16 CANASTA <u>1 PM to 4 PM</u> Chair Exercises 2:15 – 3:15 PM SNCHC</p>	<p>17</p>							
<p>18</p>	<p>19</p>	<p>20 BRIDGE 1 PM to 4 PM</p>	<p>21 TAKE A BREAK! “Senior Drop In” <u>9:30 to 11:30 AM</u> OUT & ABOUT <u>9:30 AM TO 3 PM</u> <u>EUCHRE: 1 to 4 PM</u> <u>Chair: 2:15-3:15 SNCHC</u></p>	<p>22 CRIBBAGE +/-or SCRABBLE +/-or MAHJONG 1 PM to 4 PM</p>	<p>23 CANASTA <u>1 PM to 4 PM</u> Chair Exercises 2:15 – 3:15 PM SNCHC</p>	<p>24</p>							
<p>25</p>	<p>26 11:30 AM Restaurant Outing Royal Oak</p>	<p>27 BRIDGE 1 PM to 4 PM</p>	<p>28 TAKE A BREAK! “Senior Drop In” <u>9:30 to 11:30 AM</u> <u>EUCHRE: 1 to 4 PM</u> <u>Chair: 2:15-3:15 SNCHC</u></p>	<p>29 <u>BUS TRIP</u> <u>Elvis – The Concert</u> CRIBBAGE +/-or SCRABBLE +/-or MAHJONG 1 PM to 4 PM</p>	<p>30 CANASTA <u>1 PM to 4 PM</u> Chair Exercises 2:15 – 3:15 PM SNCHC</p>	<p>31</p>							

