

Mama Jengi's Creative Catering

Menu Suggestions

Mama Jengi's Creative Catering

is a fresh fusion of classic American comfort food and snacks with world flavors.

Dishes are crafted with a Mama's love using local ingredients and diverse cooking methods to create a unique dining experience for every occasion.

Mama Jengi can create a menu for you that supports any needed dietary requirements and accommodations. Jengi has experience with a large number of vegetarian, vegan, raw, gluten, dairy or egg free and low glycemic recipes and substitutions. All the menus can be altered to fit your needs. For example, try the Vegan Sloppy Joes or Dairy Free Creamy Dips.

Jengi's flavors pay homage to World Culinary Styles and her traditional New England Cooking roots. She comes from a long line of strong, home-cooking women, feeding large families and church suppers. That experience and generational knowledge combined with a love of world culinary taste adventures meet to create an unforgettable experience.

Let's take some time to talk

About your next event or meal. Drop a line, and we can plan an event menu special for you! What follows is a list of my favorites and specialties. Let's work together to find what will make your event special. Almost everything can be altered to fit your tastes and dietary requirements.

Small Dinners

Luncheons

Brunches

Party Trays, Platters & Boards

Desserts

Private Dinners & Meal Prep

Personal Chef

Vacation Home Meal &

Snack Packages

Favorite World Cuisines

Middle Eastern

Indian/Nepali

Mexican

South and Central America

All Asian Styles

Mediterranean

Mama Jengi's Creative Catering

Menu Suggestions

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Menu Suggestions

BAKED GOODS

Ask about available Dietary Alterations

BREAD AND ROLLS

Focaccia

Baguettes

Rustic Loaves

Specialty Yeast Breads

NYC Street Style Egg Sammy Rolls

Amish Milk Rolls

Pretzels

English Muffins

Bagels

Biscuits

Cornbread

Naan

Pita

Scallion Pancake

Bao

BREAKFASTS

SCONES

Plain

Chocolate Chip

Herb and Cheese

Cinnamon Apple

Berry

Sausage or Bacon and Cheese

MUFFINS

Cinnamon Swirl

Blueberry/Mixed Berry

Bakery Style Corn

Pumpkin Cheesecake

Banana

Lemon Poppy Seed

French Donut

DONUTS

Cider, Raised Potato

Gramma Gilson's Old Fashioned

Vegan Chocolate Cake

Apple Fritter (other fruits?)

OTHER

Cinnamon Rolls

Danish (Cheese or fruit)

Bread Puddings

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Menu Suggestions

DESSERTS

Ask about available Dietary Alterations

SPECIALTIES

Whole Cake or Individual Serving Size

Flour-less Chocolate Love Bomb

Peanut Butter Chocolate Chip Cookie Pie

Maple Baklava

Egg Nog Pound Cake

TIRAMISU

Traditional - Lady fingers soaked in espresso and coffee liquor, layered with a vanilla whipped cheesecake mousse

Lemon - Lady fingers soaked in limoncello, layered with a lemon cheesecake mousse and lemon curd

Pumpkin - pumpkin spice cake, layered with espresso cheesecake mousse

Carrot Cake- carrot spice cake, layered with chai cheesecake mousse

CHEESECAKES

slice, bar or bite

NY Style - plain or topped

Decadent Marbled Chocolate

Lemon with shortbread crust

Pumpkin with ginger cookie crust

CAKES

Layer, Sheet, Cupcakes, Bundt, Custom Flavors

Chocolate Pumpkin

Vanilla Banana

Lemon Applesauce

Carrot Gingerbread

Pound Cake Red Velvet

Frostings

Buttercream, Cream Cheese, Chocolate, Whipped Cream, Whipped Cheesecake Mousse

PIES AND TARTS

Traditional, Tart or Slab

Crusts

Flaky, Graham Cracker, Cookie, Shortbread,

Toasted Nut (Hazelnut, Almond, Pecan)

1, 2 crust or crumb topping

Fillings

Apple

Pumpkin

Pecan(var.- chocolate, maple)

Key Lime

Lemon Merengue

Lattice Topped Fruit Pies

Mousse (Chocolate, berry, espresso)

