

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Z / E FUN EUCHRE 12:30-3:30	2 Z / E Walking Minto Rec.Center 10:30-11:30 CRIBBAGE & SCRABBLE 12:30-3:30	3 Z / E WRITER'S CIRCLE AT V!VA 1:30-3:00 KEN ROSS BUILDING IS CLOSED	4
5	6 Z / E KEN ROSS BUILDING IS CLOSED HAPPY EASTER!!	7 Z / E Walking Minto Rec.Center 10:00-11:00 BRIDGE 12:00-3:00	8 Z / E Ladies Lunch 11:30 Broadway FUN EUCHRE 12:30-3:30	9 Z / E Walking Minto Rec.Center 10:30-11:30 CRIBBAGE & SCRABBLE 12:30-3:30	10 Z / E CANASTA 12:30-3:30	11
12	13 Z / E DROP-IN 10:00-12:00 KNITTING 1:30-4:00	14 Z / E Men's Breakfast 8:30 Broadway Walking Minto Rec.Center 10:00-11:00 BRIDGE 12:00-3:00	15 Z / E FUN EUCHRE 12:30-3:30	16 Z / E Walking Minto Rec.Center 10:00-11:00 CRIBBAGE & SCRABBLE 12:30-3:30	17 Z / E CANASTA 12:30-3:30	18
19	20 Z / E DROP-IN 10:00-12:00 KNITTING 1:30-4:00	21 Z / E Walking Minto Rec.Center 10:00-11:00 BRIDGE 12:00-3:00	22 Z / E Workshop: FALL PREVENTION 10:00AM-12:00PM FUN EUCHRE 12:30-3:30	23 Z / E Walking Minto Rec.Center 10:00-11:00 CRIBBAGE & SCRABBLE 12:30-3:30	24 Z / E CANASTA 12:30-3:30	25
26	27 Z / E DROP-IN 10:00-12:00 KNITTING 1:30-4:00 5 PIN BOWLING 1:00-3:00 Merivale Bowling Lane	28 Z / E Walking Minto Rec.Center 10:00-11:00 BRIDGE 12:00-3:00	29 Z / E FUN EUCHRE 12:30-3:30	30 Z / E Walking Minto Rec.Center 10:00-11:00 CRIBBAGE & SCRABBLE 12:30-3:30		

NOTES:

Z / E refers to Exercise classes by "ZOOM". It includes : Stroke Recovery, Chair Parkinson's, Diabetes & COPD For more details about the Zoom classes, please contact Grace at (613) 796-4729

FALL PREVENTION WORKS Please refer to our March/April newsletter on our website for more details - NOTE: There is limited space available and those who have registered will have priority

5 PIN BOWLING Merivale Bowling Lanes Please refer to our March/April newsletter on our website for more details