

BARRHAVEN SENIORS' COUNCIL
February/March 2026 Newsletter

Hello everyone,

The signs of spring are abounding: longer days, people wearing shorts today, the clocks springing forward tonight, snow ever so slowly melting and, in some spots, grass peeking through! We are getting there!

I would like to recognize our volunteers who, despite the snow and extreme cold, have left their warm homes to host all our activities at the Ken Ross building and other venues.

FROM ALL OF US A GREAT BIG THANK YOU!

OUTSIDE KEN ROSS: HAPPENINGS IN FEBRUARY

All our thanks to the **Waterford Grand** for hosting a wonderful event on February 18th.

Many of our members attended a Fun Euchre afternoon ending with lunch (oh! That cheesecake!). All those who stayed a little longer were also able to see and ride (well! Ok! Sit) in the Jamaican bobsled to the sounds of Jamaican musica and taste some delicious Jamaican taste treats!

On February 20th, many of us enjoyed the **Seniors' Tea Party** hosted by Councillor David Hill where he and his staff served tea, coffee and tea sandwiches. The event was well attended by over 120 seniors. Members of the South District Community Policing Team provided advice on identifying scammers who target seniors, how to protect ourselves from them and what to do if we did encounter similar situations. The event closed on a more relaxed note with Josh Dubovie's wonderful singing.

Thank you to our friends and partners in our community

A great big Thank You to:

- VIVA for inviting our members to join some of their on-site activities
- Prince of Wales Manor & Barrhaven Manor for providing goodies and a fun Name that Tune event for our Monday morning Drop-in.

COMING UP IN MARCH

City News:

Changes on garbage collection transition to new services in Barrhaven.

- View your waste collection calendar online at ottawa.ca/CollectionCalendar or in the Ottawa Collection Calendar app.
- You can sign up for reminders by email, text or phone call at ottawa.ca/CollectionCalendar.

- All curbside residents will receive a paper waste collection calendar between February 17 and March 1.
- Mailed collection calendars are being discontinued in 2027 to reduce waste.

FYI: I loaded the “Ottawa Collection Calendar” App. It notifies me on the day garbage will be collected at my address and what will be collected!! No more searching on the internet!!!

BARRHAVEN SENIORS’ COUNCIL ACTIVITIES

St.Patrick’s Eve lunch

When: **Monday March 16, 2026, at 11:30am**

Where: **The Heart and Crown** 3161 Strandherd Drive, Barrhaven

First 30 people to respond will be seated. Please reserve your spot(s) by **March 12th**. **Send an email to Louise:** VP2025BarrhavenSeniors@gmail.com and kindly provide your name, names of the people joining you, a contact phone number. We will have a waiting list!

The Heart and Crown prepared the celebratory menu below. Please note this event is **NOT** subsidized by the Barrhaven Seniors’ Council.



The barrhaven Seniors' Council will be hosting a workshop from the Council on Aging of Ottawa: Aging in Place with Services and Supports

When: **March 25th, 2026 10:00am-12:00pm**

please arrive 15minutes early to ensure we start at 10:00am promptly

Ken Ross Building 700 Longfields

Fee: \$10.00 each participant will receive a workbook

TO REGISTER CONTACT: barrhavenseniors@gmail.com

DETAILS ON THE WORKSHOP CONTENT

Aging in place can means....

- aging in the house that you have always been in
- aging in the community that you have always been in
- aging independently in any home or community anywhere

The objectives of this session:

- **Explore** what's involved (practically, emotionally, and financially) in continuing to live independently
- **Understand** what supports and services might be needed to ease your life now and in future
- **become familiar** with the most common services and supports that can enable you to age in place successfully
- **discover** existing programs that can help make independent living affordable
- **commit** to taking action on issues needing your attention now

ACTIVITIES SPONSORED BY FRIENDS AND PARTNERS

The Haven Senior Dance

The Multifaith Housing Initiative has invited us to join them in a seniors' dance gathering on **March 25th at 5:30pm**

at 435 Via Verona Avenue.

We'll have a live band and would love to invite seniors in the community to join us, connect with one another, and enjoy a wonderful time together.

Please contact barrhavenseniors@gmail.com to register – space is limited.

V!VA IS HOSTING:IRISH AFTERNOON OF CHEER!

Tuesday March 17th 2:00-3:00pm 275 Tartan Drive, Nepean | vivabarrhaven.ca

Sham-rock the afternoon away at our St. Patrick's Day

Celebration! Join us for a wee bit of mischief, plenty of cheer, and toe-tapping tunes from the talented Kemptville Men's Choir. Expect lively songs and just enough Irish spirit to have you smiling from ear to ear. Wear your green, bring your lucky charm, and let's make it a celebration worth bragging about!

RSVP Natasha and secure your spot today!

(61 3) 823-0220 | email: barrhaven@vivalife.ca.

Update on the New Barrhaven City Center

- In July 2025, Councillor Hill advised us that the City of Ottawa approved the purchase of “1.7-hectare parcel of vacant land located northwest of the future Chapman Mills Drive and Riocan Avenue” for the New Barrhaven City Center a project “that will include a 15,000 sq. ft. cultural centre with performance and event space, **a 3,000 sq. ft. seniors’ space**, a library branch, a councillor ward office and an urban plaza with a possible water and ice feature.”
- Budget: \$54million
- Building must be complete by Spring 2030 to secure the funds of the grant from the Investing in Canada Infrastructure Program (ICIP) Community, Culture and Recreation Stream.
- Geotechnical study is completed. Feasibility study is underway to assess what can be built on the site within budget restrictions Under discussion: Number of floors; parking; future users’ needs.
- Five architectural firms have made the shortlist.
- City consultation meeting with the community should be held within the next 2 months.

DON'T FORGET YOUR CLOCKS TONIGHT!!!

**The Board
Barrhaven Seniors' Council**

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<https://barrhavenseniors.com>

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