Turtle (Caramel, Toasted pecans, ganache)

Peanut Butter Cup Pie

Chocolate Ganache (Dark, White, flavored)

Lemon Curd

Mama Jengi's Creative Catering

Menu Suggestions

COOKIES

Chocolate Chip
Oatmeal
Molasses Ginger
Snickerdoodle
Lemon Crinkles
Peanut Butter (M&M)
Peanut Butter Cup Chocolate Chip
Trash Cookie
Sugar Cookies (shapes)
Biscotti
Brownie (cream cheese swirl)
Almond Thumbprints
Pizzelle
Cookie taco, Cookie Bowl, Sandwich
Shortbread
Fruit Topped Bars
Chocolate Pecan Pie Bars
Holiday Cookies
Pecan Snowballs
Gingerbread Shapes
Sugar Cookie Shapes
Double Chocolate Crinkles
Ginger Crinkles
Coconut Macaroons
Peanut Blossoms
Chocolate Peppermint Snaps
Cherry Hazelnut Pinwheels

ICE CREAM SANDWICHES

Choice of Cookie, Brownie, Cake or Pizzelle

CHOCOLATES & CANDY

Ghiradelli Chocolate : Dark, Milk, White
Chocolate Fruit and Nut Clusters
Chocolate Barks
Caramels
Turtles
Peanut Butter / Nut Butter Cups/Balls
Truffles
Chocolate Nut (almond, pistachio, hazelnut)
Chocolate Black Raspberry
Chocolate Candy Cane

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Menu Suggestions

LUNCHEONS

Ask about available Dietary Alterations
Can be made as full sandos, wraps, sliders,
kaiser roll or "subway" style

SPECIALTY SANDOS

Korean Beef Bulgogi
Thai Tempeh Bahn Mi
Chopped Italian Antipasto
Red lentil Falafel and Vegetables
Cubano
"The Cali" Prosciutto, Pesto, Burrata
Meatloaf Cupcakes

COLD PLATTER SANDOS

Turkey, Bacon & Pickles with Aioli
Ham, Havarti & Maple Dijon
Roast Beef with Horseradish Crema
Shawarma or Dill Chickpea Salad
Egg Salad
Chicken Salad (Dill & Apple, Curried Mango)
Elote Corn and Pulled Pork

HOT PLATTER SANDOS

Sloppy Joe (Traditional, Korean Bbq)
Pulled Pork (Traditional, Korean Bbq)
Corned Beef / Tempeh Reuben (Sauerkraut Or
Kim Chi)
Miso Honey Glaze Tofu
Grilled Cheese (Ask About Special Blends)
Meatloaf with Ketchup Glaze
Pickle Brined Fried Chicken

SALADS

Dressed Greens

Greens, Cucumbers, Shredded Carrots,
Tomatoes and choice of Dressing

Potato

Traditional, Shawarma, Korean or German,
Elote Corn

Pasta

Lemon Garlic, Pesto, Peanut, Gingered Soy

Tabouleh

Bulgher, Quinoa, Farro

DRESSINGS, SAUCES & TOPPINGS

Lemon Tahini Dressing
Garlic Maple Balsamic
Creamy Dill Ranch
Apple Cider Vinaigrette
Tzaziki
Peanut Curry Sauce
Maple Mustard Fry Sauce
Pickled Onions Or Other Veg
Caramelized Onions
Jengi's Kim Chi
Spicy Green Sh#T
Mango Chutney
Bourbon Bacon Jam
Caramelized Onions
Indian Apple Chutney
Corn Relish
Cranberry Orange Sauce

Mama Jengi's Creative Catering

Menu Suggestions

DIPS, DIPPERS AND TOPPERS

BASES AND DIPPERS

Toasts & Breads

Breads	Focaccia
Bagels	Biscuits
Rolls	Pretzels
Naan	Pita

Arepas

Chips

Potato	Sweet Potato
Corn	Pita

Crackers

Almond Flour

Twice baked Fruit, Nut and Seed

Cheese Penny

COLD DIPS

Bases

Greek yogurt, sour cream & mayo, vegan cream

Flavors

Caramelized Onion

Ranch

Garlic and green herb

WHIPPED FETA & GOAT CHEESE

Large or individual balls rolled in nuts or seeds
or ready to serve in a dish or container

