

**“Since 2014” - BARRHAVEN SENIORS’ COUNCIL - “Since 2014”**

June 2025						
◀ May 2025						Jul 2025 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> Exercise classes by “Zoom” have expanded to include Stroke Recovery; Chair;	<b>2</b> <a href="#">Zoom Exercises</a> DROP IN 10 AM to 12 Noon <a href="#">KNITTING</a> 1:30 PM to 4 PM	<b>3</b> <a href="#">Zoom Exercises</a> BRIDGE 12: to 3 PM	<b>4</b> <a href="#">Zoom Exercises</a> FUN EUCHRE 12:30 to 3:30 PM	<b>5</b> <a href="#">Zoom Exercises</a> CRIBBAGE + SCRABBLE 12:30 to 3:30 PM	<b>6</b> <a href="#">Zoom Exercises</a> Witer’s Circle 1:30 to 3 PM VIVA CANASTA 12:30 to 3:30 PM	<b>7</b>
<b>8</b> Parkinson’s; Diabetes; C.O.P.D Call Grace for all the details: 613-796-4729	<b>9</b> <a href="#">Zoom Exercises</a> DROP IN 10 AM to 12 Noon <a href="#">KNITTING</a> 1:30 PM to 4 PM	<b>10</b> <a href="#">Zoom Exercises</a> Men’s Breakfast 8:30 Broadways BRIDGE 12 to 3 PM	<b>11</b> <a href="#">Zoom Exercises</a> Book Club 10 AM Library Ladies’ Luncheon 11:30 Broadways FUN EUCHRE 12:30 to 3:30 PM	<b>12</b> <a href="#">Zoom Exercises</a> CRIBBAGE + SCRABBLE 12:30 to 3:30 PM	<b>13</b> <a href="#">Zoom Exercises</a> CANASTA 12:30 to 3:30 PM	<b>14</b>
<b>15</b>	<b>16</b> <a href="#">Zoom Exercises</a> DROP IN 10 AM to 12 Noon <a href="#">KNITTING</a> 1:30 PM to 4 PM	<b>17</b> <a href="#">Zoom Exercises</a> BRIDGE 12: to 3 PM	<b>18</b> <a href="#">Zoom Exercises</a> FUN EUCHRE 12:30 to 3:30 PM	<b>19</b> <a href="#">Zoom Exercises</a> CRIBBAGE + SCRABBLE 12:30 to 3:30 PM	<b>20</b> <a href="#">Zoom Exercises</a> CANASTA 12:30 to 3:30 PM	<b>21</b>
<b>22</b>	<b>23</b> <a href="#">Zoom Exercises</a> DROP IN 10 AM to 12 Noon <a href="#">KNITTING</a> 1:30 PM to 4 PM	<b>24</b> <a href="#">Zoom Exercises</a> BRIDGE 12: to 3 PM	<b>25</b> <a href="#">Zoom Exercises</a> FUN EUCHRE 12:30 to 3:30 PM	<b>26</b> <a href="#">Zoom Exercises</a> CRIBBAGE + SCRABBLE 12:30 to 3:30 PM	<b>27</b> <a href="#">Zoom Exercises</a> CANASTA 12:30 to 3:30 PM	<b>28</b>
<b>29</b>	<b>30</b> <a href="#">Zoom Exercises</a> DROP IN 10 AM to 12 Noon <a href="#">KNITTING</a> 1:30 PM to 4 PM					