## "Since 2014" - BARRHAVEN SENIORS' COUNCIL - "Since 2014"

Barrhaven Seniors Council June 2025 Calendar of events							
Sun		Mon	Tue	Wed	Thu	Fri	Sat
Exercise classes by "Zoom" have expanded to	include Stroke Recovery; Chair Parkinson's; Diabetes; C.O.P.D.	Ken Ross Bldg Closed	Z/E  BRIDGE 12 to 3 PM	4 <u>Z/E</u> FUN EUCHRE 12:30 to 3:30 PM	5 Z/E 	6	7
For more details about the Zoom Exercise ( <b>Z/E</b> ) classes call Grace at 613-796-4729		BSC BBQ All seatings are full	Men'sBreakfast 8:30 Broadways  BRIDGE 12 to 3 PM	Book Club 10 AM Library  Ladies' Luncheon 11:30 Broadways  FUN EUCHRE 12:30 to 3:30 PM	CRIBBAGE + SCRABBLE 12:30 to 3:30 PM	13 Z/E  CANASTA  12:30 to 3:30 PM	14
15		No drop in  KNITTING  1:30 PM to 4 PM	17 Z/E BRIDGE 12 to 3 PM	18 Z/E FUN EUCFRE 12:30 to 3:30 PM	CRIBBAGE + SCRABBLE 12:30 to 3:30 PM	Z/E  CANASTA 12:30 to 3:30PM	21
22		Z/E No drop in KNITTING 1:30 PM to 4 PM	Z/E BRIDGE 12 to 3 PM	25 Z/E FUN EUCHRE 12:30 to 3:30 PM	CRIBBAGE + SCRABBLE 12:30 to 3:30 PM	27 Z/E  CANASTA 12:30 to 3:30 PM	28
29		Z/E  No drop in  KNITTING 1:30 PM to 4 PM			Should you have any questions, please contact Louise Chenier-Dalonzo, Interim President at 613-720-7398 or barrhavenseniors@gmail.com Please visit our website at:  www.barrhavenseniors.com		