Fig & Honey	Garlic and Fresh Herbs
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Roasted Red Pepper	Pesto
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Lemon, Garlic, Zattar	Fruit & Heat
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(Raspberry, mango, plum jam)

TOPPERS

Can Be Skewers

Capprese

Chopped Antipasto Salad

Chopped Cubano Salad

Middle Eastern Salad

Mozzarella, Melon and Prosciutto

Tops or Spreads

Fresh Salsas

Bruschetta

Chickpea Salad

Egg Salad

Olive Tapenade

Elote

BAKED CHEESE DIPS

Beer Cheese (guinness or lager)

Queso

Korean Cheesy Corn

Crab Rangoon

Spinach & Artichoke

French Onion Soup Dip

Baked Brie

Pear And Nutella

Indian Apple Chutney And Pistachios

Cherries And Candied Bourbon Pecans

Apple Pie Filling And Brown Sugar Crumble

Maple Bourbon Bacon Jam

Fig and Pistachio

Mama Jengi's Creative Catering

Menu Suggestions

SMALL BITES

WRAPPED BITES

Puff Pastry, Flaky Crust Or Filo

Twists or Hand pies

Spinach, Pesto & Shaved Parmesan
Roasted Red Pepper Spread And Spinach
Mozzarella, Pepperoni And Red Sauce
Prosciutto, Jam And Blue Brie
Swiss, Roasted Jammy Leek And Rosemary
Spanikopita
Curry Spiced Potato and Pea
Shepherds Pie Filling

Pigs in Blanket (all can be vegetarian)

Sausage or Hot Dogs

Everything Bagel Sprinkle
Sauerkraut

Chili Cheese Dip

Grilled Onion And Peppers
Kimchi & Sweet Chili Sauce

Corn Dogs

Korean Corn Dogs

Pancake Dipped Sausage

Steamed Bao Buns

Cabbage (Eggroll Filling)

Spinach (Japanese Dressing)

Char Sui Or Korean Bbq Style- Pork, Tofu Or
Mushroom

FRIED BITES

Patties and Fritters

Crab Cakes

Clam Cakes (RI Style)

Salmon Patties

Falafel (Chickpea or Red Lentil & Vegetable)

Korean Kimchi Pancake

Pakora

Crispy Fried Vegetables

Vegetables

Cauliflower, Broccoli, Sweet Potato, Scallion,
Mushroom, Brussel Sprouts, Beans,
Peppers, Pickles

Flavors

Plain, Buffalo, Korean BBQ, Thai Sweet Chili,
General Tsao, Orange Sesame, South Indian 65

Mashed Potato Bites

Rosemary, Blue Cheese (Bacon)

Cheddar and Chive (Ham)

Mozzarella and Spinach (Sausage)

Cheddar and Jalapeno

Indian Spice Peas & Onions

Sausage and Cheese

Rice Bite

Arborio Risotto Rolled In Seasoned Panko

Blue Cheese (Bacon) Hot Honey Drizzle

Gruyere and Ham Maple Dijon Drizzle

Mozzarella and Spinach w/Sunday Sauce

Meatball Wrapped Mozzarella w/Sunday Sauce

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Menu Suggestions

Onigiri Triangles

*Sticky Rice, Cooked And Seasoned,
Filled And Rolled In Furikake, Sesame Seeds or
Everything Bagel Seasoning*

Fillings

*Cabbage (Eggroll Filling)
Spinach (Japanese Dressing)
Pork/Chorizzo
Spicy Tuna or Salmon
Vegan Chickpea "Tuna"
Char Sui Or Korean Bbq Style-
Pork, Tofu Or Mushroom*

Crispy Fried Rice Squares

*Red Curry Lime
Seasoned Sushi Rice
Soy, Chili Crisp
Miso Honey Butter Glaze*

SNACKS ON STICKS

*Satay Style (Chicken, Tofu, Mushroom, Beef)
Kofta (Indian, Middle Eastern or
Mediterranean Spiced Ground Meat)
Corn Dogs (Traditional or Korean)
Grilled Vegetables*

