


**BARRHAVEN SENIORS' COUNCIL**

**Second Edition**

**Sept. 13, 2022**

**September 2022**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>NOTE:</b> All activities take place at the Barrhaven Seniors' Center unless indicated</p>	<p><b>**LEGION OPEN MIC MENU</b> Grilled cheese &amp; Tomato Soup \$5.00 + Hot Dog \$3.00 + Tea/Coffee \$1.00</p>			1	2	3
4	5	6	7	8	9	10
<p><b>No Chair Exercises this week only</b></p>	<p><b>Labour Day</b></p>	<p><b>BRIDGE</b> <u>12:30 to 3:30 PM</u>  No Chair Exercise this week only</p>	<p>Legion: Open Mic 12 to 3 PM with lunch menu** <b>EUCHRE</b> <u>1 to 1:30</u> <b>Writing Group</b> 6 PM by Zoom</p>	<p><b>CRIBBAGE</b> <u>1 to 3:30 PM</u>  <b>SCRABBLE</b> <u>1 to 3:30 PM</u>  No Chair Exercise This week only</p>	<p><b>CANASTA</b> <u>1 to 4 PM</u></p>	
11	12	13	14	15	16	17
<p>More frequent Chair Exercises resume this week as Elan returns from vacagtion. Watch for New days and times to be sent next week.</p>	<p><b>Knitting</b> 1:30 PM to 4 PM Library</p>	<p><b>Men's Breakfast</b> <u>8:30 Broadways</u> <b>DROP IN</b> <u>10 to Noon</u> <b>BRIDGE</b> <u>12:30 to 3:30 PM</u> Chair Exercise 2:20 PM by Zoom</p>	<p><b>Book Club</b> <u>10 AM Library</u> <b>Ladies' Luncheon</b> <u>11:30 Broadways</u> <b>EUCHRE</b> 1 to 3:30 PM</p>	<p><b>CRIBBAGE</b> <u>1 to 3:30 PM</u>  <b>SCRABBLE</b> <u>1 to 3:30 PM</u>  Chair Exercise 2:20 PM by Zoom</p>	<p><b>CANASTA</b> <u>1 to 4 PM</u></p>	
18	19	20	21	22	23	24
	<p><b>Knitting</b> 1:30 PM to 4 PM Library</p>	<p><b>DROP IN</b> <u>10 to Noon</u> <b>BRIDGE</b> <u>12:30 to 3:30 PM</u> Chair Exercise 2:20 PM by Zoom</p>	<p>Legion: Open Mic 12 to 3 PM with lunch menu**  <b>EUCHRE</b> 1 to 3:30 PM</p>	<p><b>CRIBBAGE</b> <u>1 to 3:30 PM</u>  <b>SCRABBLE</b> <u>1 to 3:30 PM</u>  Chair Exercise 2:20 PM by Zoom</p>	<p><b>CANASTA</b> <u>1 to 4 PM</u></p>	<p><b>Fall Plant Swap</b> Library 1-4:30 PM</p>
25	26	27	28	29	30	
<p>Fall Rhapsody </p>	<p><b>Knitting</b> 1:30 PM to 4 PM Library</p>	<p><b>DROP IN</b> <u>10 to Noon</u> <b>BRIDGE</b> <u>12:30 to 3:30 PM</u> Chair Exercise 2:20 PM by Zoom</p>	<p><b>EUCHRE</b> 1 to 3:30 PM</p>	<p><b>CRIBBAGE</b> <u>1 to 3:30 PM</u>  <b>SCRABBLE</b> <u>1 to 3:30 PM</u>  Chair Exercise 2:20 PM by Zoom</p>	<p><b>CANASTA</b> <u>1 to 4 PM</u></p>	<p><b>CHAIR TIMES</b> please contact Grace at 6137964729 if you have question or suggestions for Chair Exercises</p>