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Menu Suggestions

TRAYS

Comfort Foods

Pulled Pork (Traditional, Korean Bbq)
Corned Beef with boiled veg
Meatloaf with Ketchup Glaze
Meatballs- Italian, Swedish, Greek
Herb and Garlic Roast Chicken
Pickle Brined Fried Chicken
Chicken Pot Pie
Miso Honey Glaze Tofu or Salmon
Lasagna- Meat, Veg or Pesto/White Sauce
Mac n Cheese
Rice, Vegetable and Cheese Bake
Roasted Potatoes

World Foods

Thai Red Curry with Peanut (Veg or Meat)
Indian Butter Chicken (Paneer)
Saag (Paneer or Chicken)
Chana Masala
Malai Kofta
Biryani
Kung Pao
Sesame Chicken
Peanut Noodles
Spanikopita
Red Beans and Cilantro Lime Rice
Enchiladas
Tamales

SOUPS

Creamy White Bean, Garlic & Rosemary
French Onion
Cream Of Choose Your Own Vegetable
Chicken & Rice
Poblano & Potato Corn Chowder
Black Bean Soup
Chili - Meat or Vegetable
Cheddar Ale
Miso Potato Leek
Curry Noodle (Khao Soi)
Ramen
Curry Lentil Squash
Dal
Miso Matzo
Roasted Garlic, Cauliflower & Chickpea
Sausage and Kale with White Beans

"Build Your Own"

Ramen
Pasta
Grain Bowls
Tacos
Nachos

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Menu Suggestions

BRUNCHES

Fruits

Strawberries Stuffed With Honeyed Goat

Cheese Pistachios- Balsamic Drizzle

Melon & Prosciutto Peppered Honey Basil

Dressing

Cinnamon Apples

Grilled Fruits (Pineapple, Peach)

Bite Sized Brunch Items

Quiche/ Egg Bites

Stuffed Pancakes (Cinnamon Apple, Sausage,

Bacon, Banana, Berry)

Cinnamon Rolls (Traditional, Chocolate,

Pecan/Sticky, Bacon)

Apple Fritters

Donuts

Tots- Potato, Sweet Potato, Cauliflower,

Broccoli

Deviled Egg Cupcake

Egg Sammy Sliders

Benedicts

Traditional

Lobster On Cheddar Old Bay Biscuit With

Beurre Blanc

Herbed Dutch Baby With Sautéed Greens And

Hollandaise

Irish Soda Bread, Corn Beef, And Guinness Beer

Cheese Sauce

Latke Base With Smoked Salmon, Pickled Red

Onions And Caper Hollandaise

Hot And Sweet Breakfasts

Pancakes

French Toast Sticks (Traditional Or Vegan

Banana)

Cider Donut Bread Pudding

Croissant French Toast Casserole

Dutch Baby

Crepes

Egg Dishes

Veggie Scramble

Trucker Breakfast Strata

Huevos Ranchero

Indian Saag Shaksuka

Egg Sammys

Filo Crinkle Pie

Quiches

Ham and Cheese

Onion, Pepper and Sausage

Spinach and Onion

French Onion Soup

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Menu Suggestions

FINGER FOODS

Wings

bone-in or boneless chicken tenders

Vegan- cauliflower, mushroom or tofu

Sauces/Flavors

Mango Habanero BBQ

Maple BBQ

Gochujang

Garlic Ginger Honey Teriyaki

General Tao's

Fries

Potato

Sweet potato

Avocado

Felafel

Tempeh

Tofu

Snacking By the Scoop

Nuts

Candied

Sweet & Spicy

Garlic & Herb

Roasted Beans

Olive Oil, (Garlic, Rosemary, Parmesan),
(Shawarma) or (Zatar, Garlic, Balsamic)

Chickpeas

Cannellini Beans

Edamame

Popcorn

Candied

Sweet & Spicy

Garlic & Herb

Snack Mixes

Chex Style

Trail Mix